MACALESTER

Psycho-Babble



September 2013

IN THIS ISSUE

Department Events | Department Information | Alumni News



Chair Talk from Brooke

Welcome back! We hope you had a wonderful summer with a good mix of relaxation, adventure, wonder, productivity, and sleep. We are thrilled to welcome our new tenure-track social psychologist, Steve Guglielmo, to Macalester! Steve moved from Connecticut to the Twin Cities in August, and has already fearlessly thrown himself into the local culture. He was spotted, for example, at the State Fair bravely snorting down quarts of cheese curds and a variety of stick-based comestibles. Steve is teaching Directed Research and RIP I this fall; in the spring, he will teach a new class on Moral Psychology and another section of DR. His research lab is up and running, so be sure to stop by and see what they're up too. We're also delighted to welcome back full-time visitors Julia Manor and Anna Johnson. Julia is teaching RIP II and Inside the Animal Mind this fall. Anna's courses include Developmental Psychology and Stress and Development.

Overall, it's an exciting time to be in the Psychology Department. We look forward to a stimulating year with great speakers, panels, and social events. We hope that you will participate fully in department activities. Speaking of which, don't forget about our **Department Picnic on Thursday the 26th at Jack Rossmann's house!**

Best wishes for a terrific semester!







Fall Picnic: Thursday, Sept. 26th 11:30

The fall picnic is for anyone interested in psychology. It is a great time to chat informally with other students and to get to know the psychology faculty and staff members. Join us to enjoy some delicious picnic fare (hamburgers, hot dogs, veggie burgers, fruit, chips, brownies & drinks). We'll gather at Jack Rossmann's home, 99 Cambridge (across the street from the Fine Arts parking lot) from 11:30 - 12:30 on Thursday, September 26th. Hope to see you there.

Welcome Visiting Faculty

<u>Anna Johnson</u> earned her PhD in child psychology at the University of Minnesota, where she studied the development of self-control in children and adolescents. She is particularly interested in the relationship between stress and self-regulatory behavior and biology. Her current research projects examine cognitive-affective regulation and biological stress reactivity, long-term effects of chronic early life stress, and impacts of mindfulness and yoga practice on self-regulation. Anna likes to fill her free time with outdoor adventures, trip planning, and weekend getaways to her family's cabin in northern Minnesota. She is teaching Developmental Psych, Directed Research, and Stress and Development this fall.



<u>Julia Manor</u> is a Mac Alum who is happy to be returning to campus. She did her graduate work on episodic memory in animals at the University of Minnesota. Her research interests lie in the area of animal behavior and cognition. More specifically she is interested in the aspects of human cognition and behavior that can be found in the animal world. Additionally, she is interested in the interactions between humans and animals.



<u>Patrick Dwyer</u> graduated from Vassar College and is currently a Ph. D. candidate in Social Psychology at the University of

Minnesota. He has taught psychology courses at the University of Minnesota in the past, and is excited to have the opportunity to teach at a smaller liberal arts college. In his research, he examines psychological processes concerning motivation and persuasion, and is particularly interested in social psychological factors affecting prosocial, proenvironmental, and health behaviors. For his dissertation, he is investigating the persuasive influences of gratitude expressions in social contexts.

<u>Kathryn Hecht</u> is currently finishing her doctoral degree at the University of Minnesota in the joint clinical and developmental psychology program. Her research examines psychological, social and cultural factors that influence how children respond to/recover from trauma and the impact of severe violence on children's mental health and development. Kathryn's latest work focuses on the development of war-affected adolescents. She just completed her third year of data collection at a school in northern Uganda looking at psychosocial factors such as prosocial support and forms of aggression that are thought to influence child mental health outcomes (e.g. depressed affect, traumatic stress symptoms).

<u>Oh Myo Kim</u> recently graduated from the University of MN with her PhD in Counseling Psychology. She researches the intersection of culture and identity, specifically in transracial adoptive families. Oh Myo's dissertation examined an expressive writing intervention in adult Korean American adoptees. She is currently a postdoctoral fellow at The Emily Program.



Stephanie Pituc is currently a Postdoctoral Resident in Mental Health at the Hazelden Foundation in Center City, Minnesota. Stephanie received her Ph.D. from the Counseling Psychology program in the Department of Psychology at the University of Minnesota-Twin Cities. She also received her Masters degree and conducted research at Teachers College-Columbia University in New York City. Stephanie's research interests broadly center around racial/ethnic minority development and mental health, with specific interests in experiences of racism and racial discrimination, foreigner objectification, identity, cultural adjustment, and Asian American psychology. Her clinical interests include multicultural counseling, career counseling, group counseling, identity development, women's issues, trauma, and substance use and abuse. Stephanie also has a passion for teaching and has previously taught Introduction to Counseling Psychology and Vocational and Occupational Health Psychology.

