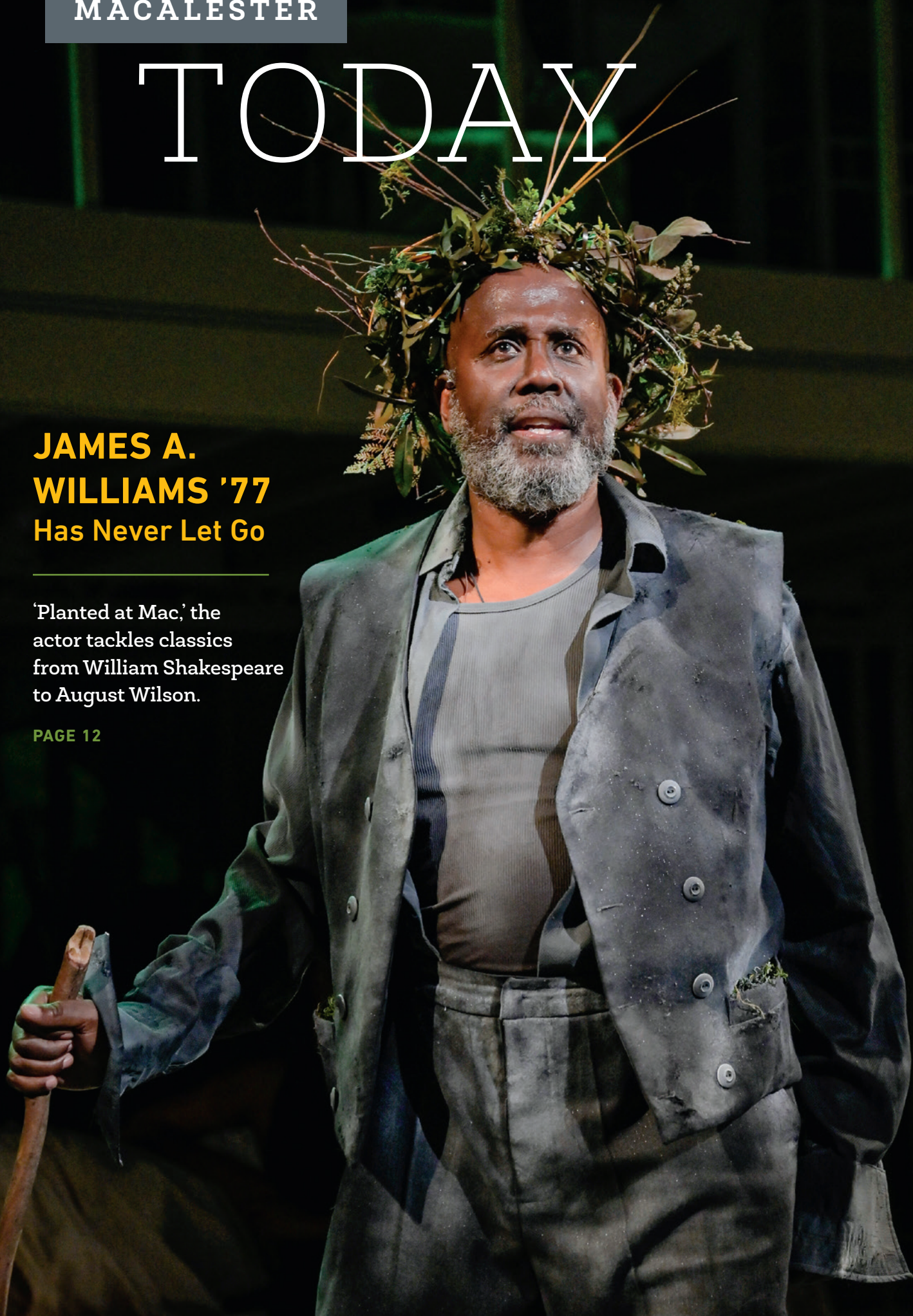


TODAY

JAMES A. WILLIAMS '77 Has Never Let Go

'Planted at Mac,' the actor tackles classics from William Shakespeare to August Wilson.

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FROM LEFT: NICHOLAS ORONSKIY; COURTESY OF MACALESTER COLLEGE ARCHIVES; CHRIS MCINTOSH; JOHN SCHOOLMEESTERS (2)

ON THE COVER:

James A. Williams '77 as Lear in Marcus Gardley's adaptation of *King Lear* with Oakland's Cal Shakes theater in 2022.

PHOTO: KEVIN BERNE

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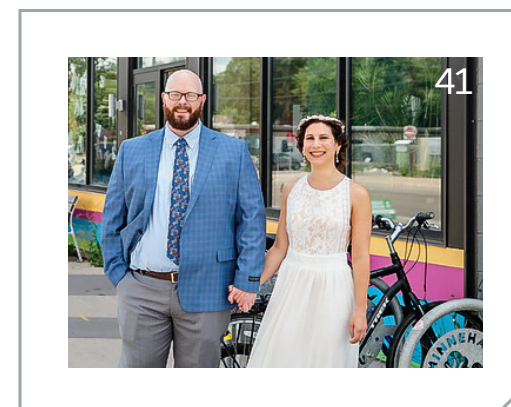
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Remembering Agieb Bilal

I'm writing to share a remembrance of my distinguished classmate, Agieb Bilal '74, who died January 10, 2023.

Born in Harlem, Agieb came to Macalester in 1969 with Dr. John Warfield, the newly appointed director of the Expanded Educational Opportunities (EEO) program at Macalester. Agieb was hired as an associate counselor. His responsibilities included ushering in, counseling, and mentoring the first class of EEO students, who subsequently graduated in 1973.

Agieb wrote, "My first introduction to EEO students was a roll call in the chapel. In this first assembly I explained their presence on campus was a result of a protracted struggle of our people; that for institutions such as Mac it represented 'fire insurance' amidst the surrounding social turmoil, whereas for Black students an opportunity to acquire necessary 'tools' for Black Liberation. To squander such an opportunity would be an unforgiven betrayal and crime against the aspirations of Black people!"

A Vietnam veteran, Agieb joined the Nation of Islam (NOI) upon discharge from active duty. After leaving Macalester he served as assistant national secretary of the NOI in Chicago. He later became an administrative assistant to Warith Mohammed and was instrumental in transforming the NOI into Orthodox Islam.

After leaving the NOI, Agieb served as principal at Muslim and Islamic schools in Maryland and Florida. He also founded the

first Muslim school in Pasig City, Philippines. As chairperson of the Council of Islamic Schools in North America (CISNA), he established accreditation standards for Muslim schools, and served on the Armed Forces Review Board in 1991 to help facilitate the "accommodation" of Muslims in the Armed Forces, including the installation of the first Muslim chaplains, uniform dress standards, and Muslim dietary standards as well as the requirement of a dedicated space for prayers.

Agieb lectured and taught history, education, and Islamic studies at colleges and universities in the US and around the world. At the time of his passing, he was principal of an Islamic school in Albania.

—Broderick "Rick" Grubb '73

Musicircus and Other Cutting-Edge Performances

NPR's September 15 Composers Datebook podcast celebrated the birthday of American composer Henry Brant and his composition *Northern Lights Over the Twin Cities*, commissioned by Macalester College to celebrate its hundredth anniversary.

The podcast breathlessly described Brant's cutting-edge "spatial composition," involving several groups of performing ensembles separated by space. At the premiere, Mac's chorus and orchestra, jazz band, and bagpipes took part.

The composition wasn't as cutting edge as the podcast implied. In 1970, working with the Walker Art Center, composer John Cage staged *Musicircus*, a spatial composition, at the Macalester Field House.

Cage's piece was less structured than Brant's. He invited a number of groups to come together and perform simultaneously. He didn't direct anything, but instead wandered around the Field House eating popcorn, according to a *Minneapolis Tribune* account.

Monte Mason '71 organized one of the groups. He invited twenty singers to perform choruses from Handel's *Messiah*.

"We stood and held our scores as we merrily sang with great finesse and artistry," he recalls. However, Mason had "instructed the singers not to sing but merely move their lips. We were the only group that no one could hear performing. Some people who stood by to 'listen' caught on to what we were not doing, and 'sang' along as silently as possible."

My own memory of *Musicircus*—although no one seems able to confirm it—was of performing madrigals as part of a group that tossed beach balls back and forth. Singers sang their notes when they caught the ball, then stopped when they tossed it to the next singer.

The event, Mason says, was "cheerfully cacaphonic" until about 9 p.m. "The sounds began to organize themselves into distinct, throbbing waves, washing over the interior of the Field House. These sonic patterns lasted for about fifteen minutes until they dissolved back into the sonic chaos of no discernible form."

For someone who was part of the Cage production, it was fun to learn that music at Mac is still cutting edge after all these years!

—Kris Amundson '71

CONNECT WITH US



Visit Mac's social media hub at macalester.edu/macsocial and join in by using the [#hey_mac](https://twitter.com/hey_mac) hashtag when you post on Twitter or Instagram.

CORRESPONDENCE POLICY

We invite letters of 300 words or fewer. Messages may be edited for clarity, style, and space and will be published based on their relevance to issues discussed in *Macalester Today*. Share your thoughts:

- Email: mactoday@macalester.edu
- Tweet: @macalester using the hashtag #macalestertoday
- Mail: *Macalester Today*, Macalester College, 1600 Grand Ave., St. Paul, MN 55105

THE MACALESTER SPIRIT

Some of my favorite Macalester moments happen when I step out from behind the president's desk and participate actively in campus life. Our students, faculty, and staff know that I love to drop in for lunch at Café Mac, show up at student capstone presentations, cheer on our Scots at sporting events, and attend faculty lectures and student performances. Being present for these activities allows me to support the incredible work happening on campus and to marvel at our community's many talents. Even as I jog around our campus on a Sunday afternoon, I'm reminded: this is a special place.

This year (unlike the previous two), I also have been able to travel extensively and meet more alumni, parents, and friends of the college in person. Being on the road has allowed me to understand the global Mac community in a new way. I've experienced firsthand how the Macalester spirit extends way beyond our campus boundaries. I see it when I find myself in a sea of blue and orange at an "away" baseball game in Phoenix. I feel it viscerally when I hear Macalester's Pipe Band (including my spouse) compete at the Highland Games in Waukesha. I've experienced it in action at gatherings all over the world: at a restaurant in London, on a pickleball court in Boston, with a Presbyterian church choir in Havana.

When I'm with Mac people, I feel the college's unique spirit—and it energizes me to no end.

There is an incredible diversity of perspectives within our alumni community, across the generations and many eras of the college's history. Yet, in all of the conversations I've had and stories I've heard, what stands out to me most is the fabric that unites us because we share Macalester in common. It's woven of certain threads: an orientation toward optimism, the courage to dream, a shared belief in a future that's better than the past, and the sense that it's our responsibility to help build it.

The values that first brought alumni to Macalester as students—who, during their time on campus, form a community of learners determined to create a more just and peaceful world—continue to shape their work and inform their worldviews years, even decades, after graduation. I see evidence of this across the wide range of career paths and initiatives our alumni undertake. (See for yourself in the Class Notes section of this magazine!)

I'm also inspired by how Mac alumni across the globe seek out opportunities to engage with the current campus community, and with one another, to give back. They host events in their cities, connect with faculty to participate in a class by Zoom, contribute to the Mac Fund, and serve on the Alumni Board, on Reunion committees, and in other groups—all to support the college's mission and people.

Soon, we will have a Commencement celebration, at which we'll send the Class of 2023 off into the next big chapter of their



Spending time with alumni and friends during a March spring break road trip in Arizona with the Macalester Golf Team.

lives. They will embark on adventures near and far, across the country and around the world. Some will find homes in the Twin Cities, close enough to meet for coffee with a faculty mentor, give an informational interview to a student, attend a theater performance, or watch a game in the stadium. For many others, Mac will become more distant, at least in physical proximity.

But I've learned that geographic separation needn't diminish our connections. It's become easier to stay in touch across the miles. And there's no limit to new relationships that can be formed within our global Mac community—virtually and in person, whether you graduated last year or fifty years ago. I urge all alumni to lean on and lean in to this Mac community. Of course, that includes a close circle of college friends and mentors. But it can be so much more than that. The Mac community—loved ones, acquaintances, people you haven't met yet, all of it—is yours for the rest of your life.

So, reach out to someone on Mac Direct (macdirect.macalester.edu), join a Mac book club, attend an alumni gathering in your city. These experiences will connect you, teach you, challenge you, and energize you. (Who knows? I've even heard of Mac love stories that began years after graduation!) As I've seen over and over while on the road this year, these connections will bring you joy and foster hope in the future we're building together.

Dr. Suzanne M. Rivera is president of Macalester College.

1600
GRANDA New Remote Telescope
Transforms Astronomy
Classes and Research

Beginning this spring, Macalester students have access to an advanced research-quality optical telescope in southern Arizona, equipped with instrumentation that allows exploration of astrophysical phenomena like never before. "This new observing facility is transformative," astronomy professor John M. Cannon says. "Students and faculty now have guaranteed access to a superb telescope that will support classes and enable sophisticated research projects that can result in peer-reviewed publications. The data quality is exquisite and the images are simply dazzling."

Macalester leads the newly formed Macalester-Augustana-Coe Remote Observatory (MACRO) Consortium. In the spirit of discovery and with mutual interest in education, research, and collaboration, Macalester, Augustana College (Rock Island, Ill.), and Coe College (Cedar Rapids, Iowa) established MACRO in order to take over stewardship of the Robert L. Mutel Telescope, a fully robotic telescope system located at the Winer Observatory.

The telescope is named after its founder, Dr. Robert L. Mutel, professor emeritus of astronomy at the University of Iowa. Over the past twenty-five years, Mutel has been a pioneer of the "remote observatory" model, in which a telescope facility is located in a superior observing site and then operated from afar. Mutel's Iowa Robotic Observatory is a nationally recognized example of a successful remote observatory designed primarily for undergraduate students.

Upon Mutel's retirement, three of his former students envisioned a consortium to take on the telescope's management and operation. Professor Cannon worked alongside Augustana's Dr. William Peterson and Coe's Dr. James Wetzel to bring the MACRO Consortium to life.

Each of the three MACRO institutions share the majority of the observing time on the telescope, and the University of Iowa also will continue to have access to the facility.

Compared to Macalester's on-campus telescope (located

on the Olin-Rice Science Center's rooftop), the improvements in sensitivity are dramatic. "I'm really thrilled for our students, who now have the opportunity to obtain science data with a telescope and supporting instrumentation that far surpasses what we have been able to do before at Macalester," says Brian Adams, laboratory supervisor in the Department of Physics and Astronomy. "Our current observatory always has afforded valuable hands-on experience, where students have direct control of the telescope and instrumentation. However, as convenient as our location is for the students to conduct their observations for class projects, we still are hampered by the climate and light pollution of the Twin Cities metro area. The Winer Observatory is located at a higher altitude, far from city lights, with drier, more transparent air, that will allow us to observe much fainter targets and to see farther into the universe than we are able to from our observatory in St. Paul."

