Land Acknowledgment (We are on Indigenous land) ~ Mariah, 2 minutes

Settling In ~ 2 minutes

Strategic Planning Kick-Off Announcement ~ 5 min, Andrew Wells
Andrew
- Getting ready to launch process that will last through next October to establish plan for the next 5-10 years
- Sessions in the morning for faculty and afternoon for students
  - All people who report to president riviera
  - Nov 19 2:30 - dedicated time to hear from students about what you hope to see discussed and challenged in this process
- Strategic plan drives everything Mac does with budget and spending
- Very important as student leaders and students at large to engage in this afternoon meeting
- Hope is to record both sessions
- If time commitment is too much, you can leave early

JED Campaign Conversation ~ 1 hour, Liz and Jen
Liz
- Here as mental health professionals that do this all day but we are experts in being students

Jen
- Big piece of health promotion is environmental and policy level work
  - How do we make it so that choices that support wellbeing are the easiest to make?

Liz
- JED - organization focused on mental health and reducing suicide
- Institutional information about first-years shows that 55% of class intended on accessing mental health services at mac
- JED campus - model for looking at strategic plans on campus
- Four year plan
  - Launching JED program
  - Healthy minds survey
    ■ Happened in spring of 2020
  - Campus visit and student focus groups
    ■ Happened fall of 2020
  - Strategic planning of campus wide change to support mental health
    ■ Launched last spring
  - Implementation of strategic plan (year and a half long)
    ■ Where we currently are
  - Healthy minds survey
Jen
- Disclaimer about difference between correlation and causation
  - Mental health is correlated with general health, academic performance, sleep, cannabis use, a sense of belonging at Macalester

Liz
- JED model has seven areas of strategic planning
  - Each one can be addressed at individual, interpersonal, policy levels
- Develop life skills
  - EX FYC
- Promote social connectedness
  - EX residential requirement
- Identify students at risk
  - Campus safety, RAs
- Increase help-seeking behavior
  - Free resources as a sign of strength and maturity
- Provide mental health and substance abuse services
- Follow crisis management procedures
- Restrict access to potentially lethal means

Jen
- 76.3% of Mac students self-report that they lead a purposeful and meaningful life
- 77.7% of Mac students self-report being optimistic about their future
- 83.6% if Mac students self-report that their social relationships are supportive and rewarding
- Breaking into groups to talk about where MCSG is involved

Rebecca
- Supporting student organizations

Mariah
- Working with student body to see what changes they want to make

Kashvi
- Working with groups that are marginalized

Micah
- Some students don’t know resources available
- Being good referral resources

Ayana
- Being able to better promote work that is done in health center

Liz
- Information from focus groups
- Describe mental health culture at Macalester
  - “Macalester sends the message that mental health is important but in practice it is on the individual. Policies and approaches, especially in the classroom, aren’t changed to help us.”
- If a mental health miracle were to happen on campus, what would that look like?

Kody
- Lowering workload, four day work week

Ayana
- Any student could go up to any staff or faculty member and know they could get help
• Academic rigor and expectations would take into account all the things that students do to balance academics with all the other stuff
• Not all learning has to be in the classroom

Anna
• There are a lot of mental health issues on campus that are unresolved, to call change a miracle is a little bit frustrating
• Students are suffering

Liz
• Thank you for naming that with such vulnerability and I very much take that to heart
• Framing this as a miracle doesn’t serve us and change only comes with tangible efforts
• Moving away from idea that something magical is going to fix, how can we still think big picture

Kaleb
• Faculty aren’t as considerate about asking questions about students’ personal lives
• Having indirect pressure to explain yourself to professors is very uncomfortable

Jen
• What would it look like for a professor to be helpful?

Kaleb
• If something like “I don’t feel well or don’t feel like coming to class is enough”

Liz
• What could the college do to move us towards the goal of having a place where students can be well?

Mariah
• Everyone has one mandatory counseling session
• Unlimited meal swipes

Daniel
• Meeting one on one with professors to check in

Jen
• What are things that we should keep doing from that time even though we are not virtual?

Kit
• Mental health training for faculty/staff
• Standardized compassion required from every discipline while creating syllabi
• Student’s mental health as well as faculty/staff

Kashvi
• Making everyone feel cared for and supported in the process of seeking help

Jen
• Keep in touch and stay connected

**Election Code Voting ~ Executive Board, 15 minutes**

Shreya
• Questions or concerns about election code edits?

Kody
• Updates on anti-discrimination clause?

Shreya
• New clause with first section about who is identified as members of a protected class at Macalester
• Then created outline of what would happen if a student were to discriminate against a member of protected class
• Starts with a written complaint
• File report to judicial council
• Motion to cast election code

Mariah
• Vote to approve suggested changes to election code
  • Yes: 20
  • No: 0
  • Abstain: 0

**LB Agenda Items**

Ayana
• MCSG Newsletter and Communications
  • Comes from students feeling like there wasn’t enough information about MCSG happenings
  • Wondering if MCSG has input and will need to ask for funding

Anna
• What is the procedure for weekly updates?
  • Maybe a monthly newsletter is a better idea so more summarized info could be included

Ayana
• Received feedback that students want to know processes that happen

Shreya
• Monthly would work well if we redirect them to Instagram updates
  • Monthly to be for big stuff

Ayana
• Some people don’t have social media, so newsletters good resource

Anna
• Monthly newsletter is good because weekly is a lot of work

Eric
• Having newsletter is better than macdaily minutes
  • Way more accessible

Kit
• Is push for a newsletter to be able to see analytics?
  • Seeing who opens newsletter, who is subscribed

Ayana
• Yes, I forgot about that
  • People have said they know more about MCSG this year than last year

Micah
• Feature that allows you to see who opens emails will be going away in next couple of months

Eva
• Newsletter is great idea
  • Should give people the option to subscribe or unsubscribe
• What are you imagining?
Ayana
• Here’s a small blurb and link to the website
Joel
• In charge of the newsletter for work study
• The shorter it is and more visual it is, the engagement will increase
Ayana
• Welcomes any and all input

Committee Updates
Ayana
• Community Engagement Officer MAPCS and Provost updates
• Take notes in all of your meetings to establish institutional memory
• Minnesota Association of Private College Students
  ○ Mac opting into hunger free campus - resolution with minnesota department of higher education that provides public K-12 schools with free lunches to provide the same for universities
• Meeting with the Provost
  ○ Roon and Ayana met with Provost to talk about facing discrimination on campus and burnout

Eric
• Are these meeting notes going to be shared
Ayana
• Yes

Kashvi
• Financial Transparency and Divestment Updates
• College announced divestment from enbridge
• Increasing financial transparency → explaining endowment
Rebecca
• What would ad hoc be for?
Kashvi
• Hash out future presentations
Shreya
• Not sure if we need a whole ad hoc, maybe just one or two people from MCSG
Kashvi
• If anyone else is interested in planning, reach out to Kashvi

Announcements
Shreya
• Roon has decided to step down from MCSG
• EPC will be holding an election for diversity and inclusion officer
Anna SSRC
• Now have at large members
Rebecca FAC
• Need one more at large member
• Working with hmong student org to celebrate hmong new year

Shreya
• Thursday 7:30-8:30 pm financial model conversations students will be having on zoom

Eric SOC
• Accepted adelantes charter change
• In process of approving LSU
• Working with other clubs to develop charters