



December 2020

## Chair Talk from Eric

It's hard to believe that it's already December! For those of us made of snow, it's great that the cold weather has found us again! I hope that your Module 2 classes are going well and you are looking forward to some safe time off from classes in just a couple of weeks. I think we are all looking forward to saying farewell to COVID-2020, and I know I find some hope in knowing that the new year is less than a month away! I hope that you are able to as well. Please, take good care of yourself and stay well over the winter holiday season and the break. Remember that even in "good" years, many people find that this time of year can be stressful-- so don't forget to reach out for help if you need it.

Read on in this issue of Psycho-Babble to meet our newest majors and minors, learn all about this month's *Mesmerizing Major* and *Minor*, and to bid farewell to our December graduates!

From all of us in the Psychology Department, warm wishes to you and yours as we head toward a new year.

## Mesmerizing Minor - Traci Badu

Favorite Movie: Transformers

Favorite Book: Homegoing

Favorite place to eat in the Twin Cities: Soberfish

What do you do when you are not studying? I am usually writing poetry or watching home renovation videos on youtube.

Where did you grow up? I grew up in Houston, Texas.

Interesting fact about your hometown: It isn't uncommon to see someone riding a horse on the road.

Tell us something about your family: Many of my family members have similar facial features, so people think we have a lot of twins and triplets in our family.

Tell us something that you are pleased with or proud of about yourself: I am proud of my friends and that I get to share spaces with them. They are just amazing.





## December Graduates!

We recognize December graduating seniors, Ella Clark, Allison Dwinnell, "Elsa" Zhangchi Liu (no photo), and Ellory Wolin. Congratulations and we wish you well in your life after Macalester. Please keep in touch.

## Mesmerizing Major - Jaizlyn Ramos

Favorite Movie: Memento

Favorite Book: *On Earth We're Briefly Gorgeous* by Ocean Vuong

Favorite place to eat in the Twin Cities:  
Hi-Lo Diner

What do you do when you are not studying? I often like to get outside and do new things but when that isn't possible, a movie night is always great.

Where did you grow up? Denver, CO

Interesting fact about your hometown:  
Denver is the mile-high city!

Tell us something about your family:  
Most of my family either lives in Colorado or in the surrounding states.

Tell us something that you are pleased with or proud of about yourself: I am proud of how much effort I have put into getting the most out of my classes regardless of how easy or hard a class is.



# Welcome New Psychology Majors



Jessica Katzin '23 Chicago, IL



Marissa Stewart '23 Madison, WI



Abigail Stupar '24 Monticello, MN



Lucy Knudsen '23 Wilmington, DE



Aristo Onassis '23 North Miami, FL



## Mesmerizing Minor - Molly O'Brien

Favorite Movie: *Ocean's Eight*

Favorite Book: *Cat's Cradle* by Kurt Vonnegut

Favorite place to eat in the Twin Cities: Taste of Thailand on Selby Ave.

What do you do when you are not studying? Sketch or paint and watch medical or police dramas like *Bones* and *House*

Where did you grow up? San Francisco Bay Area

Interesting fact about your hometown: In the summer the temperature can be 50 degrees different from the morning to the afternoon.

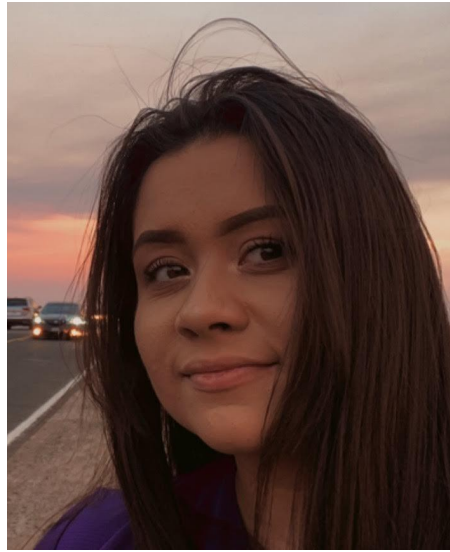
Tell us something about your family: One of my ancestors is Charles Chauncy, the second president of Harvard; who supported Galileo and acquired Harvard its first telescope.

Tell us something that you are pleased with or proud of about yourself: I am so happy that I have found my passion for studying the brain through my college experience, and am able to pursue what I love.