The telescope will be used by astronomy students, staff, and faculty in support of specific classes such as Observational Astronomy and also to enable student-faculty research projects. Students began using the telescope this spring in Remote Observatory Observations, co-taught by Cannon and visiting distinguished professor John Gallagher. Adams and assistant professor Anna Williams also are actively collaborating with the class. Williams says, "From the remote capabilities to the intercollegiate collaboration, the students are going to get a truly authentic observing experience, very similar to what professional astronomers do day-to-day."

In addition to strengthening classes and re-envisioning curricula, each institution's faculty leads will work to enable new observational capabilities and to provide immersive experiences to students. These include student visits to the telescope, consortium meetings to bring together students and faculty from the MACRO institutions, the commissioning of a sophisticated fiber spectrograph, and more.

“
I'm really thrilled for
our students, who now
have the opportunity to
obtain science data with a
telescope and supporting
instrumentation that far
surpasses what we have
been able to do before
at Macalester.”

BRIAN ADAMS
LABORATORY SUPERVISOR IN THE
DEPARTMENT OF PHYSICS AND ASTRONOMY

Falling in Love with Chemistry



Dr. Richmond Sarpong '95, second from right, with Macalester chemistry students.

RENOWNED ORGANIC CHEMIST RICHMOND SARPONG '95 DELIVERS DISTINGUISHED CHEMISTRY LECTURE

Richmond Sarpong came to Macalester from Botswana in 1991 on a pre-medicine track. That didn't last long.

"I fell in love with chemistry," he says.

Sarpong switched his major to chemistry and continued down that path, taking a particular interest in organic chemistry. Now a chemistry professor at the University of California–Berkeley, Sarpong came back to campus in February to reflect on his journey and current work with a lecture made possible by a Jean Dreyfus Lectureship for Undergraduate Institutions grant.

He spoke about his upbringing, time at Macalester, and scholarship at UC–Berkeley, particularly his research into creating less addictive painkillers using compounds inspired by others found in the natural world, to a packed audience in Kagin Ballroom.

At Berkeley, his lab conducts research on natural compounds that can be used in drug development. "The research we do is focused on how we can improve the way in which we make medicines," Sarpong says. "About 50 percent of medicines are inspired by natural products, which are chemical compounds that are found in nature."

Sarpong's fascination with medicine, and later using chemistry to improve health outcomes, comes from his childhood in Sub-Saharan Africa. He saw the impact of Ivermectin, an antiparasitic

drug, on communities he was living in to treat river blindness. Coming to Macalester, he learned how such drugs are made using chemical processes.

"To me, molecules are like architectural masterpieces," he says.

With a newfound passion for organic chemistry, Sarpong continued on to Princeton where he earned a PhD in organic chemistry and became a professor at UC–Berkeley in 2004. Sarpong said his time at Macalester uniquely prepared him to enter the world of research.

"Macalester provided me with a personal infrastructure to learn how to learn," he says. "It also gave me this appreciation for diversity, internationalism, and having a global mindset, which I think has been important in my role as a chemistry professor. Macalester gave me the ability to engage, interact, and find common ground with people from all sorts of different cultures and countries."

His two days on campus were funded by a grant the Chemistry Department received from the Camille and Henry Dreyfus Foundation. The grant provides funding to host a speaker and support two undergraduates in summer research.

During his visit, he reflected on the promise of the students he met: "The future passes squarely through Macalester."

—Catherine Kane '26

SHELF CONSCIOUS

Ever wonder about all those books lining professors' offices? We're with you.

Professor Christina Esposito is chair of the Linguistics Department. She studies and teaches phonetics.



Any standout books you've read recently?

I have a nine-year-old son, so a lot of my reading right now is guided by books that we pick together and that interest us both. Right now, we are reading *The Girl Who Drank the Moon* by Kelly Barnhill. It's a book about an evil witch, and as the story progresses, it turns the traditional fairy tale story on its head. The book deals with themes of good versus evil, censorship, and control.

Has reading with your son been enlightening for your literary taste?

I don't think I've gone to the library and checked out a picture book since I was a child myself. I had spent all these years only reading novels. When I had my son, I was reintroduced to the world of children's literature and there are some really beautiful, interesting, and amazing children's books. If anything, the thing that I learned the most is that regardless of our age, we should go and check out any and all books, whether written for kids or adults.

What's one of your all-time favorite reads?

I revisit J.R.R. Tolkien's *The Hobbit* and *The Lord of the Rings* frequently. Tolkien was a philologist, which is very similar to being a linguist, and he studied the historical aspects of language. As a linguist, I find his books interesting and fun to read because they're full of linguistic concepts.

What book is crucial to understanding your academic niche?

The book that's most easily accessible to people outside of the field of phonetics is *Sounds Interesting* by John Wells. He talks about how people pronounce words differently, like "caramel" and "pajamas." In one of my classes, I give an assignment based on *Sounds Interesting* in which students read some of Wells' thoughts and then think about a word they have puzzled over.

What is something you love to read that we might not expect?

When I go home, I like reading cookbooks and craft books.

—Catherine Kane '26

Whose shelf should we visit next?
Email mactoday@macalester.edu.

Imagine, MACALESTER

STRATEGIC PLAN UPDATE

In October of 2022, Macalester's Board of Trustees approved the college's new strategic plan, *Imagine Macalester*, which focuses on amplifying what makes us distinctive.

Three new working groups are helping to foster implementation of the strategic plan's goals. The groups, composed of students, faculty, staff, and alumni, are organized around these goals:

- Creating a student-ready campus
- Fostering employee well-being
- Immersing alumni in the intellectual life of the college

Working groups are responsible for producing a set of options, along with strengths and limitations for each option, for advancing the strategic plan goal(s) as outlined in the working group's charge.

Each group member has made a one-year commitment to the work, which began this spring and will ramp up over the summer. Participants will receive a stipend for their work.

We invite you to visit the strategic plan website at macalester.edu/strategic-plan, and to send questions, suggestions, and comments to strategicplan@macalester.edu.

Celebrating Founding Day

On March 3, the Macalester community celebrated Founding Day with pushball matches on a snowy Great Lawn, a Founding Day dinner, and a Student Showcase featuring the Groove Group, Pep Band, and Mac Swing.





ATHLETICS

Academic All-American

Caleb Williams '24 (Wild Rose, Wis.) was selected to the Division III Academic All-America first team for men's basketball by the College Sports Communicators (CSC) in March. Williams is one of six student-athletes named to the first team, and he is the first Macalester men's basketball player to be named an Academic All-American in the history of the program.

"An amazing and well-deserved honor for Caleb," head coach Abe Woldelessie '08 says. "He strives for excellence in all that he does and we are grateful to have Caleb at Macalester."

Williams has a 3.91 grade point average as a physics major at Macalester. Last year he earned a spot on the Academic All-MIAC team before making the CSC Academic All-District team last month.

On the court, Williams has emerged as one of the top players in the MIAC and region, earning All-MIAC honors twice while leading the Scots in scoring in each of the past two seasons. This season he averaged 21.5 points per game to rank 23rd in Division III and 3rd in the MIAC. His 74 three-pointers are the second-most in the MIAC, and he also is second in the conference with 1.8 steals per game. In just his 53rd game as a Scot, Williams became the 24th men's basketball player in the program's history to score 1,000 career points. He currently ranks 17th all-time at Macalester with 1,066 points.

The Scots finished another strong season 15-11 with a tough loss of 56-54 to St. Olaf in the MIAC quarterfinals.

CHRISTOPHER MITCHELL SPORT SHOT PHOTOS

'Dare to Begin It'

TWO OF THE LIVE IT FUND'S WINTER PARTICIPANTS SHARE THEIR ONCE-IN-A-LIFETIME EXPERIENCES.

Macalester's Live It Fund, a program of the Entrepreneurship and Innovation Department, provides funding for driven, globally minded students who identify an opportunity or problem and propose an innovative solution. Successful proposals are awarded up to \$2,000 during winter break, with an opportunity to apply for summer funding of \$6,000, plus a \$500 per-project expense reimbursement. Eleven projects were funded this winter.



Student:
Abdi Bille '25 (Wajir, Kenya)

Project:
"Bridging the Gap"

Tell us about your project.
Bridging the Gap aimed to create awareness about scholarship opportunities for a group

of high school graduates in Wajir, a marginalized area in Kenya. Apart from conducting a one-week mentoring program for the students, I met with education stakeholders, specifically the Wajir County Cabinet Secretary for the Ministry of Education, Hon. Ahmed Wardere. It was an honor for me to discuss with him a myriad of things concerning the youth in the area, such as increasing mentoring programs.

How has the Live It Fund helped you think differently about what is possible for yourself?

The Live It Fund not only allowed me to experience what I can do for the community, but it also expanded my network by giving me the opportunity to interact with some of the policymakers in my community, something that wouldn't otherwise be possible.

What skill have you most developed during your project?

Curiosity and creativity allowed me to create my own community-based organization, and this allowed me to meet with Secretary Wardere by showcasing what I did. This enabled me to advocate for issues that I believe are important for the youth.

What did you learn about yourself?

I was a little fearful of how my project would go, but I realized that once I laid my hands on it, everything took shape. The lesson is to just dare to begin it.

What's next for you?

This project fueled my interest in community empowerment activities; I would like to get involved in more through my newly founded community support organization, Bridging the Gap (a name I borrowed from my project).



Student:
Aliya Nadeeva '24
(Kazan, Russian Federation)

Project:
"Koy"

Tell us about your project.
The Turkish term "koy" translates to "cove" in English—a

secluded location for ships to dock while they wait out dangerous storms. These places of refuge are what Turkey, Fethiye in particular, became for thousands of immigrants from Ukraine, Russia, and Belarus. In my project, I organized cooking events to introduce refugees and immigrants to Turkish culture.

How has the Live It Fund helped you think differently about what is possible for yourself?

It was an amazing opportunity to interact with such different people and understand their needs.

What skill did you most develop during your project?

Adaptability, because the situation for immigrants changes all the time and I had to adapt to legal and social changes.

When you think back to your project, what are you personally most proud of?

For not giving up, when I thought that I can't make it.

How did your project change or grow?

I learned to be less scared to interact, and to trust people I don't know.

RUNCHEN LIU



「JAMES A. WILLIAMS '77」

HAS NEVER LET GO

BY COLLIER MEYERSON '07

James A. Williams '77, then a sophomore, enrolled in Professor Glen Wilson's Voice and Diction class in the Theater and Dance Department. A so-called "tough" professor with a reverence for the classics, Wilson demanded his students learn how to breathe for the stage, and also, how to speak the King's English. It was 1975, at the height of America's Black Power movement, and while Williams was more interested in making art that reflected his experience as a young Black man, he felt motivated by his professor. "It was the desire to show you that I can do your stuff as well as you," he says. "What I got from [Wilson] was discipline."

That theater class at Macalester laid the foundations for Williams' powerful diction, voice, and his ability to command a stage—all techniques he would go on to employ nearly fifty years later as Lear for his most recent role in Marcus Gardley's adaptation of *King Lear* with Oakland's Cal Shakes theater in 2022. The play is a modern translation of the original, set in San Francisco during the 1960s in the city's historically Black Fillmore District. Williams credits Professor Wilson specifically as his motivation for studying Shakespeare.

But this wasn't Williams' first time performing Shakespeare. Over the years, as a member of Minneapolis' esteemed Guthrie Theater, he has played roles in its productions of *King Lear* and *Romeo and Juliet*.

And Williams' accomplishments extend far beyond Shakespeare. He has held off-Broadway stints in *Jitney* and *The Piano Lesson*, two works by legendary playwright August Wilson. His commitment to community, a large part of his identity as an actor, has led him to leading workshops at Brown University, Colby College, and the International School of Kenya, among others. Minneapolis' *Star Tribune* named him Artist of the Year twice.

For Williams, it all started at Macalester. "I never knew that I was a creative until I got into Macalester and got a chance to be one," he says. "That's what Macalester's theater department did for me." Williams elaborated on how the tutelage of Professor Wilson helped him see his potential. "You started out with Robert Frost, moved on to Gerard Manley Hopkins, and then a bunch of old dead white poets," he continues. But at the end of the semester students were allowed to present works of their choosing. "I chose Paul Laurence Dunbar," and for his final project he chose works from the Harlem Renaissance so that Williams could teach his professor something in exchange. "I wanted to hit him with voices he never heard before."

It wasn't only the professors at Macalester that helped Williams realize his dreams, but his cohort of theater students at

the college. Jack Reuler '75, who founded Mixed Blood Theatre in Minneapolis, asked Williams to be a part of the company. "From there," he says, "another friend, Lou Bellamy, told me he was starting a theater in St. Paul and asked if I would like to be a part of it." That theater, where Williams became a founding member, is Penumbra, where Pulitzer Prize-winning playwright August Wilson got his start.

The 1970s were something of a renaissance for theater in the Twin Cities, and Williams found himself as its beating heart. "It's one of the great joys of my life that one of the greatest writers to ever live wrote words for my mouth and that I got to say them first," Williams says of August Wilson. "He picked me."

Later, in 2004, the two would work together again. "He saw me do *Two Trains Running* and told his casting agent to have me submit an audition tape." That audition tape landed Williams the role of Roosevelt Hicks in the world premiere of *Radio Golf* at the Yale Repertory Theatre, and, later, a run on Broadway. "I have been blessed to do the thing that people say can't happen. No one goes from a regional stage in Kansas City to Broadway," he says. "That's what I mean when I say that Macalester taught me a lot of things."

Part of what made Williams' time so special at Macalester was that the college was piloting a program called Expanded Educational Opportunities (EEO), which brought students from lower socioeconomic backgrounds, the majority of them Black, to study at the college. This program coincided with the country's Black Power movement. "Discovering what it meant to be Black was such a new concept that everyone was trying to participate in it," he says. Williams was coming from St. Louis, Mo., where he had been a bright and precocious kid. Because he was bullied, he dropped out of high school and spent his days holed up in a local library. A teacher in his school saw his potential and enrolled Williams in a program called Upward Bound which helped the young man secure a seat at Macalester, though he was admittedly a little lost.

"I didn't know who I wanted to be and where I wanted to be," Williams says of himself when he started as a first-year. "The seeds for my life got planted at Mac, and that's why Mac is my heart," he continues. "It gave me a determination to not give up. When I grabbed onto theater and acting, I was like Jacob in the Bible. I grabbed onto the angel and said 'I will not let you go until you bless me.' And I still haven't let go. And I really don't know if I ever will. There are times when I tried and it grabbed me back," he says of trying to stray from theater. "So that's my Mac life." ■

Collier Meyerson '07 is a writer living in New York.

KEVIN BERNE

A LOOK BACK AT *UNFILTERED*

BY TALIA BANK '23

PHOTOS BY
DAVID J. TURNER

As part of the *Unfiltered* project, we asked a group of Macalester students the same five questions every semester, beginning in fall 2019, following along on their college journey.

