Field Gear Checklist

Clothing

√	Shirt (work long)
	Shirt (work short)
√	Shirt (t-shirt)
√	Shirt (dress short)
√	Pants (dress long)
√	Pants (dress short)
√	Pants (Work short)
√	Dress/Skirt
√	Underpants
√	Bras/sports bras
√	Socks (Cotton)
	Belt
	Handkerchief
√	Windbreaker/Shell
√	Sweatshirt/pullover
√	Sneakers
√	Tevas/Sandals
√	Rain pants/coat
√	Umbrella
√	Hat (sun & cold weather)
√	Swim suit
√	Watch

Documents/Money

√	Wallet
√	Passport
√	Cash
√	Credit/ATM cards
√	Money belt/fanny pack
	Passport Photos (extra)
√	Photocopies of Passport
√	Insurance Info

Camp Gear

√	Sheet
√	Pad (ThermaRest)

Photography

√	Camera (35mm SLR)
√	Film
√	Lenses (telephoto/wide angle)
	Batteries (spare)
√	Camera bag/film shield
√	Digital Camera
√	Batteries/Charger
√	Memory Cards
√	Cables
	One-time-use underwater camera

Field Gear

√	Daypack/Hip pack
√	Pocket knife/leatherman
√	Handlens
√	Pencils (mechanical & color)
√	Pens
√	Small Calculator
	Binoculars

Computer Equipment

	Laptop Computer
	Power Cords/Batteries/Chargers
	Drives/Disks
	Cables (GPS/Ethernet/Modem)
	Printer/cartridges/batteries/cables
	Surge protector/auto adapters

Personal/First-Aid

√	Toothbrush/paste/floss
√	Razor
√	Hair brush/comb
	Hair control devices
√	Towel (small)
	Shampoo
	Soap
	Travel Alarm
√	First-Aid Kit
	Thermometer
√	Sunblock
√	Lipbalm w/ SPF
√	Band-Aids
√	Aspirin/Tylenol
	Cold Capsules
	Tampons/pads
	Birth Control Supplies
√	Skin Moisturizer
√	Insect Repellant
√	Neosporin
√	Hydrocortisone
√	Prescription Meds
	Deodorant
	Wet wipes
	Contact lenses
	Glasses/case/strap)
√	Sunglasses/case/strap)
	Spare glasses/sunglasses
	Optical Prescription
	Repair Kit (for glasses)
	Sewing kit
	Nail clippers
	Pepto/IMODIUM
	Motion Sickness Pills
	Q-Tips

Relaxation

	Hacky-sack
	Cards
	Frisbee
	Tapes/CD's/ player
	Leisure Reading
	Journal
	Short-wave Radio

Cook Gear

	Water pump/spare filter
	Water Purific. tablets (iodine)
√	Water Bottle (1 quart)
√	Plastic container with lid
√	Fork/Knife/Spoon

Miscellaneous

√	Clothespins/line
√	Ziploc bags
	Luggage Locks
	Power Converter/adapters
	Large Pack
√	Duffel Bag/Soft Pack
	Laundry bag/soap

Snorkel/Dive

√	Mask
√	Fins
√	Snorkel
	Booties
√	Dive Log
√	Dive Licenses
	BCD
	Regulator
	Wetsuit/skins
	Dive Computer/batteries
	Dive Light/batteries
	Guides
√	Decongestants
	Dry Bag
	Mesh gear bag
	Gloves