MACALESTER

# Psycho-Babble



October 2020

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#### **Chair Talk from Eric**

Happy October to everyone! It's hard to believe October is here already. October is typically one of my favorite months of the year for many reasons-- the fall colors, and Halloween! This year, of course it is a bit different, and we will change from Module One to Module Two toward the end of the month. Even though we are distancing from each other this Fall, the Psychology Department still has a lot of news to share and events going on in October. Our first event already happened-- it was held on October 1-- a lunch-time discussion with Jaine Strauss about careers in mental health-- thanks to all that attended for making it a great event to kick off the month!

Later in the month we will have two more events over lunch, where you can get to know our full-time visiting faculty members, Madeline Harms and Piercarlo Valdesolo. Be sure to attend and learn all about

what each of these faculty members do! Read on for the details.

Speaking of Halloween-related stuff-- have you ever wondered why many people love horror movies and think it's fun to be scared? Some interesting research suggests part of the attraction is how good you feel-when it is over! Here's an article about just that---- check it out at:

(<u>https://theconversation.com/why-is-it-fun-to-be-frightened-101055</u>). Hopefully, next year I'll be able to welcome you in person during my office hours throughout October for a Halloween chat-- and you'll be able to get a treat from this over-the-hill Prince Charming's personal supply to take away.

Have a great October-- stay well and stay safe, and best of luck with finishing up Module 1 and for your classes in Module 2.

Eric

#### **Psych Leaders**

We have a great group leading the Psych Club this year. Abby Dillon '21, Brooke Offenhauser '21, Jennifer Huang '21, Maria Guzman '21 and Nita Sensathith '21 will continue from the interrupted year '19-20. New members are Austin Bradford '22, Cooper Tunac '21, Cynthia Aquilar '21, Emily Drexler '23, He Lian '23, Long Hei '22, and Nishta Amin '21. If you have any ideas for community building activities or something that interests you, please let them know. Watch for future events.

#### Watch for Zoom invites coming out soon!



#### Harp-Pollack NYC Public Interest Fellowship - Nita Senesathith

This past summer, I interned at the Columbia-WHO Center for Global Mental Health. I was supposed to be in New York, but due to COVID-19, the internship moved remotely. I'm very grateful for the Harp-Pollack Fellowship, Professor Joan Ostrove and Jaine Strauss. I wouldn't have been able to live and intern in the US last summer without their help and support.

For the internship, I worked with Dr.Sabrina Hermosilla to help Roots of Health, a reproductive health organization in the Philippines, find mental health training/interventions for LGBTQI+ youth. I did both

academic and grey literature searches for training that has been done around the globe to see which ones could potentially be implemented in the Philippines. I was able to learn about different global mental health careers through the weekly Brown Bag Lunch and Professional Development seminars. I also had a chance to take part in the CUGMHP Instagram Takeover Day to tell people more about mental health in Laos, my home country. Through this internship, I got to learn so much about global mental health, developed my interests, and met amazing professionals in the field.



This is a photo of the 10 undergraduate summer interns and our program leaders in our daily Zoom check-in meetings.



#### **Mesmerizing Major - Yiming Zhu**

Favorite Movie: Ghost in the Shell 1995

Favorite Book: Selfish Pigs

Favorite place to eat in the Twin Cities: N/A

What do you do when you are not studying?: gaming and

programming

Where did you grow up?: China, northeast

Interesting fact about your hometown: Still partially controlled by the mafia and GDP is decreasing. (I cannot come up with other cool things)

Tell us something about your family: We are all busy people and seldom have conversations.

Tell us something that you are pleased with or proud of about yourself: I am one fourth mongolian and going to be a hunter.

#### **Nobel Conference - online!**

Suzanne Chambers will speak at the upcoming 56th Annual Nobel Conference, held at Gustavus Adolphus College, virtually this year on October 6-7. Chambers is a leading figure in the emerging science of psycho-oncology. The theme of the 56th Nobel Conference is Cancer in the Age of Biotechnology.

For more information:

https://gustavus.edu/events/nobelconference/2020/Chambers.php

To register: It's free!

https://qustavustickets.universitytickets.com/w/event.aspx?id=1508&p=1



### **Welcome New Psychology Majors**







He Lian '23 Hunan, China



Sinalei Wagner '23 Honolulu, HI



Lu Chen '22 Guangzhou, China



Bella Frentz '23 Mankato, MN

## **Welcome New Psychology Minors**



Shelby Kruger '22 Salem, OR



Nico Diaz de Leon '21 Chicago, IL



Tanner Hubbard '22 Farmington, MN



Gage Ryder '21 Eau Claire, WI



Lily Duquette '22 Bovey, MN



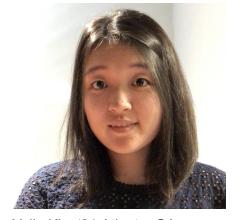
Kayla Togneri '21 Ventura, CA



Nana Amoah '21 Accra, Ghana



Zahara Spilka '21 Mequon, WI



Yujin Kim '21 Atlanta, GA







Mona Reddad '22 Kaohsiung, Taiwan



Katherine Podoll '21 San Geronimo, CA

## **Opportunity**

3M's Corporate Research Lab is looking to hire interns for Summer 2021 (links for <u>undergrads</u>). Psychology students with some programming skills are encouraged to apply, especially if they have an interest in data visualization.

Within the lab, I'm part of a research group with expertise in perception and psychophysics, human-computer interaction, and usability. Here are a couple links showing work that came out of our lab: <u>Visual Attention Software</u>, firefighter visibility research.

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Follow the psych department on social media: Facebook, Instagram, Twitter @Macalester Psychology to receive up-to-date information on events, get to know the faculty and students.



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