- What class are you most excited about right now?
- What's one recent triumph (large or small!)?
- What have you learned lately?
- What do you wish you had known six months ago?
- What's one thing you want to do in the next six months?

College is often a time of change and growth. New challenges, triumphs, and experiences both inside and outside the classroom influence how we see the world and live our lives. *Unfiltered* is an effort to capture a snapshot of that transformation.

This spring, our first *Unfiltered* cohort is graduating. We asked them how they have changed throughout their time at Mac, and what it was like to look back at their responses.

For Ross Relic '23, a physics and music double major from Crystal Lake, Ill., *Unfiltered* serves as a time capsule of sorts. Some goals, like composing new music and spending time with friends, show up time and time again in his responses. But he also mentions reaching new milestones and taking time to recognize his needs as a college student. From mental health awareness to dating, a social media hiatus, and weight loss, Relic has been candid about the highs and lows.

"A lot of people deal with that stuff. In my mind there's no reason to not be vulnerable and talk about those sorts of things," Relic says. "Another motivating factor is it's just not interesting if it's not vulnerable and true to your life. There's just not much substance otherwise."

Hannah Scharrer '23, an international studies and Latin American studies double major from Tacoma, Wash., thinks of *Unfiltered* as an exercise in reflection. Especially during her sophomore year, with classes taught virtually due to the COVID-19 pandemic, it encouraged Scharrer to identify some positives and explore what she truly values.

"It was definitely hard answering those questions during sophomore year, but I think it also helped me reflect on what I am actually excited about and sort of pulled me out of despair," says Scharrer. "It's just really nice to have this method to make you take stock of what has been changing or what has been constant in my life and what I'm enjoying and what I'm not."

Carter Rutherford '23, a geography and Asian studies double major from Alexandria, Va. and Santiago, Chile, likewise appreciates the ability to contemplate a challenging time in his life and ponder the takeaways of his college experience as a whole.

"It seemed like a great way to reflect on my college experience as it was happening," he says. "I never imagined the pandemic would happen, and having this small record of what was on my mind as I navigated college and life over the past few years has been really helpful. I would give myself a warning: college is going to be more challenging than you could possibly imagine. Keep being yourself, show yourself lots of compassion, and continue to be curious and adventurous no matter what."

Inspired by looking back over her time at Macalester, Scharrer also gave the following advice to her first-year self, and others embarking on their college journey:

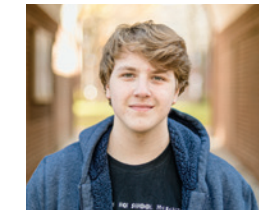
"This is an exciting time of your life. Just throw yourself into whatever you want; Be liberal arts. I took a statistics class my freshman semester and I loved it, though I was not planning on being a statistics minor," says Scharrer. "Don't force yourself to do everything, but try to get to know yourself and other people and get to know what you like to do. Exploration is the best way to achieve that. And if you don't have the answers, that's fine."

Read some of the responses from our *Unfiltered* students' journeys as they navigated college and lived and studied through a global pandemic. Look for their final *Unfiltered* responses in May.

Talia Bank '23 is a political science, legal studies, and Spanish major at Macalester.

FALL 2019

Class of 2023 students begin classes on Sept. 3, 2019.



ROSS

I wish I knew that I didn't have to worry about the depth of my friendships in college. People can make extremely strong, deep friendships surprisingly quickly, and I wish I knew that I wasn't an exception.



HANNAH

I've learned the importance of taking brain breaks from my homework. Taking a little pause to go on a run or see an on-campus speaker puts me in a better headspace to do my work. I've been able to enjoy the amazing fall in St. Paul on my runs and have gone to some really interesting talks, so those breaks are truly invaluable.

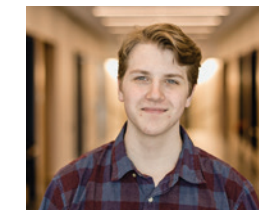


CARTER

I wish I had known how to navigate the complex world of health insurance in the United States.

SPRING 2020

Classes begin on Jan. 23, 2020. Shortly after Ross, Hannah, and Carter shared these responses, the COVID-19 pandemic caused the college to switch to remote instruction beginning in March 2020.



ROSS

I have recently started to lose a lot of weight. At the time of writing this, I have lost thirty-seven pounds in the past three months! I've still got a ways to go but I'm really happy with how far I've come.



HANNAH

I learned how to meter poetry in Spanish, which is a lot less self-explanatory than you would think!



CARTER

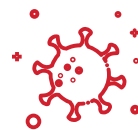
I really want to return to St. Paul, hopefully for a part of the summer or at least for next school year. I'm really bummed that I won't get to be in Minnesota when it gets warmer.

FALL 2020

Classes begin online on Sept. 2, 2020.



I've recently learned how much I block myself into certain routines or ways of living purely because I convince myself that doing so is somehow "necessary" or "inevitable." Like, I recently deleted all social media off of my phone, which was a huge (but very positive) change for me. But while reassessing my relationship with my phone and social media, I realized that one of the main things entrenching me into that way of living was this illusion that social media was just a fact of life. That although I had an unhealthy relationship with it, I still needed it because social media is so central to modern culture. But it's not necessary and that realization can really free you from so many things. —Ross



Since we're about to start the next module, I'm mostly just excited to take two new classes, but right now I'm taking epidemiology. It's obviously very relevant right now! —Hannah



I would really like to visit my grandparents. I don't know if it will be possible because of the pandemic, but I would really like to find a way to safely visit them. —Carter

SPRING 2021

Classes begin online on Jan. 21, 2021.



ROSS

I recently learned the opening section of "The Maple Leaf Rag" and I can play it way faster and more accurately than I ever thought I could, although to be fair I have practiced it a TON.



HANNAH

I'm taking a Latin American literature class and it's right up my alley. I wish I could stay in that class forever! The professor does a great job at showcasing female authors who are typically overlooked. I'm also really looking forward to my Module 4 classes.



CARTER

My Chinese has improved a lot in the last few months! I've been doing a language exchange with a friend in Shanghai and I'm taking a Chinese translation class. I'm extremely proud of my progress.

FALL 2021

Classes resume in person on Sept. 1, 2021.



ROSS

I've learned how important it is to be kind to yourself even when you feel like you can't do basic things that you feel like you should be able to do. If I've failed to meet my own expectations, no matter how small, I've stopped repeating to myself how terrible it was that I failed to do said thing and how "stupid" or "dumb" I am for letting it happen again. Being hard on yourself like that isn't motivating and serves no purpose. Not only do you deserve to be kind to yourself even when you feel like you're failing yourself and other people, but those are actually the moments when it's most important to be kind to yourself. Self-kindness shouldn't be conditional on success.



HANNAH

I've learned that I love my on-campus job! I'm a peer writing tutor, and it is so rewarding to get to talk about writing with students in person.



CARTER

I've been planning Winter Ball this year. Making the event happen during a pandemic has been a major triumph.

FALL 2022

Classes begin Aug. 31, 2022.



ROSS

The class I'm most excited about taking is Jazz Advance! It's wonderful to learn such a detailed history about how jazz formed and developed!



HANNAH

I'm doing an internship for credit with The Advocates for Human Rights and it is such a rewarding learning experience.



CARTER

This semester, I've learned a lot about caste in India and the rise of Hindu nationalism. I'm currently taking Political Geographies of South Asia with visiting professor Rupak Shrestha and attended a talk by Yashica Dutt and a screening of Anand Patwardhan's film Vivek on campus. [M](#)

SPRING 2022

Classes begin on Jan. 20, 2022.



I recently started dating people for the first time and I've learned that the pressure that dating can put on you emotionally can really expose your weaknesses or places you have yet to grow. It's really difficult and vulnerable, but it's an excellent opportunity for learning about and working on yourself. —Ross



During my study abroad experience in Spain, I'm learning to become more independent. It's definitely a process and a challenge, but it's also exciting to be able to figure out travel and how to navigate a new city by myself. —Hannah



I was hired as a Chinese tutor at Macalester for the spring semester. I've been learning Mandarin for six years now and I'm really enjoying the job. —Carter



The Future of Therapy is...

- inclusive and diverse
- celebrated
- online
- in-person
- gamified
- financially supported
- at Mac
- ALL OF THE ABOVE

In the wake of some of the most collectively challenging years of our lives, the demand for mental health care has never been higher. What does that mean for the future of therapy?

Four alumni practitioners weigh in.

BY ERIN PETERSON

ILLUSTRATIONS BY
NICHOLAS OGNOSKY

As child clinical psychologist and clinical director for outpatient psychiatry and behavioral medicine at Seattle Children's Hospital, Hilary Mead '01 has spent years deeply involved in the treatment of adolescents prone to self-harm and suicidal ideation.

Even in stable times, it's a challenging specialty, but the pandemic added entirely new complications. "It made many mental health concerns much more severe," Mead says, noting that she's still seeing an impact three years after COVID-19 first hit. Her hospital's emergency department continues to be flooded with patients needing mental health care, its inpatient unit is taking only the most severe cases, and its outpatient care also has faced skyrocketing demand. "We're feeling it on all sides," she says.

The trends she notes in her own specialty are mirrored in broader statistics: a study published in *The Lancet* medical journal estimated that global cases of major depressive disorder and anxiety disorder increased by more than 25 percent in 2020 alone. The

CDC reports that more than one in five Americans received treatment for their mental health in 2021.

While Mead is the first to admit the difficulties that come with this spike in demand, she also notes the creativity that it has inspired among professionals in the field. For example, she and her colleagues have experimented with new "intensive outpatient" models that require more patient involvement each week, but that may span half as many weeks as a traditional program. They've strengthened their telehealth offerings. They've even advocated successfully for more resources from governments and insurers. "There's been a lot of innovation, and that gives me optimism," she says.

Indeed, the field of therapy itself has seen significant change since 2020, and its future is coming into sharper focus.

To learn more about the ways that therapy has been transformed—and what's next—we talked to Mead and three other Macalester alumni in the field.



MEET THE PRACTITIONERS



Cyrus Hair '15

Title: Clinical supervisor and therapist for the Wilder Foundation at Intermediate District 287-SEC in the Twin Cities

As a therapist based at South Education Center, a specialized services school in Richfield, Cyrus Hair works with second-, third-, and fourth-grade students who struggle with issues including physical aggression. He helps them

build skills including emotional regulation and trauma processing.

In addition to his work with students, he meets with their parents, all of whom have volunteered to participate in their children's intensive outpatient program.

Hair appreciates working holistically with students and their families, because everyone involved is eager to pursue growth that can change the trajectory of their lives. "Every time a parent says to me, 'This was how I was parented, but I want to do something different,' I get chills," he says. "I love it when parents are so engaged, and when they're there to seek help for their kids and themselves."



Cal Klingensmith '10

Role: Private practice psychotherapist in Manhattan

Cal Klingensmith started therapy his junior year at Macalester, an experience that proved so transformative that he knew almost immediately that he wanted to pursue it as a career.

In his own practice, he tends to work with trans and queer individuals, including many who struggle with eating disorders and substance use issues—seemingly unrelated challenges that often have the same root cause. "In some cases, when someone has struggled with gender identity issues for a long time, it will manifest through eating disorders, because they're uncomfortable with their body," he says. "The same can be true with substance use, because they want to dissociate from themselves—to not be 'of body,'" he says.

The insights Klingensmith hopes his clients will gain in their sessions with him are the same ones he tries to apply to his own life. "Therapy forces me to be in touch with myself and my emotions," he says. "It's a job that involves a ton of self-growth and reflection all the time."



Hilary Mead '01

Title: Child clinical psychologist and clinical director of outpatient psychiatry and behavioral medicine at Seattle Children's Hospital

While Hilary Mead was in the midst of her residency at the University of New Mexico's Health Sciences Center in 2009, she noticed that she was drawn to kids who presented with emotional

dysregulation—those who experienced extremely high highs and low lows, for example. "I related to them," she says. "Temperamentally, I am very sensitive and have big emotional responses."

That experience eventually led her to her current work at Seattle Children's Hospital, which includes leading programs that treat suicidal and self-harming adolescents.

Although the field has notoriously high burnout and turnover rates—Mead notes that churn rates in her area reached 80 percent in the inpatient unit at her own hospital at one point during the pandemic—the rewards are significant. "There's nothing quite like getting to the end of a person's treatment," she says. "It can be life-changing for them."



Jo Trigg '08

Title: Family and couples psychotherapist and behavioral health and wellness training coordinator at JCCA (the Jewish Child Care Association) in Brooklyn

As an extrovert who thrives in the bustle of crowds, Jo Trigg admits that they don't fit the pop-culture stereotype of the reserved, note-scribbling therapist. But as a couples and family psycho-

therapist, their more outgoing nature is a boon. "When you're working with a high-conflict couple on the verge of divorce, you can't be timid," they say. "You've got to speak up firmly."

Trigg loves the challenge of digging into complex relationship dynamics in ways that lead partners to connect more meaningfully to one another. "People sometimes come in expecting me to change their partner," Trigg says. "But oftentimes, the real work is around finding ways that they can accept one another more."



The future of therapy is **inclusive and diverse.**

Recent surveys suggest that about three-quarters of therapists are white and three-quarters are women—but that doesn't reflect the demographics of the patients themselves. That can be a problem, since patients often benefit from working with a therapist who shares their identity.

Take Cyrus Hair, a Black man, who has a waiting list that's months long. He says that his identity has played a role in that demand. "People want clinicians who are representative of them or their interests," he says, noting most of his elementary-age clients are Black boys. For now, there are relatively few therapists who look like him.

Jo Trigg says they're seeing more evidence that educational institutions that champion diversity are putting their money where

their values are. For example, at the Ackerman Institute for the Family, where Trigg was trained, BIPOC and LGBTQ individuals can apply to get a range of its clinical training at no charge.

Hilary Mead and her colleagues, meanwhile, are finding ways to serve more patients and families who don't speak English. Her team recently launched its first Spanish-language dialectical behavior therapy group program, an approach that pairs techniques with emotional regulation with skills in areas such as mindfulness.

It's one of many changes her hospital made in the wake of 2020 protests against racial injustice. "The Black Lives Matter movement had a huge impact on our field," she says. "It led us to listen to more voices that we hadn't been listening to, and to people who hadn't felt safe enough to raise their concerns."

The future of therapy is **celebrated.**

A generation or two ago, therapy tended to get a bad rap, and patients often felt shame about getting treatment. But national studies have found a significant decrease in public stigma toward major depression in the past twenty-five years, and one survey found that 87 percent of those in Generation Z feel comfortable talking about mental health with others.

In his own work, Cal Klingensmith says he sees that stigma replaced with a more positive—and accurate—understanding of therapy's role in individuals' lives. "In the same way that people might say 'I go to cycling classes,' people talk about going to therapy," he says. "Instead of being a thing of shame, therapy is recognized as a tool that helps people navigate their lives."



