Macalester

Psycho-Babble



December 2022

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Chair Talk - Darcy Burgund

Greetings Psychology Friends! I hope you are doing well as we rush towards the end of the semester. The end of the semester is always such a busy time; I hope you will find time to relax a little in the midst of all your activities.

The Psychology/Neuroscience Search Committee is able to relax a little bit now as we have completed our interviewing process. We hope to be able to announce who our new faculty member will be at the beginning of next semester. For now, a BIG THANKS to all who participated in the search. I am extremely grateful for your help.



In other exciting news this month, we have seven Psychology major graduates: Jessica Hoover

He Lian

Cassidy Martin

Amelia Ryan

Kian Sohrabi

Nyah Sterns

Linda Zhang

Congratulations graduates!!! We wish you all the best and hope that you will keep in touch!

Wishing you all a smooth end of the semester and a wonderful winter break. I look forward to welcoming you back in January.

Happy Holidays from all of us in the Psychology Department!

Jamie Atkins Darcy Burgund Cari Gillen-O'Neel

Steve Guglielmo Ariel James Brooke Lea

Lee Olson Joan Ostrove Annie Pezalla

Jack Rossmann Jaine Strauss Eric Wiertelak

Seniors Graduating in December!

We recognize our December graduating seniors, extend our congratulations, and wish you well in your lives after Macalester. Please keep in touch.















(Kian Sohrabi, Jessica Hoover, He Lian, Linda Zhang, Cassidy Martin, Nyah Sterns & Amelia Ryan.)



Senior Social Tuesday, Dec. 1, 6:30 - 7:30 Jack & Marty Rossmann's home

Invitations have been sent to all psych senior majors and we are looking forward to a festive time at Jack and Marty Rossmann's home at 99 Cambridge. It is right across the parking lot from the Fine Arts building. **Senior psychology majors** are invited for drinks and treats as we celebrate and enjoy each other's company before the rush to graduation.

Jack Rossmann is professor emeritus of Psychology and he and Marty have generously offered their home for these socials. At the social we will recognize our December grads. Please RSVP to the Evite or email (lolson4@macalester.edu).

Fall Psychology Poster Sessions: Thursday, Dec. 8 3:45 & Friday, Dec. 9 4:45 Smail Gallery

Students from Directed Research in Psychology and Clinical Science Capstone courses will present their capstone projects at this fun event. The department strongly encourages students who have yet to complete their capstone to attend. It is an excellent opportunity to find out about capstone projects by seeing the different areas students have investigated. We will have tasty treats too.



Mesmerizing Major - Sandy Zhao

Favorite Movie: Dead Poets Society

Favorite Book: On Earth We're Briefly Gorgeous by Ocean Vuong Favorite place to eat in the Twin Cities: BonChon, or the food I cook What do you do when you are not studying: Going to the gym, working for

theater productions, and crying to Sondheim musicals.

Where did you grow up: Beijing, China

Interesting fact about your hometown: It's incredibly big and even though I have grown up there, I am only familiar with one slice of the city.

Tell us something about your family: I am convinced that my parents have

better cardiovascular function than I do because they run Marathons for funsies.

Tell us something that you are pleased with or proud of about yourself: I have just reached my "22nd year on earth" milestone last month.

Mesmerizing Major - Nathan Wu

Favorite Movie: Fury

Favorite Book: *A Few Seconds of Panic,* Stefan Fatsis Favorite place to eat in the Twin Cities: Kyoto Sushi

What do you do when you are not studying? Watch Sports

Where did you grow up? Walnut Creek, California

Interesting fact about your hometown: Richard Carlson, psychotherapist and the author of *Don't Sweat the Small Stuff*, lived in Walnut Creek

before he passed away.

Tell us something about your family: My parents continue to live in Walnut Creek and my brother is a first year at UCLA.

Tell us something that you are pleased with or proud of about yourself: I am proud of myself for being able to play football at such an academically rigorous college.





Mesmerizing Major - Amelia Ryan

Favorite Movie: Little Miss Sunshine

Favorite Book: I recently really liked La Pensée Blanche by Lilian Thuram

Favorite place to eat in the Twin Cities: Cafe Latte

What do you do when you are not studying? Listening to podcasts

Where did you grow up? Longmeadow, MA

Interesting fact about your hometown: The Basketball Hall of Fame is in the

nearest city.

Tell us something about your family: My brothers and I are triplets.

Tell us something that you are pleased with or proud of about yourself: I'm proud to be graduating early this December.

