Community Guidelines allow us to set the groundwork for engaging in dialogue by getting us to name and enact guidelines/norms that participants think may help their group to develop trust and safety. Here are some common guidelines that you may want to use when engaging in dialogue:

- Set own boundaries for sharing
- Speak from experience and avoid generalizing
- Respect confidentiality
- Be a full participant, and share the space
- No blaming or scapegoating
- Focus on your own learning and ask questions
- Respect different experiences and perspectives
- Assume good intentions, but recognize impact

your voice. your choice.