POINT

The future of therapy is **online.**

In 2019, just 5 percent of the services provided by Hilary Mead's clinic in Seattle were offered online. Today, even as more people return to in-person work, a solid 70 percent of the services continue to be conducted online.

Mead says that adolescents, weary of the pandemic's online platforms and ambivalent about therapy recommended by their parents, often benefit more when they can be at in-person sessions. At the same time, the convenience of online options has increased access for people who otherwise couldn't fit sessions into their days. "Online parent groups exploded during the pandemic because they could find ways to take an hour out of their workday to join us; they didn't have to find childcare or travel to the clinics," she notes. "I don't think we'll ever go back to all in-person care."

COUNTERPOINT

The future of therapy is **in-person.**

Cal Klingensmith started his private practice in February 2020, timing that turned out to be good for business but bad for in-person therapy.

While early pandemic-era studies indicated that virtual therapy was as effective as in-person, other data has suggested that both patients and therapists are more prone to distraction in an online environment.

These days, Klingensmith splits his time evenly between online and in-person work, but he often nudges clients to come to his office, even when therapy by screen is more convenient. "There's something sacred about that human-to-human connection that I don't think can be replicated by technology," Klingensmith says. "It does require commitment. But it's also, I believe, how the best work gets done."



The future of therapy is **financially supported.**

A 2018 report by the National Council for Mental Wellbeing found that 42 percent of Americans believed that cost and poor insurance coverage were the top barriers for accessing mental health care. Changes are opening up new options for more people.

In Hilary Mead's home state of Washington, for example, millions of dollars have been poured into expanding and developing programming for mental health support. Federal programs supporting mental health have also gotten hundreds of millions of dollars in funding boosts, and a new hotline was launched specifically for mental health emergencies.

Mead notes that these changes are partly the result of tireless advocacy by her colleagues in the field. "Because of the pandemic, there's much more pressure on people who hold power—insurance companies, Medicaid, and the government—to listen to us and reconsider what they're willing to reimburse," says Mead.

The future of therapy is **gamified.**

Child therapists have long used dollhouses and sandboxes as ways to help children create narratives that reveal important details about their lives.

Cyrus Hair says he sees video games like *Minecraft* and *Roblox* as new tools that can play surprisingly similar roles for therapists and their patients. "Like dollhouses and sand trays in play therapy, games can serve as child-led pursuits that give them opportunities to share themes of separation, nurturance, and protection," he says. "And these are games that unlike physical toys can be used in telehealth."



The future of therapy is **at Mac.**

How does Macalester support students' mental health? Individually and systematically.

Therapy is just one part of the robust health care support—both mental and physical—that Macalester provides for its students.

For much of the past decade, mental health has been the top reason that students seek medical care at Macalester, according to medical director Steph Walters. (During the most acute phases of the pandemic, COVID-19 care took the top spot.)

All students have access to individual counseling sessions, group counseling, a 24/7 line for acute counseling help, and next-day appointments at no cost, says Jen Jacobsen, executive director of the Laurie Hamre Center for Health & Wellness. "For one-on-one counseling, Macalester uses a flexible care model," she says. "Instead of having a set number of appointments of a certain length, the student and the counselor collaborate

at the end of each session to decide whether to meet again, and if so, how soon and the length of the session."

The result is a more tailored experience that helps meet students' needs—and reduced waiting time for those who are scheduling a first counseling appointment.

Jacobsen also notes that Macalester aims to support systemic changes and programs that can benefit all students' mental health. For example, the college encourages all faculty to schedule early evening project deadlines to prevent students from pulling all-nighters, which can contribute to anxiety and depression. A popular campus therapy dog program, PAWS@Mac, has brought joy to students (and to the campus community) for more than a decade. **M**

Erin Peterson is a Minneapolis-based writer.

Mac activism

Student activists have long helped shape Macalester policies—and have learned lasting lessons from their advocacy.

BY HILLARY MOSES MOHAUPT '08

For decades Macalester's mission has emphasized a commitment to internationalism, multiculturalism, and service to society. Together, these values attract students who aren't afraid to challenge the status quo. "Activism has always been a big part of what Macalester is all about," says Jim Bennett '69.

Students change during their time at Macalester, and they have, in turn, pushed Macalester to change, too. Over the years, issues that have captured the nation's attention also have played out on campus, and students have urged Mac to use institutional power in service of justice. Students who have advocated for changes to the college's policies have learned that making real, sustainable change is often a long game that requires commitment and stamina.

During their time at Mac, students have protested the Vietnam War, taken part in the Civil Rights Movement, and pressed for the recognition of the rights of immigrants and people across the gender spectrum. We asked six alumni across generations to reflect on their activism at Mac and how it has influenced their lives.

Expanding opportunities



When **Jim Bennett '69** arrived on campus in the fall of 1966 as a member of the varsity basketball team, there were just a handful of other Black students in his first-year class. He had graduated from an all-Black high school in Texas, and even now he remembers the culture shock. "Given the stark cultural change, if it had not been for basketball," he says, "I probably would have gone home for Thanksgiving and never come back."

"There were advantages to a Macalester education, but it was difficult for me to understand why, as a Black student, I had to give up who I was to be successful at Macalester. That was the motivation for talking with some other Black students and starting the Black Liberation Affairs Committee (BLAC)."

Black students were starting Black student unions at colleges across the country. "We wanted something to represent what we believed, as young people, was the right thing to do," he remembers.

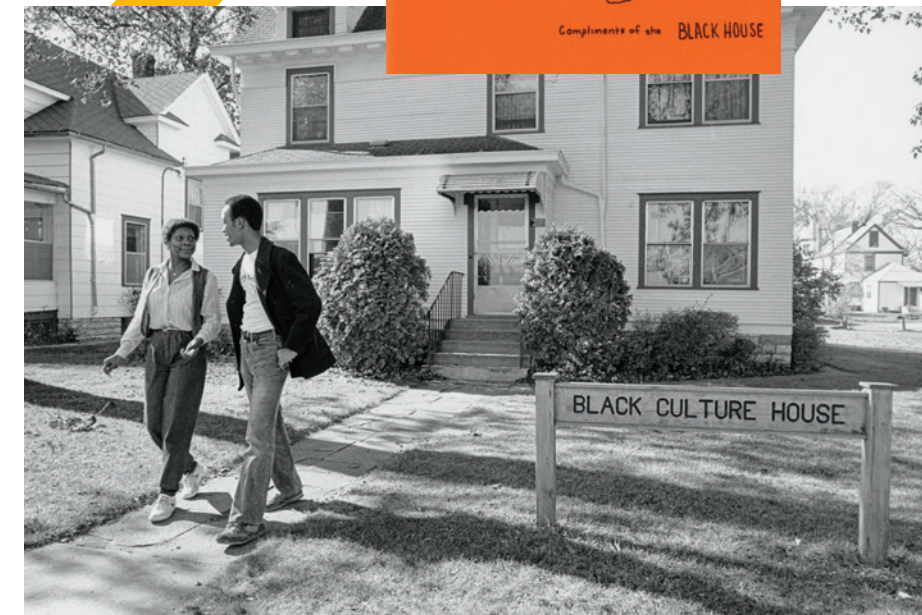
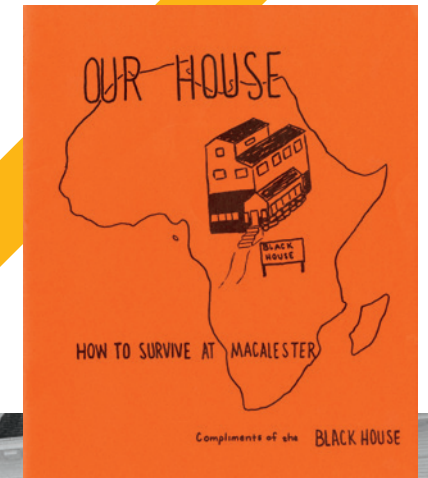
After the assassination of Dr. Martin Luther King Jr. in 1968, a collaborative group of students, including representatives from BLAC, student government, and others, met with President Arthur Flemming. Bennett says, "We asked the question, 'Given what has happened with the assassination of Dr. King, and cities burning across the country, couldn't and shouldn't Macalester do more?'"

These conversations with the president resulted in the creation of the Expanded Educational Opportunities program, or EEO, which provided scholarships for full tuition and books. In the fall of 1969, it brought to campus seventy-five students of lower socioeconomic backgrounds, the majority of them Black.

The EEO was funded initially through the college's endowment, and later through federal funding. Funding challenges eventually led to its demise in 1984, but over the course of its fifteen-year run the program helped diversify the racial makeup of the student body.

Bennett also led the college's new Black Education and Cultural Center, or Black House, which also launched in 1969. Black House served as a hub of social and cultural activity, with a fully stocked third-floor library, community dinners, and African dance and drumming classes.

"I guess I didn't really look at it as activism at that time," Bennett says. "I would have perceived it as survival."



Macalester's Black Education and Cultural Center, or Black House, launched in 1969.

After Macalester, Bennett earned a master's in interdisciplinary studies at Mankato State University and a PhD in higher education administration at the University of Washington. He eventually served as vice president of equity and pluralism at Bellevue College, a public institution near Seattle.

"If the true meaning of education is to lead out of ignorance, then our responsibility is to not only understand the students who come to us," he says, "but to try to learn from them in ways that we can be better stewards of the educational process."

Bennett says founding BLAC and Black House and advocating for the EEO program laid a solid foundation for his future career. "I learned a lot about being an administrator in a higher-education setting. That's where it started."

ALL GENDER RESTROOM

TODOS LOS GENEROS
TOUS LES SEXES
CHAV DEJ SIV TAU TXHUA LEEJ
MUQSUL JINSI WALBA U FURAN



Including all genders

Bobbi Gass '10 became co-chair of Queer Union (QU) during her sophomore year, and started working to create gender-neutral bathrooms on campus.

"The college was touted as a queer-friendly campus but we were quick to point out that it wasn't so much for trans or nonbinary students," she says.

Gass and other QU members met with campus administrators to advocate for gender-neutral locker rooms and restrooms in the new athletic center. Although the Leonard Center plans were already finalized, Gass says QU's efforts led to other discussions about making life easier for trans and nonbinary students by designating some bathrooms in residence halls and in the basement of the Campus Center as gender neutral. Those conversations led, in turn, to a consideration of all-gender housing.

By Gass's junior year, Mac's first all-gender housing option opened in Kirk. "It was a pretty quick turnaround, now that I think about it," she says. "But it felt like it was the direction the college needed to go."

Since graduating, Gass has continued to fight for queer issues and trans people in the Twin Cities. She earned a master's of public health from the University of Minnesota, and works in harm reduction for Hennepin County. The experience of working with college staff and fellow students at Mac gave Gass more confidence in her ability to transform the world around her, especially for the queer community. "It made me feel like my voice mattered and that it is possible to make change happen," she says now.

"The college was touted as a queer-friendly campus but we were quick to point out that it wasn't so much for trans or nonbinary students."

—Bobbi Gass '10

Daring to DREAM



When **Jocelyne Cardona '14** joined ¡Adelante! as a first-year student in 2010, the on-campus cultural organization dedicated to creating awareness around Latin American identity, culture, and history, was focused on advocating for farmworkers and labor rights. Student activists engaged people by offering education, and "inviting them into the conversation, regardless of where they're coming from," she says.

The following academic year ¡Adelante! took the same approach when it supported the Development, Relief and Education for Alien Minors (DREAM) Act, a federal legislative proposal to permanently protect people who came to the US as children. Originally introduced in 2001, at least eleven versions of the bill have been introduced in the last twenty years. Cardona says the group's goal was to educate the college about why ensuring access to an education at Mac was so important. "We wanted the end of that campaign to be with the college itself adopting and endorsing the DREAM Act, and taking a political stance."

In 2012, Congress passed the Deferred Action for Childhood Arrivals, or DACA, policy, which provides some temporary protections to some immigrants who came to the US as children. Cardona and a group of students created the Dare to DREAM Committee, separate from ¡Adelante!, to advocate for the college to support the DREAM Act. First-year student **Adan Martinez '16** joined them.

One of the committee's core missions was to change how Macalester offered funding to undocumented students. At the time, the Admissions Office processed applications from undocumented students as though they were international students—even if the students had lived in the US for practically their whole lives. Cardona says they focused on what was in Macalester's control. "Admissions became our first system collaborator, so that was our first goal for the next couple of years—just actually creating avenues for access," she says.

Because they weren't legal permanent residents, undocumented students couldn't receive federal financial aid—so while they could be accepted to Macalester, paying for a Mac education was a near-insurmountable hurdle. Under DACA, students could apply for state-based financial aid in some states. The Dare to DREAM

Endorsement of DREAM Act will see SRC vote in April

By ANNA PICKRELL
News Editor

This April Macalester may come one step closer to joining a list of colleges and universities urging the government to legalize financial aid for undocumented minors living in the U.S. Student representatives from Adelante!, the Latina/o cultural org on campus, presented their argument supporting Macalester's potential endorsement of the Development, Relief and Education for Alien Minors (DREAM) Act at a Social Responsibility Committee (SRC) meeting this week.

If the endorsement wins a majority vote, the school will formally publish a letter of support, likely written by President Brian Rosenberg, on Macalester's main website. The advancement would also be made public on the College Board, National Immigration Law Center and Act On a DREAM website. Though it would not change Macalester's financial aid policies, this endorsement is intended to increase political pressure on the government to legalize the DREAM Act.

Adelante! has been pursuing the Dare to DREAM campaign since the beginning of last semester and the movement is gaining ground rapidly. Rosenberg personally endorsed the act as a private citizen early in the semester and Adelante! hosted immigrant rights activist Gabby Pacheco as the keynote speaker for this year's Latin@ Week, for which she spoke about her support for the DREAM Act. The SRC will take a final vote on the issue at its next meeting in April, a date far ahead of the schedule Adelante! was expecting.

The DREAM Act was proposed to state and federal legislation in 2001 and was reintroduced in May 2011 after a period of inactivity. With 2.1 million undocumented minors in the country, the DREAM Act would extend access to college education and military service by releasing embargos on federal financial aid.

Monday's presentation, spearheaded by Adelante! co-chair Jocelyne Cardona '14 and Jessica Muñoz '14, presented the org's argument for a school endorsement of the DREAM Act to the SRC. The org has been leading the Dare to DREAM campaign since the beginning of the school year.

"Monday's presentation, spearheaded by Adelante! co-chair Jocelyne Cardona '14 and Jessica Muñoz '14, presented the org's argument for a school endorsement of the DREAM Act to the SRC. The org has been leading the Dare to DREAM campaign since the beginning of the school year."

tion about its restrictions and guidelines. "Those opposed to the DREAM Act argue that [the minors affected] are undocumented students and shouldn't be re-

In order to qualify for DREAM Act benefits, undocumented residents must have come to the US by age fifteen, have lived here for at least five consecutive years and be under 35. They must also pass background checks and receive a high school diploma or GED.