Mesmerizing Major - Kian Sohrabi

Favorite Movie: Marriage Story/Revenge of the Sith

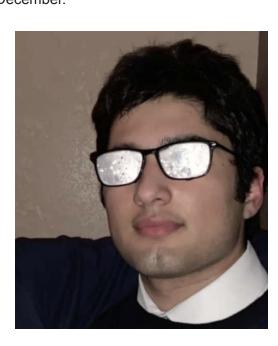
Favorite Book: The Quest for Cosmic Justice - Thomas Sowell

Favorite place to eat in the Twin Cities: Pineda Tacos What do you do when you are not studying? Play football

Where did you grow up? Dubai, UAE

Interesting fact about your hometown: Home of 339 World Records Tell us something about your family: My younger brother goes to Wake Forest

Tell us something that you are pleased with or proud of about yourself: I wrote two honors theses last year (Psychology & Economics)



New Majors



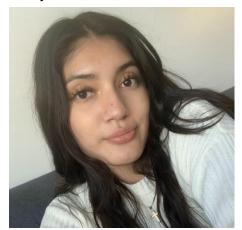
Kate Yehle '25 Madison, WI





Torrence Williams '25 Houston, TX





Samatha Strauss '25 Washington, DC Brandy Hernandez '25 Amherst, MA



Juan Trujillo '25 Plano, TX

Postcard from Study Away -Jessica Hoover

Hej from Copenhagen, Denmark!

I am absolutely loving it here, and am so grateful I chose to come to Denmark with DIS - Study Abroad in Scandinavia. My favorite part about this program is that it is focused on real-world experience. We learn a lot in the classroom, but also have opportunities to explore and apply this knowledge in real-world settings both in Copenhagen and in other European countries. My classes have allowed me to dive deeper into the topics addressed in some of the more broad psychology classes I have taken at Mac.

The concept of studying away can be terrifying, but it is such an incredible, eye-opening experience and I cannot recommend it enough. My advice to anyone going abroad is to immerse yourself in the culture as much as you can. With DIS being a school of (almost) all American students, I wanted to find a way to connect with Danish culture. I decided to live with a host family, and that was honestly the best decision I made in my preparation for



studying abroad. They are the most wholesome people I have ever met and have greatly contributed to my love and appreciation of Denmark. My host parents have given me great insight into what life really is like as a native Dane, and I have learned so much more about the culture by living with them. If you are interested in psychology and are thinking about studying abroad, I would definitely recommend DIS's program in Copenhagen! I encourage you to take the risk, step outside of your comfort zone, and have an amazing life-changing adventure abroad!!

Opportunities

My name is Ryan and I am a part of the steering committee for the GSRC's Queer Oral History Project. The project is focused on gathering oral accounts of queer students in their experience with engaging with Macalester activist/countercultural history, as well as other notable anecdotes they wish to share. We are currently looking to recruit students interested in not only having their stories archived (especially upperclassmen who were here during the George Floyd uprisings, Enbridge protests, zoom era etc.) and those interested in joining our team in conducting and editing the interviews. If you could please share this interest form with the department email list that would be much appreciated. Let me know if you have any questions/comments/concerns. Thank you for your time and have a great rest of your day!

Best wishes, Ryan C

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Ryan Cotter | She/Her | Undergraduate Macalester College | Class of 2024 Sociology & Chinese rcotter1@macalester.edu My LinkedIn Profile

I am emailing to let you know that we will be accepting applications for our 2023 cohort of the <u>Summer of Translational Aging Research for Undergraduates (STAR U) Program</u> at Columbia University. Applications will open on November 23, 2022, and are due on January 17, 2023. Undergraduate students from diverse backgrounds and who are interested in gaining a mentored research experience in brain aging are encouraged to apply!

STAR U is a 2-month fully funded research training program designed to encourage undergraduate students from diverse and underrepresented communities to pursue further graduate studies and careers in aging and neuroscience-related research. Throughout the summer, in addition to carrying out an individualized research project alongside Columbia faculty, students engage in a range of learning and professional development opportunities and become part of a supportive learning community. For more details about the program, please visit our website

If students have any questions, please reach out to me, Aine Montgomery, the current Program Coordinator (am5364@cumc.columbia.edu).

SUMMER INTERNSHIPS WITH NEURODIVERGENT YOUTH





Akeela supports youth with ASD, ADHD, and similar social communication disorders



Our Communities

Camp Akeela is a coed traditional overnight summer camp in Vermont set on 400 acres in the picturesque Green Mountains of Vermont.

Beyond Akeela infuses a college readiness program (nonacademic) into a fun and socially immersive camp on a college campus in New Hampshire.



What You'll Get...

- \cdot Unparalleled hands-on experience with neurodivergent youth \cdot
 - \cdot Build your resume and social/professional network \cdot
- \cdot Hone your leadership, collaboration, and critical thinking skills \cdot
- · Continued support and feedback from an experienced mentors ·
 - \cdot Competitive salary package, including room & board, travel allowance, and meals \cdot

Your Role at Camp...

Coach: Mentor youth with ASD & ADHD, supporting their social-emotional development.

Collaborate: Work with staff peers and leadership team developing behavior plans and goals.

Lead: Facilitate camp activities and group meetings providing structured experience for campers.

Build: Support skill building in areas like executive functioning, self-advocacy, and time management.

Play: Actively participate in camp activities alongside the campers. Have fun!

...is FUN & professionally fulfilling!



APPLY NOW!

Get More Info

staff@campakeela.com

866 - 680 - 4744

@campakeela / @beyondakeela



Summer 2023 Details

Compensation

\$2,100 - 2,500 + travel stipend. Housing & meals are provided by camp.

Dates

<u>Camp Akeela</u> - June 14 - August 13 <u>Beyond Akeela</u> - June 17 - August 2

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