

Psycho-Babble

MACALESTER



March 2023

IN THIS ISSUE [Department Events](#) | [Department Information](#) | [Alumni News](#)

Chair Talk - Darcy Burgund

Hello all!

Have you heard the saying, “March comes in like a lion and goes out like a lamb”? It means that the weather at the beginning of March is wintry but by the end of March is spring-like. Some years, this saying better describes the weather in April, but it is possible to get some nice, lamb-like days in March, and we can all hope that we will get some!

Even if our weather is cold this March, we still have good things to look forward to! TODAY at 4:45 pm in OLR1 352, we are having an information session for international students seeking jobs in the US after graduation. Please email Lee if you would like to attend. Later this month, we have the senior survey lunch, 3/23, our distinguished scholar lecture, 3/28, and a graduate school information session, 3/30. Details about these events are provided below. We hope you will attend those that are valuable to you.



A promotional poster for an information session. The background is blue with a white globe graphic. At the top, it says 'PSYCHOLOGY DEPARTMENT'. The main title is 'INTERNATIONAL STUDENTS GETTING A JOB IN THE U.S. INFO SESSION' in white and orange text. Below the title is a circular inset image showing several graduates in black caps and gowns. To the right of the globe, there is a calendar icon and the text 'MARCH 1ST 4:45PM'. Below that, it says 'Olin-Rice 352'. Further down, it says 'Come listen to Aaron Colhapp and International Student alums discuss strategies for finding employment in the US after graduation!' and 'Dinner will be provided - RSVP to Lee at lolson4@macalester.edu'. At the bottom, it says 'FEATURING: Aaron Colhapp & Student Alumni'.

Info Session with Aaron Colhap and psych major alums!

Contact Lee ASAP if you want to attend.

Senior Survey Lunch Thursday, March 23 11:30 - 1:00 OLRI 249

Seniors! We really want your opinion!
We want to learn from you how we can improve the major,
student experiences, our curriculum.....

We also want to know where you'd like us to get the lunch
from. RSVP to Lee by Monday, March 20th and suggest a
restaurant. So far, Shish and IndoChin have been
suggested. What do you suggest?



Minnesota Psychological Association Distinguished Scholar Lecture Tuesday, March 28 5:30 - 7:00 JBD - Campus Center

Moin Syed, Ph.D.

How Stories in Society become the Stories of Ourselves

Stories are all around us—we tell them, we hear them, and we often think of our lives as a story. Decades of research in narrative psychology has demonstrated the foundational role of stories for developing a sense of identity. But where do these stories come from? What role does the broader society play? The concept of master narratives reveals how there are cultural scripts, or templates, that inform how we think about and construct our own personal identities.



Moin Syed is Professor of Psychology at the University of Minnesota, Twin Cities. His primary research area is identity and personality development among ethnically-diverse adolescents and emerging adults, with a secondary interest in methodological, theoretical, and historical issues in the social sciences. He has published nearly 150 articles and chapters, is past Editor of both *Infant and Child Development* and *Emerging Adulthood*, and is co-PI of the Northstar STEM Alliance, an NSF-LSAMP project that seeks to improve the positive experiences and graduation rates of underrepresented students in STEM across Minnesota.



Psych Grad School Panel Thursday, March 30 6:00 - 7:30 Olri 350

Join us to hear alums with psychology degrees speak about what they are doing now, how they choose their graduate school program, the application process, what it was like, what they might have done differently, and what advice they have for you.

Please RSVP to Lee. We'll have dinner for you.



Mesmerizing Minor - Ceilidh Smith

Favorite Movie: The Sound of Music/ The Iron Man Trilogy

Favorite Book: The Secret Garden/ When Breath Becomes Air

Favorite place to eat in the Twin Cities: Kyoto Sushi

What do you do when you are not studying? I watch A LOT of TV, read and cook for my friends!

Where did you grow up? I grew up in Kingston, Jamaica

Interesting fact about your hometown: An interesting fact about my hometown is that it is home to the best ice cream in the world! If you're ever in Kingston, you have to try Devon House Ice Cream. (I am not at all biased)

Tell us something about your family: My family is very Jamaican-we all prefer to be in a warmer climate-but my mother says she wouldn't mind living in Alaska!

Tell us something that you are pleased with or proud of about yourself: I am quite proud of myself for finding and working with two organizations with whom my passions align! ESTHER Homes in Minnesota, and Saving Mothers in NYC. Both organizations are doing amazing things to provide resources for birthing people, especially Black birthing people, and I am very privileged to get to work with them and fight for a cause that means so much to me!



RIP I students were trained in operating the department's eye tracker in mid-February. Here Solveig Bingham displays her eye-tracking chops while Theo Sparks looks on with concern. Zoe Frederick is the trainer.