Cardona and Muñoz highlighted the reasons why they believe Macalester will benefit from a public endorsement of the DREAM Act, arguing that undocumented students would enhance multiculturalism on campus. In its wording the DREAM Act is not a form of amnesty, but rather a bipartisan-supported aid for minors—not adults—who have earned their right to a US education. In light of these points, they argued, the bill is very much in line with Macalester's values of "internationalism, multiculturalism, service to society and academic excellence" and would be a positive step for the school.

Adelante! has been making presentations to classes on campus about the Dare to DREAM campaign since it began. This has resulted in letters and over 200 signatures of support. Rosenberg and faculty from the Hispanic Studies, Latin American Studies and Educational Studies departments were among those who signed or sent letters.

"This support is helping prove the case to the SRC because it is tangible proof that the Macalester community finds this issue relevant and something that is worth supporting," Cardona said.

Adelante! has also felt significant backing from Rosenberg, especially since his private endorsement.

"[Rosenberg's] support kept our campaign moving in the right direction and we are very fortunate to have a president that is willing to talk to the student body and listen to our passion," Cardona said.

"There are misconceptions that people from other countries will bring their kids here to get a college education, but there are so many other steps [requirements]," asked Adelante! member Erica Martinez '12.

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Adelante! co-chairs Jocelyne Cardona '14 and Jessica Muñoz '14 presented the org's argument for a school endorsement of the DREAM Act to the SRC. The org has been leading the Dare to DREAM campaign since the beginning of the school year.

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committee asked Macalester to join colleges and universities across the country in endorsing the DREAM Act.

The group met with then-President Brian Rosenberg and shared their proposal for the college to publicly endorse the DREAM Act. They also collected signatures of support from students and faculty. As a result, Rosenberg and the Board of Trustees endorsed the DREAM Act in 2013. Today the Lealtad-Suzuki Center for Social Justice (formerly Department of Multicultural Life) supports DACA staff and students with services and resources for legal services and financial aid.

In addition to advocating for changes at Macalester, students in the Dare to DREAM committee worked with the state's senators to help ensure that the Minnesota DREAM Act passed.

Martinez, who is earning a PhD in political science at the University of California-Berkeley, came to Mac having attended many protests and marches. He describes the experience of working with the Dare to DREAM committee as "activism from within." He says, "In many ways, it incorporated a lot of what I was learning in my curriculum—how to create a good argument, how to articulate a good argument, and how to work with people in power."

Cardona now works as a senior research associate at WestEd, a research, development, and service agency devoted to improving education and fostering an equitable society. "This work [at Macalester] gave me an example of what changing systems can look like, and that it is in fact possible," she says. "Reflection itself is not enough. We all can do something with the privilege that we have." **M**

Hillary Moses Mohaupt '08 earned a master's degree in public history and is a freelance writer in the greater Philadelphia area.





THE
BUSINESS
OF CANNABIS

Former prosecutor
Jim Shorris '82 now
leads compliance at
the world's largest
cannabis company.

BY DANIEL P. SMITH

Ask Jim Shorris if he ever envisioned working for a cannabis company and the 1982 alumnus chuckles.

"Absolutely not," Shorris says.

In fact, Shorris spent almost five years in the 1980s as a prosecutor with the Manhattan District Attorney's Office. During that time, Shorris tackled numerous criminal cases, including some connected to America's war on drugs, which then included cannabis.

"Even though I thought some of it was a little silly," Shorris says, "we treated cannabis like every other street drug when it had some legitimate, valued uses."

As Shorris advanced in his legal career, however, the nation's views on cannabis evolved. In 1996, California became the first state to approve cannabis for medical use. Within a decade, nearly a quarter of states had followed suit. Then, in 2012, Colorado and Washington broke ground as the first two states to legalize the recreational use of cannabis. Today, three-quarters of the nation's states permit the use of medical cannabis while nearly half allow for recreational use. And each year, both numbers grow.

The rapid legalization of cannabis, albeit under strict regulatory watch, spurred the rise of cannabis retail operations from coast to coast, including budding enterprises like Curaleaf Holdings.

Founded in 2010, Massachusetts-based Curaleaf is the world's largest cannabis company, operating 145 dispensaries and 29 cultivation sites across 21 states at the start of 2023. And in an unforeseen career shift for a man who once prosecuted cannabis-related drug offenses, Shorris is now one of Curaleaf's key executives.

As Curaleaf's chief compliance officer, Shorris ensures the 6,000-employee company follows all federal, state, and local laws related to cannabis. These include 24/7 video surveillance in dispensaries and manufacturing facilities as well as packaging and testing guidelines.

"I see the legitimate uses of cannabis and want to see it available to people in safe, legal ways," he says.

Shorris admits people are often taken aback when they discover he works for a cannabis company. Shorris, after all, is a buttoned-up legal pro with a decorated résumé that includes serving as the enforcement chief for the Financial Industry Regulatory Authority, where he managed a staff of more than 260 attorneys, investigators, forensic specialists, and others at the securities industry's self-regulatory organization.

When he was first contacted about the compliance role at Curaleaf, Shorris dismissed the inquiry. He presumed the company wanted someone with a pharmaceutical or manufacturing background, neither of which Shorris possessed. But the more Shorris learned about Curaleaf, its mission of safe consumption, and its chief compliance role, the more he lobbied for the position.

"Curaleaf is a young, dynamic company focused on setting the standard for the industry," says Shorris, a New York native who earned his law degree from Case Western Reserve University. "Though this was certainly different from the compliance work I had done elsewhere, so much seemed transferable."

When Shorris started at Curaleaf in March 2020, just as COVID-19 overtook the country, he inherited a mighty task: to build Curaleaf's compliance program from its relatively rudimentary origins into a sturdy outfit.

Unlike the well-established financial services field where Shorris had spent the bulk of his career, cannabis lives within a complex and ever-evolving compliance environment. Medical programs carry a different set of rules than recreational programs; public precedent is nearly nonexistent given the industry's youth; and, most notably, each state has its own regulatory guidelines. In each state, Shorris notes, Curaleaf essentially operates its own business with cultivation, production, and retail operations adjusted to local laws. (Toss in county and city regulations and the regulatory plot thickens further.)

As a result, Shorris sets the company's compliance strategies and goals nationally before working with local compliance programs to ensure professional execution on the local level. This includes efforts such as transparency in labeling and advertising as well as the physical setup of retail operations. The effort demands constant collaboration, a focused eye on the details, and devotion to clarity, skills Shorris first developed while working on the news desk of the *Mac Weekly* as an undergraduate.

"That's where I learned how to ask questions, get facts, and explain things in clear terms," the political science major says.

In leading compliance at a \$1 billion company, Shorris is constantly seeking a balance between following regulations and pursuing business objectives. His goal is complicated by a changing regulatory environment as well as accelerating competition from retail rivals and a still-strong illicit market that creates an imbalance between cannabis supply and demand. And then, of course, there is the fact that cannabis remains a Schedule I controlled substance alongside heroin, LSD, and ecstasy.

Because cannabis remains illegal on the federal level, Curaleaf cannot secure loans from federally licensed banks or deduct expenses against revenue for tax purposes. Its Schedule I classification also makes it tough to overcome still-prevalent societal taboos. While Shorris says federal movement to reschedule cannabis would help signal the product's legitimate uses, that effort is not his concern. Rather, he remains dedicated to the efforts he can control as Curaleaf's compliance chief.

"In ensuring safety, truth in labeling and advertising, and being transparent with buyers, we can break down taboos associated with cannabis and introduce it to a wider market," he says. "I believe cannabis has a place in society and hope to continue seeing acceptance of those valid uses."

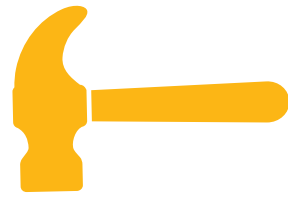
And with more states each year permitting cannabis for medical or recreational use, Shorris is getting his wish—and more compliance work.

"It's a whole new set of regulations to account for," he says, "but that's the role I play here." ■

Daniel P. Smith is a Chicago-based freelance writer.

"I SEE THE
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ROOM FOR IMPROVEMENT



Business owner Zoe Kardasis Sturtz '96 helps families fall in love with their houses again.

BY LAURA BILLINGS COLEMAN



JOHN SCHOD/MESTERS

If you've been watching too much HGTV

or wondering about building a guest room above your garage, you're not alone. Since the start of the pandemic, home spending has spiked, as Americans stuck at home have started digging into repairs, diving into renovations, and pondering more efficient ways to fit family, work, and leisure into 2,000 square feet.

"The novelty of working all day at the dining-room table has definitely worn off, and we're all looking for ways to make our houses handle all of the roles they have to fill now," says Zoe Kardasis Sturtz '96, co-founder of Edit Design Build Studio, a home-renovation firm based in Minneapolis's Prospect Park neighborhood. "People have such a strong connection to their neighborhoods in the Twin Cities that helping families stay where they want to be, in spaces that work better for them, is something I really love."

A Massachusetts native, Kardasis Sturtz first came to the Twin Cities on a prospective student visit to Macalester in the fall of 1991. "It was the

day of that famous Halloween snowstorm, and the campus closed, but I just fell in love with the people, and I knew this was the place," she says, noting that Mac's unique urban setting was a big part of the draw. "I remember doing a project in one of [geography professor emeritus] David Lanegran's classes where we spent time studying the neighborhoods around Macalester, and that felt so personal to me. I've always been interested in city living and urban design, but another layer of my interest had to do with the people in those buildings and how they live."

After graduating from Macalester with a degree in urban studies, Kardasis Sturtz worked in a variety of fields, from event planning to personal finance. But watching the crew she hired to help renovate her first home inspired her to go back to school at Century College for a certificate in kitchen and bath design. "I found I just loved the whole process," she remembers. "You're buying space you can't see until it's done, which is such an interesting challenge."

She learned the ropes as a designer for a small but fast-growing firm, but when the Great Recession hit in 2008, she was laid off just as her husband, architect Ryan Sturtz, lost his job in the construction bust. "That was really terrifying, both of us unemployed, in the same industry. But we just made lemonade out of lemons and launched our own business in 2009," she says. "I don't know how we were so brave—sometimes you don't have a choice."

Since then, Edit Design Build Studio has carved out a niche remaking and remodeling homes in the Twin Cities' historic neighborhoods, making nineteenth- and twentieth-century homes work better for twenty-first-century families. While she and her husband have earned many awards in the remodeling industry, Kardasis Sturtz says she's even more focused on earning the trust of their clients. "Remodeling is a huge financial decision, and we have to earn the trust of our homeowners in a short period of time," she says. "When we're tearing off the back of your house to put up a \$400,000 addition, you have to believe me when I tell you I've got your back."

Although the mess and stress of a home renovation can be hard on homeowners ("Sometimes I feel like a marriage counselor," she admits), Kardasis Sturtz and her husband have managed to work side by side through nearly one-hundred remodeling jobs. "My advice is, if you're starting a project, you have to be good communicators and forgive each other when problems arise, because they always arise." Having watched many homeowners go through the complex emotional ups and downs as the remodel moves from tear-down to completion, she adds, "Drywall is when the emotional barometer really drops—once you get through it, everything will feel better." **M**

St. Paul writer Laura Billings Coleman is a frequent contributor to *Macalester Today*.

Zoe's Home Remodeling Advice

Use HGTV for entertainment.

The time-elapsed home renovations popular on TV and TikTok leave out the messy stuff. "In the same way those reality dating shows are nothing like dating in real life, remodeling shows have nothing to do with the reality of a major renovation," says Kardasis Sturtz. Most projects take months or even years from concept to completion, "so don't use HGTV as research—it's really for entertainment."

Rethink an addition.

Multipurpose spaces today's families want don't always require an addition. "People will sometimes say they want to 'pop off' a roof, which is actually a very big undertaking," says Kardasis Sturtz, who recommends looking for extra space in your basement, which are common to homes in the Midwest. "That can sometimes be a terrific way to add 700 square feet of living space that can make a huge difference for a family."

Don't Google it.

Google isn't a great predictor of project costs. "If the information is too easy to get, it's probably not that reliable," says Kardasis Sturtz. If you need ballpark figures for a project, sources like *Remodeling* magazine's annual Cost vs. Value Report can show you what average kitchen, bathroom, and other projects really cost in your zip code.

Beware of trendy finishes.

"I'm personally not a fan of sliding barn doors, and shiplap wall paneling that was all the rage just a couple years ago is already passé," Kardasis Sturtz says. She recommends finding inspiration in existing materials, from using the same wood species and hardware finishes to matching historic millwork. "Even if you're aiming for something modern, finding a way to at least nod to the historic features in your home can help take your house through another couple of generations."



BY JOE LINSTROTH / PHOTO BY JOHN SCHOOLMEESTERS

In life, fashion choices can say a lot about who someone is, whether the choices are intentional or not. Onstage and onscreen, however, what the performers wear very intentionally conveys meaning. In fact, every button, boot, and beret is usually the result of meticulous research and creative design. As a professional costume and scenic designer with dozens of productions under her belt, Theater and Dance Department visiting assistant professor Sarah Bahr offers students a real-world experience in the backstage drama of costume design.

What is the role of the costume designer in a production?

Our role is to define a character. We make a lot of design choices that tell the audience something about that character before they even speak any words, dance any movement, or sing any songs. Something about the costume signals to the audience that this is their personality, their occupation, or their status. It also can be psychological. Sometimes audience members are not going to be able to articulate what they saw, how they felt, or why, but we're making choices like using a muted color tone to help lower the mood, for example.

What are the fundamental skills that a costume designer must have?

Script analysis and character analysis, being able to take a story and have a personal relationship with it. You also have to be collaborative and possess the flexibility to shift your design choices to best tell the story and support the characters. You can't have an ego in theater, because at its heart, theater is a collaborative art form that brings a variety of artists with specialized skills together to tell stories and inspire audiences.

Then there are the design basics: how line, texture, color and shape all work together to create a design and say something about the character.

A lot of costume design classes teach costume or fashion history, but it's quite a broad topic. It's also Western- and Euro-centric, so I teach students how to be good researchers instead. Being a good researcher means you can go into any project and say, "Yep, I know exactly what I need to learn more about."

As a professional who has worked on all different types of productions, how do you make sure to remain authentic to a culture that is not your own?

When I'm approached to work on a project, I trust that a director believes I have the research, communication, and design skills to tell the story authentically and in the right way. I make sure to ask ques-

tions and utilize my resources, which sometimes includes a cultural consultant, to support and uplift the characters and cultures.

How do you teach students about cultural appropriation?

We talk about how cultural appropriation in theater has been going on for centuries and is still going on. We look at the different ways that appropriation has been done in theater and fashion, and also talk about ways to approach the work where you're not appropriating, but rather you're uplifting and having a cultural exchange.

