



October 2017

IN THIS ISSUE

Department Events | Department Information | Alumni News

Chair Talk from Joan



Welcome to October, another busy month in the Psychology Department. As always, Psycho-Babble is full of information about upcoming events and internships that are sure to be of interest to many of you, in addition to updates about what your fellow psych majors have been up to and fun photos from the recent Fall Picnic. I'd like to call your attention to several psychology-related events on campus: Mark Snyder's Minnesota Psychological Association **Distinguished Scholar Lecture**, co-sponsored by the psych department, is described below and is coming up THIS WEDNESDAY. On Sunday evening in JBD, you can view the new film **Deej**, about autism and inclusion. And don't forget the psychology component of the **International Roundtable**: Yale Psychology Professor

Paul Bloom (author of the recently published *Against Empathy: The Case for Rational Compassion*) will be one of the keynote speakers on Friday, Oct 13th. The whole event will be of interest to psychology majors. Finally, October means Halloween, and our annual trick-or-treating adventure through the faculty research labs. Stay tuned for more information and have a great month!



Minnesota Psychological Association Distinguished Scholar Lecture - Wednesday, Oct. 4th 5:30 in Weyerhaeuser Boardroom - Mark Snyder

"Caring, Concern, and Community Connection: New Directions in the Study of Pro-Social Action"

The Minnesota Psychological Association Distinguished Scholar Lecture presents Mark Snyder, McKnight Presidential Endowed Chair in Psychology at the University of Minnesota. He is the director of the University's Center for the Study of the Individual and Society, an interdisciplinary research group that examines social activism, volunteerism, and pro-social action.

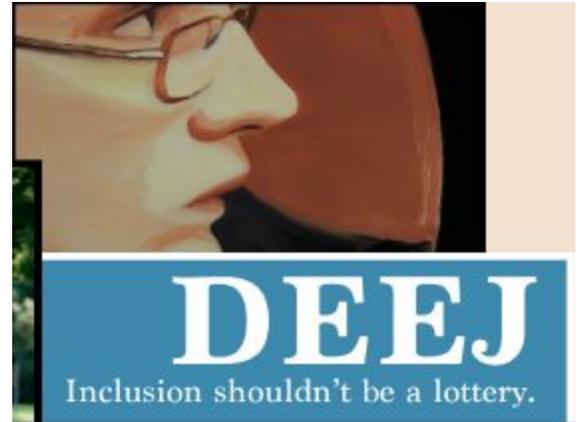
Study Away Panel Lunch - Thursday, Oct. 5th at 11:30 in Olri 352

Each semester we look forward to this event. Students who studied away last semester tell us about their study abroad experiences and offer tips for those thinking of studying away. A representative from the study away office will attend to answer questions. So far we have students who went to DIS: Denmark; Senegal; and Amsterdam. Please RSVP to Lee for the lunch.

Deej, a documentary about autism and inclusion - Sunday, Oct. 8 at 6:30 in JBD

Macalester College will be hosting a screening of the soon-to-be-released-on-PBS film *Deej*, a documentary about autism and inclusion.

As described on the film's website, *Deej* is a "first-of-its-kind collaboration between a veteran filmmaker and a nonspeaking autistic ..." Robert Rooy and DJ Savarese share editorial control as they attempt to navigate the challenges of representing autism. *Deej*, the result of this often difficult partnership, is a story told largely from the inside, by DJ – not by his parents or autism experts or even the camera. At its core, *Deej* reflects the sort of participation that disability rights advocates insist upon: "Nothing about us without us."



Joan Ostrove had the chance to preview the film, and meet the filmmaker and primary "star" of the film DJ Savarese, at a Disability Studies in Education conference in Minneapolis this past June. She called it "beautifully written and filmed, complicated, moving, controversial, and engaging." DJ graduated from Oberlin College this past spring; the film chronicles his final year of high school as he anticipates the transition to college.

Joan is honored and delighted that a group of Macalester faculty, staff, and students, all of whom have an intimate connection to autism, have agreed to be on a post-film panel.

Please join us for what promises to be an engaging and provocative evening. The screening is *free*, and the film is open captioned. More information, and the trailer, is available at www.deejmovie.com.

Grad School Panel About Academic Careers in Psych Lunch - Thursday, Oct. 12 11:30 in Olri 352

Steve Guglielmo, Ariel James, Will Johnson '13 and Mihaela Barokova '15 will talk about their graduate school experiences and help you consider your options. This is a great chance to ask questions and hear about current and recent students' thoughts.