Computer Lab Usage

All psychology students are welcome to use the psychology computer lab located in Olin Rice 354 when it is NOT being used by classes. The lab will be open Mondays through Fridays from 8:00 - 4:30 p.m. We ask that you keep in mind three things when using the lab:

- 1. Remember to log off a computer when you are done. If you do not log off, anyone using the computer after you will have access to all of your network files and other information.
- 2. All unnecessary or personal files will be deleted on Fridays. Please use your own drives or network file space to save your work. Otherwise, you will loose your work when it's deleted on Fridays.
 - 3. If a computer is not working, notify Darcy via dburgund@macalester.edu.

Mesmerizing Major - Jocy Bonilla

Favorite Movie: Eternal Sunshine of the Spotless Mind

Favorite Book: Pride and Prejudice

Favorite place to eat in the Twin Cities: Mickey's Diner What do you do when you are not studying? Sleep!

Where did you grow up? Los Angeles

Interesting fact about your hometown: Hollywood isn't as glamorous as people think it is.

Tell us something about your family: We're Latino, so Spanish is the main language spoken at home

Tell us something that you are pleased with or proud of about yourself: That I made it this far in college and got to study abroad in

Denmark!

Study Abroad Lunch - Tuesday, Oct. 1st at 11:30 in Olri 352

Each semester we look forward to this event. Students who studied abroad last semester tell us about their study abroad experiences and offer tips for those thinking of studying abroad. Students who were abroad last semester and will be invited to speak at the luncheon are: Erin Bloomfield-Bortz, Annalisa Harty, Kathryn Ibur, Qingyang Liu, Paul Rebman and Keelia Silvis. The lunch will be in Olri 352 and will be subs, chips, fruit and drinks. A representative from the study abroad office will attend to answer questions.

Psycho-babble

Maggie Ney '00, a naturopathic physician, is director of the women's clinic at the Akasha Center for Integrative Medicine in Los Angeles. She was recently in town with her husband Kirk (Class of 1998) and their daughter Sophie (age 3). Ellen Coble '13 is a case manager at Centerstone in Nashville. Centerstone offers services to prevent and treat mental illness and chemical dependency. Lauryn Gutierrez '11 launched her own company, 519 Photography. Devin Carter '11 and Geovanny Lazo were married last summer in Minneapolis. Devin works for the Minneapolis Kids school age child care. She is always looking to hire bilingual (Spanish-English) college students to help in the program. Lauren Silberman '12 is now Mental Health Support Specialist at Fellowship Health Resources. Maja Palmquist '12 is now Psychometrist at Minnesota Epilepsy Group. Suzanne Oh '13 is now Workshop/ Volunteer AmeriCorps Member at College Possible. Hannah van den Brandt '13 has been selected to serve as a Public Health Associate through the Centers for Disease Control and Prevention fellowship program. She'll be based in Seattle.

Faculty/Staff Summer Challenge

Guess which faculty member/ staff person said this about the highlight of his/her summer. See answers at end of PB.

- * defended her dissertation and had her first nephew welcomed to the family
- * found a patent application for a golf bag stand that his grandfather had created and designed
- * spent most the time with her kids her son started walking!
- * went with family members on a 2-hour cruise on the Chicago River looking at architecture
- * attended a conference in Japan and navigated away from the tourist sites to a local favorite where he climbed a mountain and viewed a panoramic site
- * moved to St. Paul and everything went well
- * attended intensive language study in American Sign Language at St. Kate's
- * spent peaceful, quiet time with some good books (and good kids)
- * won the grand prize of a solar heat exchanger at the Energy Fair
- * visited Maine with family and even went into the ocean

Friday Socials are every Friday in the psych hallway at 3:20. Come by for treats and a fun time with psych students and faculty.

Faculty/Staff Summer Challenge answers: Anna, Brooke, Julia, Jaine, Eric, Steve, Joan, Jamie, Lee & Darcy

www.macalester.edu 651-696-6223

Editor: Lee Olson, lolson4@macalester.edu

Psychology Department | <u>www.macalester.edu</u> | 651-696-6223

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