For example, if you're designing a play set in the Elizabethan era, the cast of actors will most likely be diverse with varied cultural, racial, and religious backgrounds, along with gender identities that don't align with the characters in the script. Your research needs to be representative of your actor so that they can see themselves in the character and time period. A more in-depth research journey will create a more nuanced and inclusive costume design.

What skills does costume designing teach that are useful both on and offstage?

Collaboration is key. In any other aspect of your life, you're going to be working with other people. If you learn how to communicate and share your work in progress, you can be a good collaborator.

In the theater or any other workplace, you can't just come to

the table with a final product and say, "I'm done, that's it." Being part of a team that comes up with a final product that you're all proud of, that's what students gain from this class.

How do you know when you've done a great job?

I love going to opening nights. There's an excitement in the air with seeing the first real performance where the design, the acting and the blocking are set, and now we're going to put it all together in front of an audience for the first time. I like to sit in the back of the theater and just observe people's reactions and take in the entire stage picture. I'm always proud of that moment, even if there are little details that we didn't get to refine or if I'm questioning whether I made the right choices. Once it's opening night, you don't change it. You just let the artform be itself. At that point, I feel like all the collaborators should just celebrate. We did this. We made this together.

Note: The work pictured above is by Kitty Jiang '24 (Lacey, Wash.). The sketch and rendering are for the Character Design Project in which the students chose a short story and developed designs for a character in three drastically different styles. Kitty chose "Hansel and Gretel" and one of her concepts was designing Gretel's costume in the style of a horror movie/dark fairy tale. [M](#)

CLASS NOTES

Send **MAC TODAY** your class note via email at mactoday@macalester.edu or mail it to Class Notes Editor, Communications and Marketing, Macalester College, 1600 Grand Ave., St. Paul, MN 55105-1899.

CLASS NOTES PHOTO POLICY:

We publish one photo per wedding.

We welcome photos of alumni gathered together anywhere in the world and publish as many photos as space permits.

Photos must be high-resolution, approximately

2MB or greater in file size.

Email alumnioffice@macalester.edu to request a Mac banner for an upcoming wedding or other gathering.

If you have a question about your class note, call editor Julie Hessler at **651-696-6443**.

1953

The Class of 1953 will celebrate its 70th Reunion June 8-11, 2023.

1958

The Class of 1958 will celebrate its 65th Reunion June 8-11, 2023.

1963

Andy Peters is the author of *History of Camp Lakeview National Guard Training Camp 1881-1931, Lake City, Minnesota*, a book released by Dorrance Publishing in February.

The Class of 1963 will celebrate its 60th Reunion June 8-11, 2023.

1964

Carol DeBoer-Langworthy, a scholar of playwright and novelist Neith Boyce, served as dramaturg and commentator for last October's world premiere of Boyce's play *The Sea Lady* at the Metropolitan Playhouse in New York City. The play is an adaptation of the H.G. Wells novel, and its original 1935 production was abandoned before it opened.

1968

Pamela Horowitz met Macalester Professor of American Studies Karín Aguilar-San Juan in Washington, D.C., in January after being introduced by Prof. Aguilar-San Juan's parents, who live in the same building as Pam. During Pam's decades with the Southern Poverty Law Center and the

American Civil Liberties Union, she successfully argued a sex discrimination case before the U.S. Supreme Court. Her late husband was civil rights leader Julian Bond.

The Class of 1968 will celebrate its 55th Reunion June 8-11, 2023.

1973

The Class of 1973 will celebrate its 50th Reunion June 8-11, 2023.

1974

Colette Ody Smith was named a master pastelists by the Pastel Society of America, which called on her in 2022 to serve on its advisory board. Last year, Colette won the Grande Prix for her exhibition in Saint-Léonard, France; conducted a workshop and exhibited at the Abbaye du Valasse in France; and exhibited in China. Colette is a contributing author for *Pastel Journal* and *Artists Magazine* and served as judge of awards at the biennial convention of the International Association of Pastel Societies in Albuquerque, N.M.

1978

CBS News featured Greg Olson's volunteer work at the American Cemetery in Cairo, Egypt, in a recent article. "I'm honored to be able to help preserve this unique place, which captures the history of Americans and Europeans in Egypt from the 1870s through the present," Greg wrote.

The Class of 1978 will celebrate its 45th Reunion June 8-11, 2023.



"Our group got together in September 2022 in Lake City, Minn.," Barbara Schueler Colliander '65 reports. Top, from left: Betty Green Risser '65, Evelyn Harm Headen '65, and Gail Otterness Baker '65. Middle: Margee Smith Wheeler '65, Janet Rudberg Hall '65, and Carole Chinn-Morales '65. Front: Betty Gackle Davis '65, Barbara, Dorothy Beaty Gerard '65, and Pamela Ertsgaard Lien '65. Not pictured: Rhoda Goodrich Moeller '65 and Peggy Jones Bogle '65.



Jim Strudell '80, Jim Ochi '80, Jenny White Gobel '81, Matt Friedman '80, Cindy Lystad Olson '79, and Mark Gobel '80 met up in St. Paul to celebrate 47 years of friendship.

1981

Jean Ann Swanlund Guetter and Arthur Guetter retired last year. Jean Ann had worked as an occupational therapist in senior care and transitional rehab for 26 years. Arthur had been a professor of mathematics at Hamline University for 35 years, including more than 20 years as department chair.

1983

The Class of 1983 will celebrate its 40th Reunion June 8-11, 2023.

1984

TJ Naim met up with Peter Danford '85 in Queensland, Australia, last December.

1985

Polly Robbins worked as a painter on Guillermo del Toro's animated film *Pinocchio*, which won a Golden Globe and an Academy Award. Polly's work was included in a companion exhibit to the film, "The Crafting of *Pinocchio*," at the Museum of Modern Art in New York City.

1986

Hal Studholme exhibited his photography at the Open Eye Cafe in Carrboro, N.C., from Jan. 14 to March 14, 2023.

1987

Since retiring, Mike Keller has been on the road in Arizona and New Mexico. "Look for me in the pop-top Sprinter van, cruising down the highway at a speed slower than most people expect," he wrote.

1988

The Class of 1988 will celebrate its 35th Reunion June 8-11, 2023.

1993

The Class of 1993 will celebrate its 30th Reunion June 8-11, 2023.

1997

During her 25 years with Delta Air Lines, Jen Foley has worked

in three cities and four different departments. She currently works at the airline's global assistance center in Atlanta. Jen and her husband, Victor, rescue animals with Barkville Dog Rescue and Farm of the Free Animal Sanctuary.

1998

Christy Haynes gave a TEDx-Minneapolis talk about her research group's efforts to help solve the global food crisis through the development of nanoparticles. The talk is indexed on the main TED.com website.

The Class of 1998 will celebrate its 25th Reunion June 8-11, 2023.

2003

The Class of 2003 will celebrate its 20th Reunion June 8-11, 2023.

2006

Kenyon DeVault has been appointed executive director of Summer Search Bay Area, a nonprofit youth development organization in Oakland, Calif.

After a decade in Chicago, Chelsey Olsen Smith moved back to the Twin Cities with her husband and 5-year-old son. They live in a "new (old) house" in St. Paul's Cathedral Hill neighborhood.

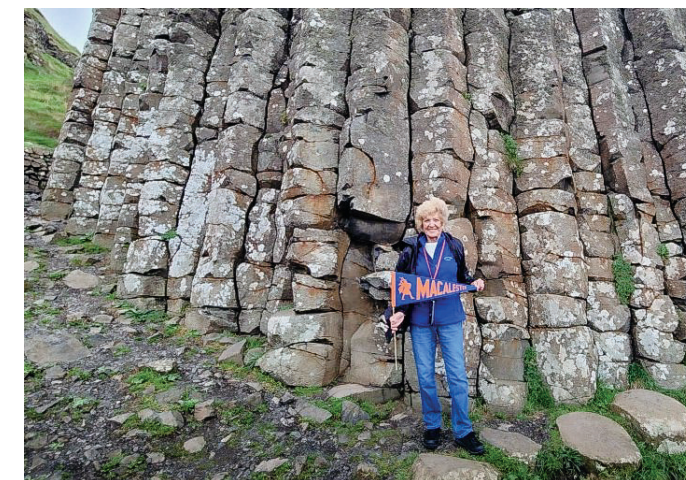
Continued on page 43



Holly Elwood '90 and Margot Zahner '92 celebrated last Halloween "with gusto and lots of 'arghs'" at a pirate gathering in Washington, D.C. Margot's son Silas is a sophomore at Macalester.



Jeffrey Hedenquist '76, Lori Reed '75, and Richard Reed '76 toured the Galápagos Islands with friends and colleagues aboard the Angelito Yacht last December.



Shirl Ahrens '62 recently toured Ireland in the same group as Don Paterson, who was hosted by Macalester in 1959 as a delegate from United College, Winnipeg, to the Canadian American Conference.





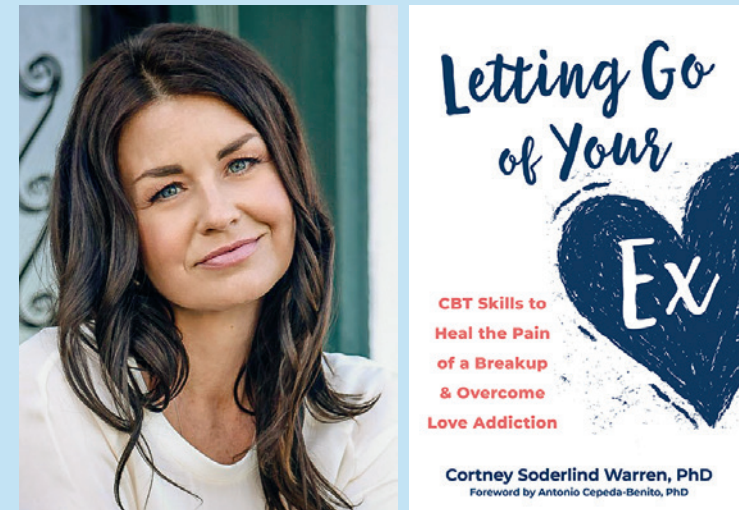
Grace Erny '12 and Joey Frankl '14 collaborated last summer on the Bays of East Attica Regional Survey, an archaeological project in Greece. Grace and Joey first met in 2011 on Macalester's Omrit excavations in Israel. They have since pursued graduate degrees in archaeology and worked together on several field projects in Greece.



An "inadvertent Macalester alumni event" took place on a live-aboard scuba diving boat in the Sea of Cortez, Mexico, when four passengers discovered they shared an alma mater. From left: Yung Yip '82, Gregory Rothman '87, Mike Boom '77, and Ruth Hedlund '82.



After meeting in November just off campus at Tono Pizzeria and Cheesesteaks, Dave Smith '81, Don Miller '81, Patrick Drigans '81, and Bernadette Samanant-McCormick '81 attended a basketball game at Macalester.



Cortney S. Warren '00. *Letting Go of Your Ex: CBT Skills to Heal the Pain of a Breakup and Overcome Love Addiction* (New Harbinger Publications, 2023).

Dr. Warren is a board certified clinical psychologist and adjunct professor of psychiatry and behavioral health at the UNLV Kirk Kirkorian School of Medicine. She spoke with *Macalester Today* about her new book.

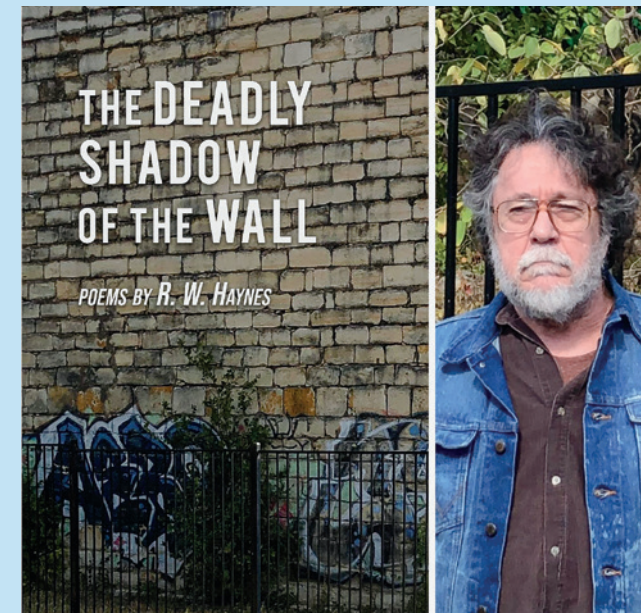
What prompted this book?

In 2014, I gave a TEDx talk called "Honest Liars: the Psychology of Self-Deception" because I truly believe that self-deception is the biggest reason we stay stuck in our lives. In addition to using lots of practical, real-world examples of people lying to themselves, I also used myself in romantic relationships as an example. The response was astounding and unexpected to me—I received so many questions about how self-deception plays a role in romantic relationships and how to overcome it. Eventually, I agreed to write this book to address a growing desire in people to understand romantic love and breakups from an addictive framework focused on self-honesty. My goal is to help people struggling through breakups to use them as a platform for learning and growth.

What is one tool for moving on from love addiction?

One of the most important skills is to challenge self-deceptive thinking about your ex, which we refer to as *cognitive restructuring* in psychological terms. Over the course of your relationship, it's likely that you believed many things about your ex (or current partner) that are making you emotionally stuck on them now. Things like, "They're the best" and "I can't live without them in my life." Although fundamentally not helpful (and also not fully true!), thinking these kinds of thoughts will keep you hyper-focused on your partner before and after a breakup. When the content of your thinking is inaccurate or unhelpful, it's time to practice challenging it. Part two of my book delves into how you can challenge unhelpful thinking and beliefs about your ex. Learn more at DrCortney.com.

PHOTO PROVIDED



R. W. Haynes '73 was recently named a Regents Professor by the Texas A&M University System Board of Regents. In November, he published *The Deadly Shadow of the Wall*, his fourth collection of poetry. "Alapaha Flow" was first published in *The Galway Review*.

Alapaha Flow

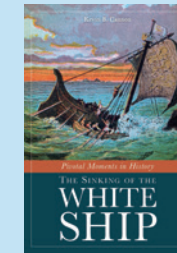
...like a roe
I bounded o'er the mountains...
Tintern Abbey

Sometimes I meet a bounder
Who knew me when I was a rounder;
He grabs my hand
And says "Boy, have a drink!"
Jimmie Rodgers

The story of my life flows through shadowed limestone
With whiskey-looking water rippling over sand,
Going God knows where to sinkholes unknown,
Halting in swamps or making a calm stand
In long dark lagoons whose invisible flow
Finds ominous caves and silent tributaries,
And moccasins and gar, hoot owls by moon-glow,
Tune in to dark music the Alapaha carries.
Old Woodrow Wilson Wordsworth, young at the time,
Returned to the Wye half-devastated,
And wished on his little sister all of the sublime
Feelings he had outgrown but still contemplated.
I nearly drowned in this river one day,
Or did I buy the farm and float away?

