



IN THIS ISSUE

Department Events | Department Information | Alumni News

Chair Talk from Eric



Happy April Fools' Day! My siblings and I still enjoy playing jokes on each other like when we were growing up--What a wonderful day! As Mark Twain once said, this is the day upon which we are reminded of what we are on the other three hundred and sixty-four.

I'm not saying you should do any of these things to friends or roommates, but here are three harmless and easy ways we amused ourselves and even promoted good hygiene in our brothers and sisters:

1) Scrape the filling out of a few Oreos in a new package and replace it with toothpaste. Note where you place them back in the package. Either leave the open package laying around for your brother or sister to find, or eat a couple of the good Oreos while talking to them. Express surprise at their response to the toothpaste when it happens, then eat more Oreos. Enjoy in moderation.

2) Late at night on March 31, unscrew the showerhead (careful!), and put a piece of chicken bouillon in the pipe, then screw it back on. Sometime later in the day on April 1, challenge whoever was first to shower to spell the word bouillon. Observe for any interesting reactions. Okay, maybe that one doesn't promote good hygiene. And there were only two. Be sure to visit your favorite faculty office hours on April 1 to learn about the 3rd. They'll be happy to tell you!

Seriously, April is one of the busiest months of the year in the department and across campus, and this one will be no exception! Read on to learn about everything going on-- starting this week! We open the week with a special session about internships in Psychology, and mid-week, Cindy Franz from Oberlin College will be visiting the department to deliver the annual Johnson Memorial Lecture and the MPA Distinguished Scholar lecture on Wednesday, 4/3 at 5:30. Then, next week we have the annual Psychology Department Spring Dinner-- and all psychology students should be there to share in the fun! Be sure to let Lee Olson know you are coming so that we have enough food! Like April Fools' Day, it's a great event that only comes once a year! On Thursday 4/18, we have two events-- our Psychology Info Lunch, where you can learn all about majoring or minoring in psychology, about the research that goes on in the department, and so much more! Later that day, we also have the Careers in Psychology panel

discussion-- come and hear about a variety of paths that our alums have taken after graduating with a degree in psychology. Later on in April there will be plenty of directed research presentations at the annual Minnesota Undergraduate Psychology Conference (MUPC), on the 27th at Gustavus Adolphus College in beautiful downtown St. Peter, MN!

Psi Chi Induction



All Psi Chi members are invited to come cheer and congratulate the newly inducted members at a short ceremony on Monday, April 15th, at 4:45 in THDA 202. We'll have cake and other treats.

Cindy Frantz - Johnson Lecture

Minnesota Psychological Association Distinguished Scholar Lecture

Wednesday, April 3 5:30 in Weyerhaeuser

What is Systems Thinking, and Does it Improve Decision Making?



The greatest challenges humans currently face – climate change, poverty, epidemics, financial meltdowns – are the result of humans acting within enormously complex systems without fully understanding how these systems work. To facilitate decision making in these critical areas, scholars from diverse fields argue that systems thinking is fundamental. This talk will explore the concept of systems thinking from a psychological point of view. I will describe efforts to increase systems thinking and measure its impact on decision-making and behavior.

Cindy McPherson Frantz is the Norman D Henderson Professor of Psychology at Oberlin College. She is a social and environmental psychologist who researches humans' relationship to the natural world, and how to promote sustainable behavior. Her projects include using feedback technology to encourage conservation behavior, understanding the impact of connecting to the natural world, and discovering ways to promote systems thinking. Frantz also directs the Community Based Social Marketing Research Lab, a collaborative research program between faculty, students and staff to develop, test and promote behavior change programs that reduce Oberlin College's carbon emissions.



Psych Internship Lunch Panel - Monday, April 1 12:00 - 1:00 Olri 352

We will have a lunch panel with students who have done or are currently doing internships. Someone from the internship office will also be there to answer questions. The Psychology Department encourages students to consider doing an internship. The “real world” experience is an invaluable addition to your major. This lunch is a great chance to hear from students so you can think about what you want to do. Pizza lunch.

Spring Dinner - Monday, April 8, 5:00 - 6:00 Smail Gallery

Majors, minors, and all interested in psychology are invited to the Spring Dinner. This is an event you won't want to miss. We have a bingo game with prizes, class pictures, announcements of new psych club leaders, recognition of award winners, a chance to congratulate and say goodbye to seniors, and announcements of what non-seniors can look forward to next year.

Please let Lee know if you are planning to attend so we have enough food. Email lolson4@macalester.edu or sign up sheets will also be coming around the classrooms.



