

Psycho-Babble

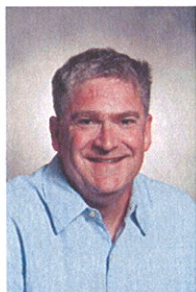
MACALESTER



March 2013

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Chair Talk from Brooke It's hard to believe that it's March already, and that Spring Break is only about a week away! The fresh blanket of snow we got this week certainly doesn't help. This is an exciting time around the department as we make course schedule plans for next year. We're delighted to announce that Julia Manor and Anna Peterson will be coming back full time next year. We also expect to announce soon some new topics courses that we hope to offer next year. Keep your eyes open for such announcements in a future Psycho

Babble.

Speaking of announcements in Psycho Babble, it would be helpful for us to know how many of you actually read this newsletter, and whether it's an effective vehicle for communicating with our majors. So, if you're reading this, please click on this link (lolson4@macalester.edu) put "PsychoBabble" in the subject line and let our department coordinator Lee Olson know that you've seen this message. If you also want to include something about how often you read Psycho Babble, that's great but not necessary. Thanks for helping us figure out the best way to reach out to you with news about the department and major.

Best Wishes for March, and Happy Spring Break!

Message From: Emily Balcetis

Assistant Professor of Psychology, New York University

New York University's Social Perception Action and Motivation Lab, run by Dr. Emily Balcetis, is inviting applications for the 2013 Summer Undergraduate Internship in New York City. This 8-week, research intensive experience intends to offer students hands-on training experiences with research methods, data analysis, presentation, and writing in various domains within social cognition, including but not limited to: relationships, jury decision making, emotion regulation, perception, social judgment, etc. Please visit the lab website for more information and a copy of the application.

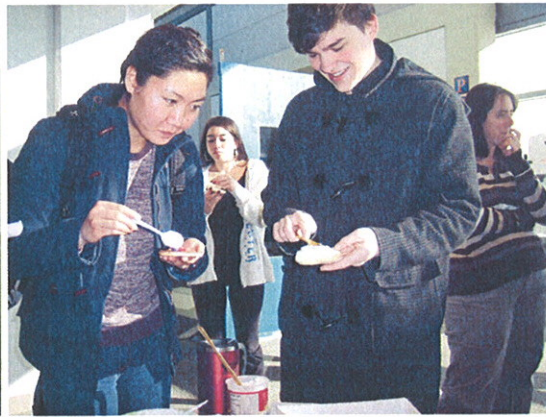
We particularly invite undergraduate students from liberal arts and community colleges, historically Black colleges and universities, members of underrepresented groups in the sciences, and students with limited opportunity for research at their home institutions.

APPLICATIONS DUE APRIL 12 Website: <https://sites.google.com/a/nyu.edu/nyu-spam-lab/home>



Cookie Treats!





Important Dates to Save:

Macalester First Aid presents Tai Mendenhall - March 28th 11:30 am-1:00 pm Tai is an assistant professor from the University of Minnesota who specializes in traumatology and the utilization of family and marriage and therapy in mass casualty settings, to talk about Psychological First Aid. He is a certified trauma responder and has worked with survivors of the many disasters including the Indian Tsunami in Sri Lanka, the bridge collapse six years ago, 9/11, and Hurricane Katrina.

Psi Chi Induction - Tuesday, April 9th 5:00 Juniors and Seniors with GPAs of 3.65 or higher are invited to join Psi Chi, a national psychology honor society. Please watch for an email.

Psych Information Lunch - Thursday, April 11th 11:30 This lunch is for first and second year students who are considering a psych major but would like more information about the department. The first half of the lunch is a presentation by faculty in the department who talk about their courses and research. They then leave for another meeting and senior majors will answer questions about the department and major. Please RSVP to Lee for the lunch.

Spring Dinner - Monday, April 15th 5:00 - 6:30 Smail Gallery Anyone taking a psych class is invited to the Spring Dinner. It's a delicious catered meal from an Italian restaurant. We'll have a trivia contest with prizes and some awards and introductions. Please RSVP to Lee to attend.

MUPC - Saturday, April 20th St. Thomas University, St. Paul. This year's keynote speaker is Dr. Sarah Gervais, from the University of Nebraska. Dr. Gervais is a social psychologist who is interested in intergroup processes and prejudice, and features an interdisciplinary approach, approaching the problem from a multitude of perspectives, including social psychology, cognitive psychology, law psychology, and women's studies. You can read more about her work:

<http://subtleprejudicelab.wordpress.com/>

MPA Distinguished Lecture - James Jackson -

Wednesday, April 24th 7:30 in Weyerhaeuser

"Perceived Discrimination and Well-Being among African American and Caribbean Black People"



Study Abroad Panel Lunch



Will Johnson - moderator, Katie Fleckenstein, Elise Hollinger, Mela Still, Evan Myers and Jonathan McJunkin shared study abroad experiences with students at a lunch in February.

Students back from a Fall semester away for study abroad shared their experiences and insights with fellow students at a pizza lunch in February. All were grateful for the experiences they had and would encourage others to consider a semester away.

