



Chair Talk from Eric



Welcome to November, 2020. We are all certainly busy with Module 2 right now, but so much more is happening this month. First of all, the election-- vote if you are able, for the candidate of your choice! Later this month comes Thanksgiving-- all of us in the psychology department hope you are able to find time for a relaxing break, but remember to follow distancing guidelines to stay well.

We have a lot of new majors and minors joining the department-- please read along to learn all about them, as well as our Mesmerizing Major and Minor of the month. Finally, registration starts this month as well, so be sure to check in with your advisor and look ahead-- to hopefully, a better year for all in 2021.

Take care, and stay well.

Mesmerizing Major - Carina Ramorino

Favorite Movie: Wonder Woman (2017)

Favorite Book: (most recent) Can't Hurt Me - David Goggins

Favorite place to eat in the Twin Cities: Brasa Rotisserie on Grand

What do you do when you are not studying?: Sleep or workout

Where did you grow up? San Francisco, California

Interesting fact about your hometown: The grizzly bear on the CA state flag used to live in Golden Gate Park (SF).

Tell us something about your family: None of us are remotely gifted at singing, but that will never stop us!

Tell us something that you are pleased with or proud of about yourself:

Proud of completing my first full century race (100 miles) on my endurance bike in mid-October.



Mesmerizing Major - Zahara Spilka

Favorite Movie: How To Train Your Dragon

Favorite Book: Full Tilt

Favorite place to eat in the Twin Cities: Trio Plant Based

What do you do when you are not studying? Hang out (zoom) with friends watching TV or playing games.

Where did you grow up? Mequon, Wisconsin

Interesting fact about your hometown: The city is like a donut; the outer ring is the city while the inner hole is the village Thiensville.

Tell us something about your family: My great grandparents left Poland right before the Nazi took power and later my grandfather flew one mission, very briefly, in WWII.

Tell us something that you are pleased with or proud of about yourself: I am very proud of how much I have grown and developed as a person over time, and especially during my college experience.



Mesmerizing Minor - Ashley Vargas

Favorite Movie: The Pursuit of Happiness

Favorite Book: Just Mercy

Favorite place to eat in the Twin Cities: Spitz

What do you do when you are not studying? I love baking! Not to brag, but I make a great coffee cake.

Where did you grow up? Los Angeles, California

Interesting fact about your hometown: This year, the Lakers and Dodgers both won the championship for the first time since 1988.

Tell us something about your family: My dad has met Will Smith, Kobe Bryant, and Arnold Schwarzenegger.

Tell us something that you are pleased with or proud of about yourself: This summer, I helped an attorney file a compassionate release case. The motion was granted and our client was released from prison after 27 years of being incarcerated!



Welcome New Psychology Majors



Ethan Carlson '23 Milwaukee, WI



Amelia Ryan '23 Longmeadow, MA



Rose Harbison Ruedisili '23 Long Lake, MN



Kian Sohrabi '22 Dubai, United Arab Emirates



Sandy Zhao '23 Beijing, China

Welcome New Psychology Minors



Paige Fochtman '21 Kronberg, Germany



Anna Leidner '22 New York, NY



Ashley Vargas '21 Aurora, CO

Follow the psych department on social media: Facebook, Instagram, Twitter @Macalester Psychology to receive up-to-date information on events & get to know the faculty and students.

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