

## **Reflective Activity: Reflection Exercise after a Film or Guest Lecture**

### **Activity Description**

Prepare the audience for the topic of the film or lecture. Watch a film or engage the speaker. After the film is over and the speaker has left:

1. Invite a timed 10-min free-write about the film. If a prompt is necessary, make it very general, clarify that there is no wrong way to reflect. Variation: ask people to draw a picture that captures something important.
2. Generate the Conversation. Start with the entire groups, or start with a smaller group, also known as a FISHBOWL.
3. Invite one group to start the conversation. Choose the group by a category that is widely recognized and makes people feel good (such as celebrating the Seniors who are about to graduate). Note the active listening on the part of the observers.
4. Invite another group to continue the conversation. Perhaps: junior and sophomores. Where did the first group take us? Start there.
5. Pull out 3 or 4 strands of conversation that came out of the fishbowls. Ask for help in defining these strands.
6. Invite 3 or 4 small groups to address each of the stands you have just defined. 7. Ask people to explore by asking three questions together: What do we know? What do we need to know? Where would we look for more insight or information?
8. Ask the groups to report back to the large group.
9. To close things down and capture the gems of the discussion, invite another 5 or 10-minute free-write.

### **Challenges/Obstacles**

Throughout the activity, choose wording that does not invoke a tone of scholarly judgment or censorship. The point of the activity is to encourage free and creative thinking and associations, not to prove expertise or campaign for correct perspectives on the issue.

### **Tool Contributor**

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