Specific insights included: if considering Oxford, opt to go in the Spring instead of the Fall because of the timing of their trimesters; consider your timing in Northern Europe - in the Fall semester, it gets dark so early it's depressing. A student in Sweden had daylight from 10:00 a.m - 2:00 p.m. daily and said it was hard to be active in the cold dark evenings. A student studying in Copenhagen recommends the Fall semester because you start in nice weather and leave in bad weather (versus the spring where you come when it's horrible and leave when it's getting nice). All students (except the student who attended Oxford) said that academically the work was much easier than Mac. Students appreciated this as they had time to travel and explore the culture of the country they were visiting. Overall, everyone wished they had met more people from the host countries (not just in their programs) and advised making the effort to find activities to do that would encourage this. Those students who had host parents and families experiences felt that was extremely valuable. Sami from the Study Abroad Office reminded students that they have a list of options for psych majors to consider when deciding where they want to go.

Mesmerizing Major - MacKenzie Speer

Favorite Movie: Life Is But a Dream

Favorite Book: Zeitoun

Favorite place to eat in the Twin Cities: The Blue Door

What do you do when you are not studying? You can find me at my house watching Girls and eating kale

Where did you grow up? Madison, WI

Interesting fact about your hometown: It's an isthmus!

Tell us something about your family: We blame everything that goes wrong on our cat

Tell us something that you are pleased with or proud of about yourself: I elected to stay at Macalester this semester instead of studying abroad.



Thanks Shaina



S'mores Friday Social

SUMMER FELLOWSHIP OPPORTUNITY – APPLY NOW

Youth Organizations Umbrella (Y.O.U.) is pleased to announce its Inspire Fellows Program for the summer of 2013. The fellowship offers graduate and upper-undergraduate students a full-time opportunity to learn best-practices in youth development and to prepare for a career in youth development, education, or the non-profit sector.

Inspire Fellows serve as workshop leaders and counselors for Y.O.U.'s 9-week summer program. Fellows are chosen to develop and facilitate specific workshops in one of three areas: arts and literature, STEM (science, technology, engineering, and math), or recreational activities. Additionally, all fellows help lead discussions and workshops on life skills topics.

Primary responsibilities of Inspire Fellows include:

- Develop and facilitate youth activities in your chosen area that promote academic, social, and emotional development.
- Supervise youth activities in a safe, sensitive, developmentally appropriate, positive manner.
- Maintain positive, supportive relationships with youth.
- Nurture supportive relationships with parents, school administrators, teachers, students, and community representatives.
- Develop and maintain good working relationships with supervisors, coworkers, and volunteers within Y.O.U., and with others in the community who offer information about, resources for, or services to young people in Evanston.
- Maintain timely and accurate records concerning youth participation and outcomes.
- Identify and recommend opportunities for continuous improvement in Y.O.U. programming.

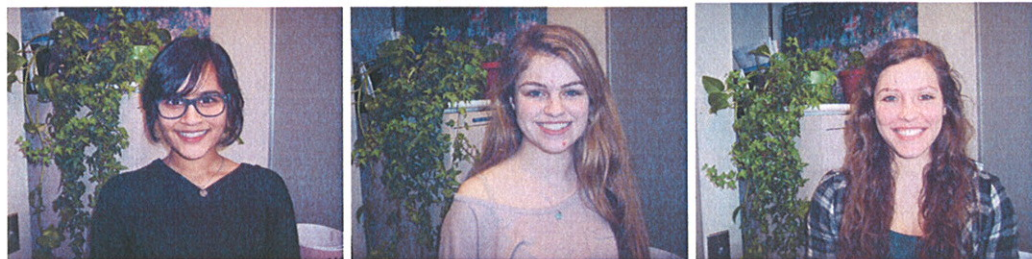
The Fellowship experience offers a unique opportunity for growth for students thinking about a career in youth development, education, the arts, or non-profits. Fellows have close supervision of their work and are provided with both formal and informal feedback to help them grow. In this way, fellows develop their leadership skills, enhance their understanding of youth development, and build their non-profit management skills.

The Fellowship runs full time from June 10 through August 16. The first week offers Fellows a comprehensive orientation and training on Y.O.U., non-profit management, and positive youth development. The next nine weeks consist of high-impact summer programming.

The Fellowship offers a stipend of \$1,000. (Y.O.U. is also glad to provide documentation to any students who receive support from their universities for summer employment with a non-profit organization).

For more information and to apply, visit www.inspirefellowsprogram.org. For questions, contact Kathryn Cai at kathryn.cai@youevanston.org or 847-866-1200 ext. 247.

Welcome New Majors



David Leipold '16 Savage, MN Psych & NS
Jennie Kim '15 San Ramon, CA Psych
Alex Ropes '16 Pella, IA Psych
Madeline Arbisi '14 Stillwater, MN Psych
Elizabeth Arsenault '15 New York, NY Psych
Laura Myers '15 St. Paul, MN Psych
Myriem Benkirane '15 Casablanca, Morocco Psych
Marieke Monaghan '15 Portland, ME Psych
Marium Ibrahim '16 Karachi, Pakistan Psych
Rachel Pickett '15 Dallas, TX Psych
Judy Syrkin-Nikolau '15 Ames, IA NS

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