

IHM Gymnasium Schedule

Monday (Building Hours: 9 a.m. – 10 p.m.)

10 a.m. – 12:15 N – Closed for IHM use if inclement weather
12:15 p.m. – 1:30 p.m. – Noon Basketball Association
3:30 p.m. – 4:30 p.m. – Karate Class
4:45 p.m. – 5:45 p.m. – Aerobics Class
5:45 p.m. – 9:00 p.m. – Closed for IHM class

Tuesday (Building Hours: 9 a.m. – 10 p.m.)

10:00 a.m. – 11:00 a.m. – Closed for IHM use
12:15 p.m. – 1 p.m. – Close for IHM Use
1 p.m. – 2:30 p.m. – Yoga Class
4:30 p.m. – 5:30 p.m. – Pilates Class
5:30 p.m. – 7:30 p.m. – Men's and Women's Basketball Practice
7:30 p.m. – 8:45 p.m. – Women's Ultimate Frisbee Club
8:45 p.m. – 10 p.m. – Club Volleyball

Wednesday (Building Hours: 9 a.m. – 10 p.m.)

10 a.m. – 12:15 N – Closed for IHM use if inclement weather
12:15 p.m. – 1:30 p.m. – Noon Basketball Association
3:30 p.m. – 4:30 p.m. – Karate Class
4:45 p.m. – 5:45 p.m. – Aerobics Class
5:45 p.m. – 9:00 p.m. – Closed for IHM class
9 p.m. – 10 p.m. – Lacrosse Club

Thursday (Building Hours: 9 a.m. – 10 p.m.)

10:00 a.m. – 11:00 a.m. – Closed for IHM use
12:15 p.m. – 1 p.m. – Close for IHM Use
1 p.m. – 2:30 p.m. – Yoga Class
4:30 p.m. – 5:30 p.m. – Pilates Class
5:30 p.m. – 7:30 p.m. – Men's Soccer
7:30 p.m. – 8:45 p.m. – Women's Ultimate Frisbee
8:45 p.m. – 10 p.m. – Club Volleyball

Friday (Building Hours: 9 a.m. – 7 p.m.)

4:45 p.m. – 5:45 p.m. – Aerobics Class
5:45 p.m. – 7 p.m. – Track practice

Saturday (Building Hours: 12 N – 7 p.m.)

12 N – 2 p.m. – Men's Soccer
2 p.m. – 4 p.m. – Club Volleyball
4 p.m. – 5:30 p.m. – Lacrosse Club practice
5:30 p.m. – 7 p.m. – Men's Ultimate Club

Sunday (Building Hours: 1 p.m. – 10 p.m.)

1 p.m. – 10 p.m. - Intramurals

Time may be reserved by filling out a Facility Request Form to Ron Osterman and is only available upon approval of the request and is subject to change. Scheduling time for outside building hours must be done through Ron Osterman for arrangement of facility supervisor.