Student Worker Appreciation Cake, Monday, April 15 12:45

Join us in Smail Gallery for a piece of cake to celebrate all the work that students workers have done for the psych department this year. Come early, it goes fast!

Psych Info Lunch - Thursday, April 18 11:30 - 12:30 Olri 352

Are you a new major? Do you have questions you would like to ask other majors? Would you like to hear about how to work in a professor's lab? If you answered yes to any of these questions, please attend our Psych Info Lunch. Faculty members will talk about the classes they teach and about their research and labs. The faculty then leave the room so students can hear just from other majors. Several current majors will be there to answer any questions you might have. We will serve lunch so please RSVP to Lee.

Careers in Psychology Panel - Thursday, April 18 6:30 - 7:45

Konnor Fleming '15, Alison Gammons '18, SungEun Hong '17, BungChung Ly '16, Elena Torry-Schrag '17, and Gao Thor '18 will be joining us for a dinner gathering to talk about their careers in psychology-related fields. Shish will cater. Please RSVP to Lee by 4:00, Tuesday the 16th.



MUPC - Saturday, April 27 Gustavus Adolphus College

The 54th Annual Minnesota Undergraduate Psychology Conference (MUPC) is a one day conference promoting undergraduate research in the field of psychology and will feature oral and

poster presentations of student research. Presenting at MUPC is a requirement of the psychology major at Macalester and directed research students attend each year. Keynote speaker will be **Kathleen Vohs** '96, distinguished McKnight University Professor and Land O'Lakes Chair in marketing at the University of Minnesota. All students who took DR this year are expected to attend.

DR Poster Session - Monday, May 6

4:45 - 6:00

Spring Capstone students will share their research in a poster session on the last day of classes. Join us in Smail Gallery for a chance to learn about their great projects, chat with other psych majors and faculty members, and enjoy some snacks. All are welcome!



Senior Conversations are May 7

Before the graduating seniors leave the campus, we like to have an informal conversation with them about their experience as a psychol major. The feedback from these conversations play an important role in future planning for the department. The psychology major senior conversations on Tuesday, May 1 this year. Seniors can sign up for an individual conversation which lasts about 25 minutes or a focus group with other majors which last about 50 minutes. All participating seniors will be well fed and receive a small gift.

Majors who are Seniors: Major Plan

Planning to graduate in May? If so, now is the time to check your major plan to make sure you've taken care of all of your requirements. Please meet with your advisor and/or Eric Wiertelak to get this important process taken care of.



The Psychology Department gives three Awards each year to Graduating Seniors. Congratulations to the 2019 award winners:

Paterson Award nominee - Olivia Shaffer

The Paterson is given by the Minnesota Psychological Association to the outstanding college senior planning a career in psychology. The purpose of this award is to recognize and encourage high achievement in psychology at the undergraduate level. The psychology department nominates one person for this award.



Walter D. Mink Award - Isabell Griffith Filippo & Autumn Kirkendall



Given to a senior who has a strong academic record and has also provided outstanding service to the department, the college or the broader community.

Jack Rossmann Award - Julia Laube & Elizabete Romanovska



Honors a graduating senior psych major who has an excellent academic record and has also made distinguished contributions in the application of academic psych through activities such as applied research, internships, or community service.



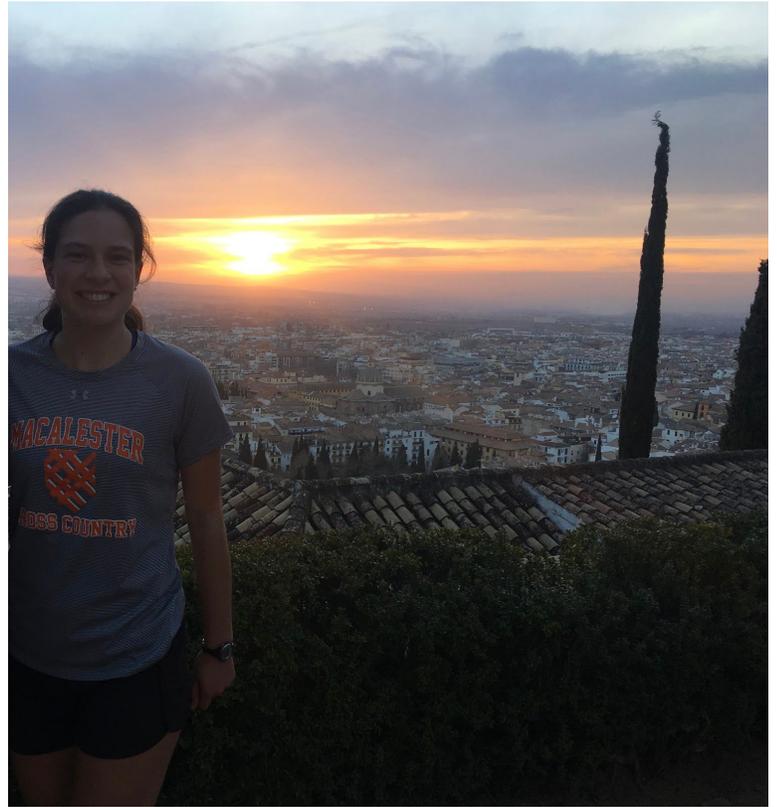
Harp-Pollack NYC Public Interest Fellowship - Greta Ehrenman