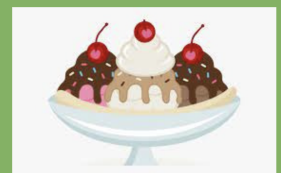
Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited. The first Friday Social in February is hosted by the psych leaders.

Psych Friday Social

March 3 @ 3:20
hosted by Psych Club

Ice Cream Sundaes



Juniors - Consider an Honor Project

Dear junior psychology majors,

Are you interested in doing an honors project next year? The deadline for submitting proposals is March 31. Information about eligibility and the application process is available on the department website: www.macalester.edu/psychology/majorsminors/honorspolicy. Although March 31 is a month away, we recommend that you begin pondering the option as soon as possible to ensure that your proposal is as strong as possible.

As always, your advisor and other faculty in the department will be glad to help you decide whether an honors project makes sense for you and to help you think through your proposal. If you do decide to submit a proposal, please submit it to Darcy Burgund via email by 4:30 pm on March 31.

Mesmerizing Major - Mae Sullivan '23

Favorite Movie: Talladega Nights: The Ballad of Ricky Bobby

Favorite Book: Six of Crows by Leigh Bardugo

Favorite place to eat in the Twin Cities: Hai Hai in Minneapolis

What do you do when you are not studying? Play board games with my friends

Where did you grow up? Olney, Maryland

Interesting fact about your hometown: To the surprise of every single person that has been in the small suburban Maryland town, it was once rated a top place to live for wealthy singles.

Tell us something about your family: My brother and sister-in-law are expecting their first baby so I will be an aunt in August!

Tell us something that you are pleased with or proud of about yourself: I am going to graduate school in the fall to study clinical psychology!



Mesmerizing Major - Marike Kay '23

Favorite Movie: Spirited Away

Favorite Book: The Road

Favorite place to eat in the Twin Cities: Estelle

What do you do when you are not studying? I like to draw and go to coffee shops!

Where did you grow up? Minneapolis

Interesting fact about your hometown: Honeycrisp apples were originally developed in Minneapolis!

Tell us something about your family: My parents were born in two different continents.

Tell us something that you are pleased with or proud of about yourself: I finished my capstone and I'm on my last semester! I'm proud of the work I've put in for the last four years :)

Did you know?

The psychology department gives three awards each year to graduating seniors. Our department award recipients will be announced in the April Psycho-Babble. The awards are:

Jack Rossmann Award - honors a graduating senior psych major who has an excellent academic record and has also made distinguished contributions in the application of academic psych through activities such as applied research, internships, or community service.

Walter D. Mink - given to a senior who has a strong academic record and has also provided outstanding service to the department, the college or the broader community.

Paterson Award nominee - The Paterson is given by the Minnesota Psychological Association to the outstanding college senior planning a career in psychology. The purpose of this award is to recognize and encourage high achievement in psychology at the undergraduate level. The psychology department nominates one person for this award.

The three awards will be announced in the April Psycho-Babble.

New Majors



Cindy Yan '25 Shanghai, China



Caighley Espardinez '25 Camarillo, CA



Theo Sparks '25 Norwich, Vermont



Justin Veimau '24 Hillsboro, OR

New Minors



Lucy Diaz '24 Montclair, NJ



Sydney Hollingsworth '23
Evanston, IL



Sian Lewandowski '24 North Haven,
CT



Yosmerith Hoyos '23 Las Vegas, NV



Mesmerizing Major - Owen Pearlman '23

Favorite Movie: Everything everywhere all at once

Favorite Book: Sum by David Eagleman

Favorite place to eat in the Twin Cities: Tono

What do you do when you are not studying? Playing basketball, going for bike rides, hanging out with friends, and trying new restaurants

Where did you grow up? Evanston, IL

Interesting fact about your hometown: The prohibition movement of the 1920s started in Evanston

MUPC - All Directed Research students -- Save the Date!

The 2018 Minnesota Undergraduate Psychology Conference (MUPC) will be held on Saturday, April 29 at Bethel University in St. Paul, MN. Your professor will let you know when the website opens for submissions.

Mesmerizing Major - Sam Ash '24

Favorite Movie: The Platform

Favorite Book: I haven't read for pleasure in a while, but I remember loving The Giver

Favorite place to eat in the Twin Cities: Kyoto Sushi

What do you do when you are not studying? I enjoy watching or playing sports, and playing board games with friends.

Where did you grow up? Weston, MA

Interesting fact about your hometown: A number of famous professional athletes live, or have lived, in Weston

Tell us something about your family: I have one younger brother

Tell us something that you are pleased with or proud of about yourself: I just came back from study away, and had a really great experience and grew a lot as a person!