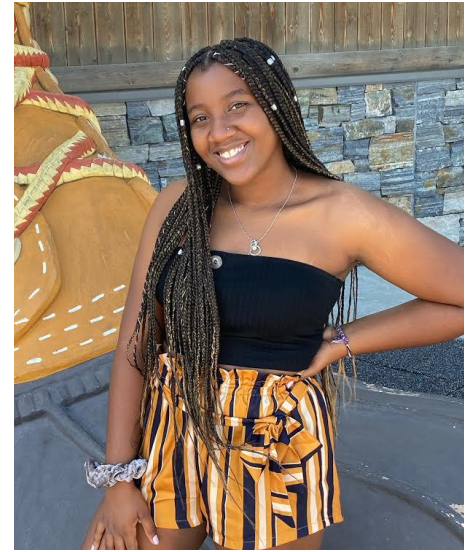
# Welcome New Psychology Minors



Luci Swift '23 Minnetonka, MN



Jaizlyn Ramos '22 Denver, CO



Jewel Kerr '23 Hartford, CT



Sylvia Betteridge '21 Decorah, IA

## Opportunities

### **NAMI Networking (free event) - Thursday, December 10th 6:00 - 7:30**

My name is Mey and I'm a neuroscience major student at Macalester College and an intern at the National Alliance for Mental Illnesses (NAMI) Minnesota. I'm coordinating an event called [NAMI Networking and CEUs](#) for young professionals/students to network with others in the field of behavioral health, neuroscience, and/or anyone who is interested in mental health in general.

You can register for this [event here](#). Our guest speaker, **Dr. Kelvin Lim**, will give an educational presentation about how to "Use Your Mind to Change Your Brain". He will address the root of why changing behavior is hard by reviewing the connectivity within the brain. From there he will provide some methods to induce neuroplasticity to change the brain for clinical benefit.

Dr. Lim is Professor and Vice-Chair for Research in the Department of Psychiatry and Behavioral Sciences, University of Minnesota, where he holds the Drs. T.J. and Ella M. Arneson Land Grant Chair in Human Behavior. He is also a staff physician at the Minneapolis VA Health Care System. Dr. Lim's research interest is in the use of neuroimaging approaches to identify circuit abnormalities in brain disorders such as schizophrenia, traumatic brain injury, and addiction and then to use these circuits as treatment targets for noninvasive neuromodulation interventions.



The Behavioral Science for Policy Lab (PI: Dr. Elke Weber) at Princeton University has several research assistant positions available, for both recent graduates and current undergraduate students. Applications will be evaluated on a rolling basis, with the first review on Dec. 7.

For recent graduates of Psychology, Economics, Business, Policy, or related undergraduate programs:

- Social Psychology
- Research Assistant, to work on projects relating to social norms and environmental sustainability (\*full OR part-time\*): <https://research-princeton.icims.com/jobs/12127/research-specialist-i/job>
- Organizational Psychology Research Assistant, to work on a project on organizational and corporate behavior in the context of climate change (\*full OR part-time\*): <https://research-princeton.icims.com/jobs/12129/research-specialist-i/job>

For current undergraduate students:

- Social Psychology Research Assistant, to work on projects relating to social norms and environmental sustainability (10h/week, remote): <https://research-princeton.icims.com/jobs/12112/temporary---research-assistant/job>

Members of historically underrepresented groups (including BIPOC, those with disabilities, members of the LGBT community, women, etc.) are particularly encouraged to apply.

More information about the lab here: [elke-u-weber.com/elke-u-weber/labs-and-centers](http://elke-u-weber.com/elke-u-weber/labs-and-centers).





# MacExplore: Alight

\*Alight is formerly American Refugee Committee



This January, gain career readiness skills, find guidance from Macalester alumni, and collaborate in teams to solve a problem – and receive a \$100 stipend for your work!

The two-week virtual MacExplore program takes place January 4-15, 2021. Sophomores, juniors, and seniors are eligible to participate.

The program culminates with a team case study presentation to Alight staff with a \$1000 prize going to the team with the best plan.

**Apply now! Registration deadline: Tuesday, Dec. 1, 2020**  
Read complete details and learn how to apply by going to **Handshake** Job Posting #4147925.



Did you know you can do an internship for credit in January?  
See our website for deets!



*Happy Holidays from all of us in the Psychology Department*

*Jamie Atkins    Darcy Burgund    Cari Gillen-O'Neel  
Steve Guglielmo    Madeline Harms    Ariel James    Morgan Jerald  
Brooke Lea    Lee Olson    Joan Ostrove    Jack Rossmann  
Jaine Strauss    Piercarlo Valdesolo    Eric Wiertelak*

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