With the Harp-Polack Grant, Greta will be working as an intern at the Child Mind Institute of New York in their summer counselor program. She and the other counselors will be working with children who have ADHD, Oppositional-Defiant Disorder, and related learning, social, and behavioral issues. They will be using rewards and punishments to encourage pro-social behavior with the children based on their individualized goals and behavior plans. It is a 7-week intensive program, 40 hours a week, at the Child Mind Institute building in the midtown neighborhood of

Manhattan.

Postcard from Study Away - Emma Maxtitus

Hi! I'm Emma Maxtitus and I am a junior psychology major from Arlington, MA currently studying abroad in Granada, Spain. Granada is a very beautiful city close to Spain's southern coast. While being away from Mac has certainly been an adjustment, I have really enjoyed my time in Spain thus far. I am taking 5 classes, all in Spanish, and am living with a host mom. I'm taking a theater class, 2 history classes, an art class, and a Spanish grammar class. Everyday, I walk 15 minutes to class, come back to my apartment around 2:30 for lunch, and usually return for classes later in the afternoon. It has been so fun to explore the city and try out different cafes and hiking trails! I am enrolled in the



IES Granada program, and so far it has been a good experience. It is a large program - 120 students! - so I feel like I'm meeting new people every day! Some days can definitely feel challenging due to always speaking Spanish and being so far away from home, but I am definitely learning a lot and am enjoying myself overall. I am constantly in awe of the beauty of Granada! Go Mac!

New Student Employment positions in Psych Dept.

The Psych Dept. will be hiring this spring for possibly two new positions in '19 - 20 called Social Media Strategists. The position will oversee the development and maintenance of all social media platforms for the Psych department, including but not limited to the dept. website, Facebook, Instagram, Twitter, and Snapchat. Students will routinely post information about the department on all social media sites. We are looking for people interested in gaining social media experience. Must have good writing skills, editorial skills, attention to detail and the ability to work within all social media platforms. Must be a self-starter. If you are interested in this 10 hour or less position, please talk to your advisor about a recommendation and then see Lee about putting in an application.

Psych T-Shirts for Sale

There are psych and neuroscience studies t-shirts from past years on sale for \$2 in Lee's office. Stop by and get some summer or gym gear! We have some small, medium, and large left in many different designs.

New Psychology and Neuroscience courses for 2019-20

PSYC 370 Understanding Race and Racism TR 1:20-2:50 Morgan Jerald

This course examines psychological factors associated with race and racism in the United States. We will investigate theoretical, empirical, and experiential findings on the construction of race, racial socialization, and racial identity development. We will pay particular attention to the causes and consequences of racism at the individual, interpersonal, institutional and cultural levels of society, examining research on stereotyping, implicit/explicit bias, prejudice, and discrimination and how these factors contribute to racial disparities and inequality. We will also consider interventions for reducing racism, improving intergroup relations, and fostering greater equality and inclusion.

Summer plans - ideas for next year?

Mary Emanuelson from the CDC will be here on Wednesday, April 18 (with treats!) for an informal question and answer session. Bring your resume or cover letter you are working on. She can help you ideas of summer positions, looking at options and future plans. 3:30 in Olri 302.

Psycho-Babble Saniya Rana '19 has been promoted to a Clinical Program Assistant at Fraser.

Welcome New Psychology Majors



Kirk Lobban '21 Monument, CO



Thu Anh Dang '22 Nha Trang,
Vietnam



Amy Xu '22 Shanghai, China



Jacey Moriguchi '22 Ewa
Beach, HI



Lydia Yoder '21 Concord, MA



Josie Otter '21 Norton, KS

www.macalester.edu

651-696-6223

Editor: Lee Olson, lolson4@macalester.edu

Psychology Department | www.macalester.edu | 651-696-6223

Copyright © 2019 Macalester College, All rights reserved.