Opportunities

We are seven students at Macalester who are restarting the previous Macalester Consulting Club this spring semester. The Macalester College Consulting Club (MCCC) is a student organization that will prepare students for jobs (and interviews) with management consulting firms, such as McKinsey, Boston Consulting Group, Deloitte, Booz Allen Hamilton, Bain, Analysis Group, Mercer, Accenture, etc. Members will receive training from experienced students and experts, and participate in case practice for job interviews, and engage in consulting projects. We will also get a chance to meet with representatives from some of these firms. This organization is open to anyone regardless of your major. We would love to see people from different majors who are interested in learning more about a career in consulting and want to build some skills that will be useful for a career in consulting. Please fill out the interest [form](#) to indicate your interest.

Date: Our first meeting will be on Wednesday, March 8 2023 from 6:30 - 7.30pm Location: THDA 204 Classroom

Sincerely, Life

A FIERCE ADVOCATE
FOR MINNESOTANS

U.S. SENATOR TINA SMITH ST. PAUL INTERNSHIP



How to Apply

If you are interested in an in person internship in Senator Smith's St. Paul office, please send your resume, cover letter (indicating weekly availability), and three references (name and contact information including email and phone numbers) to mninterns@smith.senate.gov, or fax to (651) 221-1078.

Deadlines:

Fall	15 Hours per Week	July 15th
Spring	15 Hours per Week	November 15th
Summer	3 Full Days or 5 Half Days	March 15th



Benefits

- Monthly stipend
- In-person experience in government
- One-on-one mentorship
- Access to congressional database for research projects
- Being paired with staff members according to the intern's interest
- Attend private meetings and events involving the Senator



Summary

Interning in our St. Paul office is a unique and exciting experience. You'll learn how an elected official's office serves its constituents and how our staff help Minnesotans navigate federal agencies. You'll also have insight on how the Senator's staff act as the "eyes and ears" for her in the state.



Responsibilities

- Answering phones and record constituent concerns
- Assisting constituent services and outreach staff with casework and related tasks
- Assisting outreach staff with research and various tasks
- Attending meetings with outreach staff
- Assisting scheduling and communications staff
- Unique tasks based on needs of the staff and the office

Questions?

651-221-1016

mninterns@smith.senate.gov

60 Plato Boulevard E, Suite
220, Saint Paul, MN 55107

[www.smith.senate.gov/
services/internships](http://www.smith.senate.gov/services/internships)

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Hello,

My name is J.D. Griffith, and I am a professor at Shippensburg University. I wanted to provide a brief overview of our online master's program in Applied Psychology in the hope that you might forward this message to any senior psychology majors that you think might be interested in a program like ours. We reached out to you last year about our program, and as many of you forwarded this information to so many great students that have since joined us in the last year, we wanted to reach out again.

Shippensburg University is located in south central Pennsylvania and our graduate program began in 1981, although now the M.S. in Applied Psychology is 100% online (asynchronous) and can be completed in 1 year of full-time study

or 2 years on a part-time basis.

The program emphasizes the application of psychological principles and methodologies to real-world problems. The majority of our graduates enter fields where they assume research-related roles (e.g., program evaluation, survey researcher, data analyst, quality control specialist, etc.) across a variety of sectors in business/industry, education, government, and non-profit settings. In addition, there are multiple specialties that students can pursue including a Six Sigma blackbelt certification, UX Design, a Behavior Specialist Certificate which provides advanced coursework in Applied Behavioral Analysis for those interested in working with individuals with developmental impairments (e.g., autism), or a research paper option for those interested in pursuing a doctoral degree.

We have also attached a link to our program's flyer in case you are interested in posting or distributing more information to your students: Shippensburg MAP Flyer. They can also contact me directly. I know all of us in academia are extremely busy, and I sincerely thank you in advance if you could forward this to any students that might be interested in our program.

Sincerely,
J.D. Griffith, Ph.D.
Shippensburg University
appliedpsych@ship.edu

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Learn more about postgraduate study at the University of Edinburgh

We are extremely excited about psychology here at Edinburgh and are always looking for ways of sharing that excitement more broadly. We would be delighted to invite you along to a webinar on **Tuesday, 28 March at 4.00pm (BST)** tailored to students currently studying in North America who are interested in studying for a postgraduate program in psychology at the University of Edinburgh, Scotland.

Book your place now: edin.ac/PPLSinfosession2023

The University of Edinburgh is a centuries-old center of learning in the heart of Scotland's capital city, with a truly global outlook:

- We're consistently ranked one of the top 50 universities in the world
- We offer a one-year postgraduate degree, excellent either as a pathway towards a PhD or as a terminal degree
- You can study with a world-leading, 50-strong faculty across a wide range of topics including cognition, development, individual differences, neuroscience, and social psychology.

Find out more: edin.ac/3Kuw6BJ

We look forward to meeting you and wish you all the best with your studies. Don't hesitate to get in touch if you have any questions.

Best wishes,

[Dr René Möttus](#),
Psychology Postgraduate Director
University of Edinburgh

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651-696-6223

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