—R.W. Haynes

PHOTO PROVIDED

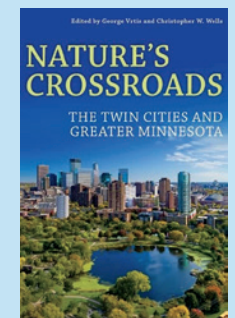


Kevin Cannon '86. *Pivotal Moments in History: The Sinking of the White Ship* (Beaver's Pond Press, 2023). In what he calls a "history book for those who don't read history," Cannon links the titular 900-year-old event to subsequent historical developments, including the dismantling of the Knights Templar and the legalization of golf.

Ashley Allen '21 contributed to DC's *Legion of Bloom* #1, a comic book anthology from DC Comics that went on sale March 1. "I'm featured alongside a huge roster of rockstar writers and artists," Allen says. "I've always been a fan of comics and I was incredibly lucky to have the chance to write a story for Poison Ivy, one of my favorite characters." Allen notes that a visual storytelling class with Professor Matt Burgess rekindled her love of writing: "In the class, we wrote a comic book and I really enjoyed the process, prompting me to look into how to become a comics writer."



Dr. Chris Wells, professor and chair of environmental studies, co-edited a new book titled *Nature's Crossroads: The Twin Cities and Greater Minnesota*. The book features an interdisciplinary team of distinguished scholars who aim to fill gaps in Minnesota's environmental history.



"The environment is in everything, even in cities, even in places where all you see is concrete and human ingenuity," Wells says. "As a discipline, environmental history highlights the ways that we're bound together, both in ways that we can see and also in ways that are largely invisible unless you know where to look. We're all living inside the same ecosystems, but all too often we're not aware of the ways that we depend on them or the ways we remake them as we go about our everyday lives."

AFTER MACALESTER: WISE WORDS FROM ALUMNI

With a mission of connecting students and alumni with opportunities to explore and advance their career interests, the Alumni Board's Career Connections working group offers alumni panel discussions, an internship database, and career-oriented clubs. Now the group is developing a collection of advice from alumni aimed at recent graduates.

Diane Saber '78, who has chaired the working group for the past year, leads this new project. Her trailblazing career as an environmental microbiologist has taken her around the world and paved the way for new milestones in renewable energy. Saber got her start as a biology and geology double major at Macalester, later earning a MBA and a PhD in microbiology. She traces many formative experiences to her time at Macalester, from studying abroad in London and Florence to learning the value of nurturing her artistic side, along with her deep love of science. We spoke with Saber about the group's goals and how recent graduates can benefit from their work.



Vision

"People sometimes think about Career Connections in terms of hiring other Mac people for jobs where they work. But that's only one part of it. You have to establish yourself within a corporation before you can bring in your cohort, so that approach can be limiting. Your first couple of years post-graduation are supposed to be a foray into the unknown. You have to explore yourself as well as the job universe before you come to terms with what you are going to do next. We think our working group can be helpful in navigating those uncertainties."

In the Works

"We're creating a document of advice for students who are one to ten years out. We've cast a really wide net, asking for perspectives from all classes, whether you're out a year or sixty. The advice that comes back—it's so good. Some of it has to do with a specific career, some of it is just the nuts and bolts of getting a job. My slant was more on understanding your 'why.' The expression goes, 'People don't buy what you do, they buy why you do it.' Finding out your personal 'why' is your own journey. That is where you find the connections to what you do in your life."

—Talía Bank '23

Learn more about the Alumni Board at macalester.edu/alumni/alumniboard



Sarah Gotwals '16 and **Josh Weiner '16** were married Sept. 10, 2022, in Minneapolis, in a ceremony officiated by Macalester English professor Matt Burgess and attended by more than two dozen Macalester alumni. Standing, from left: **Lucy Westerfield '15**, **Wensday Berman '18**, **Ivy Bardaglio '16**, **Rothin Datta '16**, **Patrick Murphy '12**, **Alec Shub '16**, **Joe Klein '16**, **Reavey Alcott Fike '16**, **Claire Mercer '16**, the bride, **Alex Dolabi '16**, the groom, **Cory Stern '16**, **Alex Bartiromo '16**, **Tom Wakin '16**, **Bailey Polonsky '16**, **Zoe Haas-Biel '19**, **Victor Bordo '16**, **Soren Dudley '16**, **Grady Olson '16**, **Tyrone Lall '16**, and **Ben Vargo '16**. Seated in front: **Emily Muscat '16**, **Shay Gingras '17**, **Anna Van Sice '16**, **Margaret Mulligan '17**, **Rachel Banen '16**, and **Jake Meltzer '17**.



At her wedding in Latvia, **Elizabete Romanovska '19** was joined by several Macalester friends. Pictured: **Tristan Springer '18**, **Alia Benedict '19**, Elizabete, her brother **Ralfs Laškovs**, **Raney Bice '19**, **Alison Gammons '19**, and **Sam Brancazio '19**.



Eve Woogen '12 and **Zachary Kamm** were married July 24, 2022, in Minneapolis. Rabbi **Rebecca Hornstein '13** officiated, and **Nora Rose Hencir '12**, **Katie Purdham '12**, **Clare Pillsbury '12**, **Danielle Hudrlik '12**, **Joshua Smith '12**, and Macalester classics professor **Nanette Goldman** joined them to celebrate.



Camille Kroll '14 and **Christian Lowrie '14** were married Sept. 2, 2002, in Chicago. The bridal party included **Daryl Cartas '14**, **Steven Sha '14**, and **Carina Lei '14**.

David Bole '90

In 1991, David Bole's dad faced a choice. The investment company where he worked had been sold, and he had to either move with the company, or do something different. That's when Dave Bole '90, his father, and his brother decided to open Bicycle Chain, a bike shop in Roseville, Minn. An economics major, Dave had worked at a bike shop during college. The Bole family worked together at Bicycle Chain for several years, before Dave took it on himself. He's now been its owner and manager for twenty-seven years. On a typical day, he spends his time ordering products, paying bills, and helping customers. "There are a lot of different skills you need to learn, and there's no instruction manual," he says. Bole shared some of the work lessons he's learned over the years.



Stay interested

We had a Dutch commuter bike from the 1940s in our repair shop. It had skirts around the wheels because women used to ride their bikes to work wearing dresses, and the skirts kept their dresses from getting caught in the spokes. We had to un-sew the skirts and then sew them back on after we were done fixing the bike. That bike was in one work stand, and in the neighboring work stand we had a bike that was hooked up to a laptop getting a software update—two ends of the spectrum. Being interested helps keep your knowledge base high.

Social isn't for everyone

There is a lot of pressure to have a social media presence these days and nobody that works in our store full-time really engages with social media, which makes it difficult. We rely on other strategies for connecting with customers such as word of mouth, getting involved in the cycling community, and volunteering at charity events such as the MS Society bike rides.

Honor your lifestyle

There are plenty of templates for doing cash flow projections and market analysis. The harder part of it is defining success. What brings you happiness or satisfaction in the job? Over the years, I've had lots of opportunities to expand, and I have been tempted. But I've always said no because I really value the lifestyle that I have. If I had multiple stores, I wouldn't be able to ride my bike to work. Trying to define that and work toward that goal keeps you in the game longer.

Ride a bike

When you're writing a business plan, you don't really address time management. Your time gets so divided among customers, and employees, and vendors, and phone calls. When we opened Bicycle Chain there was no email. The only way you could get ahold of us was the store's phone number. Now you have multiple email accounts, messaging, social media. It's really hard to tune out sometimes. Biking and other exercise is a big part of relieving that stress.

Adapt, but try not to sweat it

There have been more changes in the past year in how you do business than probably the past twenty-five years. Our vendors have become our competition because they are all transforming to a model where they sell bikes direct to customer. We've invested a lot more money in our website so people can see our inventory. We also get orders now direct from our vendors where customers shop on the vendor's site and we facilitate the sale. We've been open to working with them, but you wonder, is this good for the long term? The way people shop and the way they interact has changed dramatically over the past three years. The hard part is that it's so out of your control. So far, it's worked out for us. I try not to think about it too far into the future.

Be welcoming

Part of the reason people are buying bikes online is that a lot of bike shops haven't made it fun for customers to shop. It's a very young and a very male world. Sometimes shops don't understand that not everyone wants to dress or bike a certain way. There are as many different ways to use a bike as there are people. It's important to have a shop with diverse people and an atmosphere that's welcoming.

PHOTO PROVIDED

Ezequiel Jimenez Martinez '13

has immersed himself in the world of human rights and international justice during and after his time at Macalester. As an undergraduate, Martinez double-majored in international relations and political science, concentrating in human rights and humanitarianism. He studied abroad in The Hague and Maastricht, in the south of the Netherlands, experiencing firsthand the practice of international law and pursuit of justice.



Martinez's post-Macalester path has taken him on a journey of further academic pursuit as well as hands-on practice at the intersection of law, justice, and nonprofit operations. From Argentina to Sweden, Norway, the United Kingdom, and Spain, he has connected with a worldwide network of Macalester alumni, embracing Macalester's emphasis on internationalism and global vision. He is currently lead advisor for movement building at Amnesty International.

Today, as Alumni Board president, he's using his experience to grow a new program that helps current students create connections when they study abroad.

What is the International Connections program?

I moved to Barcelona six months ago, and the plan is to develop the Macalester community here and in other cities. We will be hosting a Mac in Your City event, and we're also telling students who are coming to Spain to study abroad that there are alumni here that can take them for coffee or organize a gathering. Macalester has alumni all over the world—it's a matter of utilizing that.

How can alumni get involved?

If you live abroad and are interested in connecting with Macalester students and alumni, please email us at alumnioffice@macalester.edu. And make sure to keep your contact info up to date on Mac Direct at macdirect.macalester.edu.

Why do you volunteer?

It's a great avenue to keep in touch with the school, to continue helping students with whatever they need, to bring alumni closer to the school, and also to learn. You're aware of a lot of things from a student perspective, but once you're out a few years, you begin to appreciate and also understand how organizations work. So to me, it continues to be super fulfilling. —Talia Bank '23

Continued from page 37

2007

Molly J. Bowen has been named a partner of Cohen Milstein Sellers & Toll. A member of the law firm's securities litigation and investor protection practice, Molly was involved in shareholder derivative actions against the boards of directors of Alphabet and Pinterest and is currently working on litigation against Wells Fargo related to consumer fraud.

Andrea Gregory received the Ellis Island Honors Society's Beacon Award in January in recognition of her work as chief operating officer of Nillam Logistics and her philanthropic work with students in need, the recovery community, and under-represented political groups.

PHOTO PROVIDED

2008

The Class of 2008 will celebrate its 15th Reunion June 8–11, 2023.

2011

Kevin Finnegan and Anna Henriquez welcomed their first child, Henry Roman Finnegan, on Dec. 5, 2022. They live in Chicago's Logan Square neighborhood.

2013

The Class of 2013 will celebrate its 10th Reunion June 8–11, 2023.

2014

Romi Dehler looked forward to completing her first year at the University of Texas at El Paso, where she is assistant director for leadership, inclusion, and engagement.

2017

Attorney Sequoia Butler has joined the law firm of Arthur, Chapman, Kettering, Smetak & Pikala, P.A. in Minneapolis. Her practice focuses on insurance coverage. She graduated from the University of Wisconsin Law School, where she was senior managing editor and diversity liaison for the *Wisconsin International Law Journal*.

2018

The Class of 2018 will celebrate its 5th Reunion June 8–11, 2023.



Grace Ablan Martinovic '16 and Marko Martinovic '15 welcomed a baby boy in August 2022. Stefan Krgovic '16 was named godfather, and Michael Ablan '13 and Beth Moretzsky '13 traveled to Belgrade, Serbia, to celebrate the baptism in November.

1942

Cecile Eng Cover, 101, of McLean, Va., died Jan. 11, 2023. As one of the first women to join the Navy WAVES, Cover served with the Bureau of Ordnance in Washington, D.C., during World War II. She was later an Army wife. Cover is survived by three sons, two grandchildren, and two great-grandchildren.

1944

Graden J. Grobe, 98, died Jan. 21, 2020, in Duluth, Minn. He served as pastor of five different Presbyterian churches during his career and was appointed executive director of the Duluth Bethel Society in 1953. Grobe founded Agape House of Hope, where he served as chaplain, and was also a chaplain at the Duluth Federal Prison Camp. He recorded three vocal albums and co-founded WWJC, a Christian radio station in Duluth. Grobe is survived by three children and four grandchildren.

1950

Robert A. Anderson, 95, of Roseville, Minn., died Jan. 3, 2023. He served with the U.S. Army in Japan and taught math in public schools in Pine City, Minn. After working for a number of small businesses, Anderson was employed by Honeywell for many years. He is survived by three children, five grandchildren, five great-grandchildren, and two sisters. He was also survived by his wife, June Trumble Anderson '51, who died Feb. 4, 2023, at the age of 92.

Janet Raney Willard Burns, 94, of Lakewood, Colo., died Dec. 24, 2022. She was a homemaker and taught kindergarten in the Denver Public Schools. Burns is survived by two daughters and sister Nancy Raney Sahler '56.

Curtis S. Hill, 97, died Dec. 25, 2022. He served with the infantry on the front lines in France and Germany during World War II. Hill taught business for 32 years in Roseville, Minn., and

started a recovery program with the Roseville Youth Development Project. He is survived by his children, Steve Hill '75 and Bonnie Hill Eldridge '79, three grandchildren, and four great-grandchildren.

Edwin L. Stickney, 95, died Dec. 23, 2022, in Billings, Mont. He served in the military during the Korean War and founded a family medicine practice in Broadus, Mont., in 1955. Stickney practiced in Miles City from 1961 until 1998 and retired in 2000. He is survived by three children, four grandchildren, six great-grandchildren, and a brother.

Wanda DeMersseman Whiting, 95, died Nov. 28, 2022. She served as an election judge, worked for political candidates, and volunteered as a high school handwriting teacher. Whiting is survived by five children, 10 grandchildren, and 20 great-grandchildren.

1951

Ralph H. Swanson, 94, of South St. Paul, Minn., died Dec. 1, 2022. He served as a corpsman in the U.S. Navy. After entering medical practice with his brother, Swanson launched Westview Clinic in St. Paul and practiced family medicine there for 38 years. He also served as organist and choir director for several local churches and recorded several of his own musical compositions. Swanson is survived by two daughters, four grandchildren, and a great-grandson. His wife, Helen Sloan Swanson '52, preceded him in death on Dec. 19, 2020, at the age of 90.

Ruby Marohn Webster, 93, died Dec. 9, 2022. She taught music in Mad River Township and Riverside, Ohio. Webster is survived by four children and five grandchildren.

Joyce Petersen Youngren, 93, of Battle Lake, Minn., and Mesa, Ariz., died Dec. 2, 2022. She taught adult education classes and high school home economics, supervised student

teachers, and served on a state committee that developed a family life and sex education curriculum for primary and secondary schools. Youngren is survived by her husband, Vern, three daughters, four grandchildren, two grandchildren, and a brother.