Careers in Mental Health and Clinical Health Psychology Lunch - Tuesday, Oct. 24 11:30 in Olri 352

Jaine Strauss will host a conversation about mental health careers, including social work, counseling psychology, clinical psychology, psychiatry, and school psychology. She will answer questions about the ins and outs of graduate training in each discipline. Please RSVP to Lee for the lunch.

Harp Pollock Fellow - Veronica Zapata

This Summer I had the opportunity to intern for Opportunity Music Project (OMP) in NYC. OMP is a non-profit music program that offers reduced to free private lessons to students learning to play stringed instruments. The program was founded in 2011 by Jessica Garand, Juilliard graduate. For the first couple weeks I was in charge of finalizing plans for the two week Summer Intensive Program offered to students. During the Summer Intensive Program I coached several chamber groups composed of musicians ages 8-16. Throughout the two weeks I learned so much about the students in the program and their passion for music. Spending approximately 8-9 hours with the kids for two weeks I learned a lot about their behaviors and their thought processes. Whenever they encountered a challenge passage of music they would try their best to try and work on it on their own and if they needed more support, they would come to me or other faculty members for help. It was very inspiring to watch the kids grow as musicians over the course of two weeks. Aside from musical support, I also offered non-music support to these young musicians. A lot of them were super excited to have me there over the Summer because I was more “approachable” due to the age difference. There were a couple kids that were already preparing for high school auditions and they asked me about my high school experience and they even asked for tips to help smooth the transition from middle school to high school. Opportunity Music Project, and other organizations like it, really allow for people with different types of resources to come together. It helps promote something very beneficial to both the kids and their communities. By being involved in a music program, the kids learn to manage their time adequately and truly commit to something. Aside from getting to work with these inspiring kids, I also had the privilege to get to know various successful wonderful musicians who attended Juilliard. Overall, I had an extraordinary experience this summer interning for OMP and working with young musicians.

Annual Psych Department Picnic photos











Mesmerizing Major - Tessa Djiko

Favorite Movie: A tie between Moonrise Kingdom and Best in Show

Favorite Book: The Complete Calvin and Hobbes Collection

Favorite place to eat in the Twin Cities: Namaste Cafe in Uptown.

What do you do when you are not studying?: I love going for bike-trips along the Mississippi and admiring nature.

Where did you grow up?: Leawood, Kansas - a suburb of KC

Interesting fact about your hometown: The actor Paul Rudd attended the same school district as me and still frequently visits KC so I'm always on the lookout for him when I'm home. Sadly, I haven't spotted Paul Rudd yet.

Tell us something about your family: My parents kind of turned a blind-eye to how many pets I took care of when I was little, so at one point I found myself with 14 parakeets, a parrot, 2 dogs, and a turtle all simultaneously.

Tell us something that you are pleased with or proud of about yourself: I'm proud to be a first-generation college student!



Psycho-Babble

Maria Martinez '15 is a Volunteer Consultant at Kanungu Development Initiative (KADI)- Uganda

Psych Leaders for '15-16

Psych Leaders this year are Anandi Gupta, Elizabete Romanovska, Esther Ying, Charlie Mangus, and Maya Stoller. Please talk to them about any ideas you have on how to make the Psych Club year the best ever.

Future event dates for your calendar

Tuesday, Oct. 31 **Halloween Lab Tours**

Thursday, Nov. 2 **What's Happening Spring Semester?** Preview of spring classes 11:30-12:30 Olri 352

Tuesday, Nov. 7 **Psych Information Lunch** 11:30-12:30 Olri 352

Thursday, Nov. 9 **Internship Panel Lunch** 11:30-12:30 Olri 352

Thursday, Nov. 16 **CDC Cover Letter & Resume Workshop Lunch** 12:00-1:00 Olri 352

Watch for flyers and more information about these great events!

Welcome New Majors



Dawn Sagoe '19 Acera, Chana



AJ Dysick '20 Columbus, GA



Julia Carpenter '20 Stevensville, MI

Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited.

Opportunities - Internships

The ADAPT4U (After Deployment: Adaptive Parenting Tools) Study is looking for dedicated individuals to conduct structured interviews with military families. The study seeks to develop and evaluate tools to support resilience among military families as they cope with the stress of deployment and reintegration. Compensation is \$15/hour. To apply, or learn more about the position:

1. Go to <https://employment.umn.edu/>
2. Click on "Search Postings," enter Job ID

Number: 319206

Interested in learning more about the study? Visit adapt4u.umn.edu

Any questions may be directed to the Assistant Project Manager, Shauna Tiede, at tied0033@umn.edu

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