

Reflective Activity

Vocational Landscape Activity

Activity Description

See vocational landscape handout for full directions and prompts on shared folder for RP group.

(Adapted from Authors: Chad Luke, PhD., LPC, NCC, Lehigh Carbon Community College. and Frederick Redekop, PhD, LPC Kutztown University from Lara, Pope and Minor's "Experiential Activities for Teaching Career Counseling Classes and for Facilitating Career Groups-NCDA").

Preparation, Handouts, Resources

[Download handout](#)

Learning Goals

Students will be able to articulate their values, skills and interests.

Challenges/Obstacles

TIME! Also, this is not an art project. Share examples of varying skill and method. There is no correct way to do it! If done in a class, encourage faculty/leader to also do the activity to model.

Recommendations

Engages diverse styles of RP in one activity, engages on their vocational and career exploration. Engages on their interests and also vocational map of significant individuals in their life.

Tool Contributor

Kate Larson-Career Counselor, CDC