1952

Earl R. Jagger, 95, of Roseville, Minn., died Nov. 25, 2022. During World War II, he served with the U.S. Army Air Forces. He later worked in life insurance. Jagger is survived by five children, 12 grandchildren, and six great-grandchildren.

Mary Hiebert Mewes, 92, died Dec. 3, 2022. She was a high school Spanish teacher and reading specialist in Great Falls, Mont., and taught English as a second language to adults. Mewes is survived by four children and four grandchildren.

Judith Davis Oehler, 91, of Naples, Fla., died Dec. 24, 2022. She served as elder and deacon in her Presbyterian church and sang in church choirs for more than 70 years. She is survived by her husband, Bill Oehler '52, three children, three grandchildren, and many great-grandchildren.

1953

C. Eugene Borg, 95, died Oct. 10, 2022, in Maple Plain, Minn. He is survived by a daughter, a son, and a grandson.

Edward H. Borkon, 92, of Minneapolis died Dec. 3, 2022. He served in the U.S. Marine Corps and Army. After practicing law with the Legal Aid Society of Minneapolis, Borkon joined the firm of Schermer and Gensler, where he became a named partner and practiced for many years. He argued before the U.S. Supreme Court. Borkon was a member of Macalester's Alumni Board.

Warren C. Erickson, 91, of Edina, Minn., died Dec. 2, 2022. He served with the U.S. Army in

Europe as a counterintelligence officer and worked for TWA and Northwest Airlines. He also flew for two years with Air America, the clandestine airline operated by the CIA to support covert operations in Southeast Asia. Erickson is survived by his wife, Maxine Rossini, and had two children and six grandchildren.

Kathryn Schimelpfenig Morgan, 91, of Chaska, Minn., died Jan. 15, 2023. She worked as a family counselor in California, Wisconsin, and Florida, and provided hospice care. Morgan is survived by four children, five grandchildren, four great-grandchildren, and a sister.

1954

Joanne Storch Gerrish, 96, of Minneapolis, died Dec. 30, 2022. She taught at Breck School and Kenwood Elementary School and worked in community education administration. Gerrish is survived by two sons, four grandchildren, and two great-grandchildren.

1955

Judy Alton Peterson of Westmont, Ill., died July 16, 2022. She is survived by three children and four grandchildren.

1956

Beverly Post Almquist, 89, of Golden Valley, Minn., died Oct. 9, 2021. She is survived by her husband, James, four children, 10 grandchildren, two great-grandchildren, and two siblings.

Nancy George Cooper, 88, died Oct. 15, 2022. She worked for the Kaiser Permanente Medical Program in California as an emergency room nurse, a nursing services supervisor, and director of nursing for Kaiser Santa Teresa Hospital. She then worked in licensing and care facility complaint investigation with the State of California. Cooper is survived by her husband, Don, a daughter, a son, three grandchildren, two great-grandchildren, and brother Kris Ronnow '59.

Nancy Wold Flathman of Marin County, Calif., died in October 2022. She taught elementary school, served as music director for several churches, and retired as a reading specialist with the Baltimore County Public Schools. Flathman is survived by three daughters.

Thomas N. Twaites, 87, of Farmington, Minn., died Jan. 16, 2022. Twaites was staff psychologist and director of psychological services at Hastings State Hospital. He also worked as a consultant with the Hazelden Foundation, the Minnesota Department of Corrections, and several school districts. He is survived by his wife, Marion Sherwood Twaites '57, a daughter, a son, four grandchildren, and a brother.

1957

Arthur H. Fredrickson, 87, died Jan. 10, 2023. During his career with the U.S. Navy, he received many awards, flew more than 4,000 hours as a fighter pilot, and served in Vietnam and many locations in the United States.

After retiring from the military as commanding officer of the aircraft carrier USS Ranger, Fredrickson piloted commercial passenger planes for about a decade. He is survived by three daughters, 11 grandchildren, and 10 great-grandchildren.

William E. Herber, 87, died Feb. 6, 2023. He served for 20 years in the U.S. Army Medical Service Corps as a logistics officer and hospital administrator in the United States, Europe, and Asia, and was in Vietnam during the Tet Offensive. After retiring from the Army, Herber worked in administration at St. Vincent Hospital and the Muncie Eye Center, founded and served as president of the Indiana Federation of Ambulatory Surgical Centers, and was general manager of the Greater Indianapolis Foreign Trade Zone. He is survived by his wife, Ilonka, a daughter, and a granddaughter.

1958

William J. Lynch, 86, of St. Paul died Aug. 12, 2019. He worked in the liquor industry

for more than 55 years. Lynch is survived by his wife, Mary, five children, nine grandchildren, and two sisters.

Larry E. Teien, 86, of Greenfield, Minn., died Jan. 18, 2023. He pursued a career in public relations with various corporations and served as president of the Minnesota Public Relations Association. Teien also chaired the Hennepin County committee in charge of public services at the University of Minnesota. He is survived by two daughters, two granddaughters, and two brothers.

David C. Todd, 86, died Dec. 7, 2022. He served with the U.S. Navy as a lieutenant in the Office of the Judge Advocate General and was general counsel of the United Planning Organization in Washington, D.C. Todd joined Patton Boggs LLP in 1969 and was named a partner of the firm in 1973. He argued before federal appeals and district courts as well as the U.S. Supreme Court. Todd is survived by a daughter and two grandchildren.

James Q. Young, 86, of Elk River, Minn., died Dec. 14, 2022. He taught school in Minnesota and created art from found objects. Young won first prizes for fine art at the Minnesota State Fair and for ice sculpture in the St. Paul Winter Carnival. As a sculptor, he received the Prescott Award, which recognizes Christians in visual art. Young and his wife, Joyce Bebensee, had four children and 14 grandchildren.

1960

Jim Gloss, 87, died Jan. 2, 2023. He served for two years in the U.S. Marine Corps, worked as a school psychologist, launched a real estate firm, and established a welding school. Gloss is survived by his wife, Harriet Fogelson Gloss '58, three children, 15 grandchildren, 23 great-grandchildren, and a sister.

James A. Simning, 84, of White Bear Lake, Minn., died March 12, 2022. He is survived by two children, five grandchildren, and special friend Rosemarie Manders.

WELCOME BACK TO MAC!

Join your fellow alumni for Reunion 2023, June 8–11.

Make new traditions, connect with friends old and new, and experience that special moment of returning to the campus where it all began.

Reunion 2023 will include Scots Pride Reunion, the American Studies 20th Anniversary Celebration, and milestone class reunions.

Everyone is welcome, regardless of class year.

Register now at macalester.edu/reunion.

REUNION JUNE 8–11, 2023

Elisabeth Svendsen, 84, died July 29, 2022. She was a teacher.

1961

Robert B. Jones, 79, of Shoreview, Minn., died Jan. 28, 2020. He is survived by his wife, Carolyn, two daughters (including Alison Jones '91), and three grandchildren (including Vincent Mouglin '20).

Dennis P. Raasch, 83, died Dec. 23, 2022. He served in the U.S. Army in Germany and retired in 2004 after a 35-year career as a salesman and manager for several companies. Raasch is survived by two sisters and a brother.

1962

Peter W. Magistad, 82, died Dec. 3, 2022. He worked as a data processing manager for State Farm Insurance for 36 years. Magistad is survived by his wife, Diane Peck Magistad, three children, a grandson, and a sister.

1963

Donna L. Hornung, 81, of Lemmon, S.D., died Feb. 1, 2023. She served in the Peace Corps for two years in Borneo and worked at hospitals in the United States and London and in a research laboratory in Hamburg, Germany. Hornung retired after 25 years at West River Hospital.

Nancy Angelici Marceau, 81, died May 24, 2022. She is survived by her husband, Gerald, two children, four grandchildren, and two brothers.

Karen Smith Morgan died Jan. 12, 2023.

V. David Rodger Jr., 81, died Dec. 8, 2022. He was a foreign student advisor at Macalester and assisted with the college's international programs. Rodger then worked with immigrants and refugees as executive director of the International Institute of Greater Lawrence from 1971 to 1982, becoming

known for his efforts in resettling Vietnamese refugees. He opened Andover Books in Andover, Mass., in 1983 and owned and managed the antiquarian bookstore for 25 years. Rodger is survived by his wife, Katharine Kinnear Rodger '66, two daughters, and three grandchildren.

1964

Thomas L. Olson, 78, of Las Cruces, N.M., died Sept. 29, 2020. He taught at the University of Nebraska and joined the history department at Mankato State University. Olson also was part of a University of Minnesota research team on geopolitical projects and worked in fundraising and development for Twin Cities nonprofits. After his retirement in 2005, Olson wrote scholarly articles on Minnesota history and published *Sheldon's Gift*, a book about the history of show business in Red Wing, Minn. He is survived by his wife, Eliza-

beth, two daughters, and five grandchildren.

1965

Brian T. Wruck, 79, of Conway, S.C., died Nov. 21, 2022.

1967

Carol Soine Carter, 77, of Coon Rapids, Minn., died Nov. 28, 2022. She taught physical education and speech at schools in West Concord, Minn., and Minneapolis and retired after 25 years with the hospital library at North Memorial Medical Center in Robbinsdale, Minn. She is survived by her husband, Kay, two sons, five grandchildren, and three brothers.

William E. Johansen, 78, of Salem, Ohio, died Nov. 20, 2022. He worked in the insurance industry and was a business owner. Johansen is survived by his wife, Bonnie, two daughters, sister Marlys Johansen Simons '62, and a brother.

// OTHER LOSSES



Thomas L. Faix, of Detroit Lakes, Minn., a professor of education at Macalester in the 1960s and 1970s, died Jan. 30, 2023. He was 97. Faix also taught at the University of Minnesota, St. John's University, and Minnesota State University-Moorhead. Additionally, he was a public school teacher, a principal of schools on the Pine Ridge and White Earth Reservations, and a guest newspaper columnist.

1968

Craig G. Nobbelin of Grand Rapids, Mich., died Nov. 15, 2022. He served for two years with the U.S. Army in Vietnam. Nobbelin worked for the Alliance for Health, helping to create cost-effective plans for local health care services and facilities, and worked as a consultant for the State of Michigan's Worksite and Community Health Promotion program. He is survived by his wife, Mei Chow, a daughter, sister Gail Nobbelin Marsch '63, and a brother.

Northfield, Minn. She taught kindergarten and elementary school in Minnesota and Iowa for 15 years, served on her local school board, and worked as an administrative aide at St. Olaf College. Ellingson is survived by her husband, Bernhard, three sons, nine grandchildren, six great-grandchildren, and a brother.

Grace Saumur, 99, died Nov. 15, 2022, in St. Paul. She taught in many Province schools in Minnesota and did clerical work at Carondelet Center and the St. Joseph Administration Center in St. Paul. Saumur is survived by two sisters.

1970

Robert J. Douglas, 74, of St. Paul, died Dec. 1, 2022. He is survived by his wife, Susan Middleton Douglas '69, three daughters, two sons, 17 grandchildren, and a sister.

Gregory K. Schaffner, 74, died Dec. 25, 2022. He was an author, musician, classical composer, and woodworker and carver. He is survived by his wife, Pat, two children, two granddaughters, a sister, and two brothers.

1971

Tracy L. Dalton, 73, died Jan. 16, 2023. She worked in mental health counseling and family services and did hurricane recovery volunteer work in New Orleans. Dalton is survived by a son, two grandchildren, and three brothers.

1973

Margaret Ahrens Ellingson, 84, died Dec. 30, 2022, in

board of Baxter Credit Union, an advisory board member for Abbott Capital Management, and director and treasurer of the Baxter International Foundation. He is survived by his wife, Yvette, a daughter, a son, two sisters, and two brothers.

1977

Scott M. Jefferson, 69, died Oct. 23, 2022. He practiced law in the Twin Cities and pursued a career as a professional actor, appearing on stage and in films and television shows. Jefferson is survived by his wife, Alice, two sisters, and a brother.

1978

James A. Gans, 70, died Jan. 29, 2023. He played with numerous traditional music ensembles (including the Northern Star Ceili Band), explored Irish fiddle music and Quebecois music, and performed in the duo Fiddle 'n' Feet with his wife, Tamara Loewenthal. Gans also hosted "The Celtic Road," a program on WFHB Community Radio. He is survived by his wife, two stepchildren, three grandchildren, and four siblings.

1980

Susan E. Clifford, 64, of Afton, Minn., died May 13, 2022. After 40 years with the 3M Company, she retired as supply chain director. Clifford is survived by her husband, Gregory Pennella '81, two children, two grandchildren, a sister, two brothers, and her mother.

1981

Kathryn Wells Paauw, 63, died Jan. 17, 2023. She worked in the development office at the University of Michigan School of Music and was director of development for the greater Seattle YMCA. Additionally, Wells Paauw launched her own business, Paaufferfully Organized. She is survived by her husband, Doug Paauw '80, a daughter, and a sister.

1983

Mary H. Ketzler, 87, of Drammen Town, Wis., died July 6, 2022. She was a certified special education teacher who worked at schools in Minnesota and Wisconsin. She is survived by four children, six grandchildren, 12 great-grandchildren, and a sister.

Carrie J. Legus, 61, of Walden, Vt., died Jan. 27, 2023. She practiced law in Montpelier, Vt., with the firm of Legus & Bisson and wrote for the *Vermont Law Review*, the Defense Research Institute, and the American Bar Association. Legus also did editorial work for the University of Minnesota Institute for International Studies and the *Yale Law Review* and translated Spanish poetry and philosophical writing for numerous journals. She is survived by a son, a sister, and a brother.

2016

Anthony Marshall Simone, 29, died Jan. 6, 2023, near Grand Junction, Colo. He worked at the Stinson Law Firm in Minneapolis and was a tax associate with the RSM accounting firm at the time of his death. Simone is survived by life partner, Raya Israelson, his mother and father, and a sister.

IN-PERSON AND ONLINE

MAC IN YOUR CITY

SEPTEMBER 21–23, 2023

We've missed gathering together—let's reconnect, share memories, and start new conversations!

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Springfest

A survey to plan 1992's Springfest declares: "People do wear their Springfest T's after Springfest. Check out the designs from past years. Last year's has a neon green 'sun' on the front, 1990 was an Aztec theme, 1989 was the naked people, and 1988 was little stick figures partying on a big Springfest logo. Please send us your ideas for this year's shirts..How many people want a tie-dye and do you want it premade or do you want to have a tie-dye workshop so you can make your own?"



Macalester has only two Springfest T-shirts in its archival collections. Please consider donating your Springfest T-shirt to the archives.



What are your memories of Springfest? Share them with us at archives@macalester.edu!

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CHANGE SERVICE REQUESTED



The Macalester Pep Band invited members of the Mac community to play with them and help cheer on the men's basketball team at a winter game in a loud and lively Leonard Center.