



# Real Support for Real Life

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## Neurodiversity at Work: Thinking Differently Together

When we talk about diversity and inclusion, neurodiversity is often left out of the conversation. In this seminar we'll unpack the concept and discuss what it means to be neurodivergent in a neurotypical world. We'll explore neuroinclusivity best practices and how we can each play a role in shaping a workplace that works for all of us.

**Wednesday, April 8, 2026**  
**2 pm ET / 1 pm CT / 11 am PT**

**Log in to register for this seminar at:**

[www.Cigna.com/EAPWebcasts](http://www.Cigna.com/EAPWebcasts)

**To view on-demand replay:** Click the above link. When you log into the Wellness Webcast portal, you can choose to attend this seminar, register for upcoming seminars, or attend other on-demand seminars.

**A Certificate of Attendance** is available for this presentation.

**On-demand replay** will be available starting 2 hours after the live presentation.

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