MACALESTER

Psycho-Babble



October 2014

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Chair Talk from Joan

Happy fall, everyone, I hope your semesters have started off well. October is a busy month in the Psychology Department. Please take note of the many upcoming events described below in this issue of Psycho-Babble (we are hosting events about study abroad, internships, and the field of school counseling; University of Minnesota Psychology professor Wilma Koutstaal will be on campus on the evening of October 8th giving a talk that will be of interest to many of you). Be on the lookout for other events that we'll advertise later in the month, too. For example, we're planning something special for Halloween in the department this

year that I'm quite confident will be both fun and educational... Stay tuned for more info! I want to thank the Psych Club for their energy and enthusiasm as we start this academic year; they've already hosted an event with Cari Gillen-O'Neel and had an open meeting for anyone who might be interested in participating more regularly in Psych Club activities. As always, I look forward to seeing you around the department and extend a warm welcome to come by my office to ask a question or just say hello.

Interested in School Counseling?

Please join us for a Q & A with Margaret Nigro (Class of 2009) at 4:45 on Thursday, October 2, in Olri 349. Margaret is a school counselor at a local school, and she'll happily talk and answer questions about her job. Her responsibilities include education and career planning, personal and social counseling, parent and teacher consultations, and test interpretation. Please come and learn about this exciting field. Refreshments will be served.



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The psych fall picnic was Sept. 16 at Jack Rossmann's home. We had beautiful weather and a great time.



























Minnesota Psychological Association Distinguished Scholar Lecture

Wilma Koutstaal, Ph.D.

Dr. Koutstaal will talk about Enhanced Mental Agility in Individuals and Groups on Wednesday, October 8th, at 7:30 in the Weyerhaeuser Boardroom. She received her psychology doctorate from Harvard University in 1996 and is currently an Associate Professor in the Department of Psychology at the University of Minnesota. She is the recipient of the 2012 William James Book award.

Mental agility involves ways of representing and processing information and knowledge that is flexibly, creatively and adaptively attuned to changing circumstances and goals. This presentation provides an overview of how enhancing mental agility in individuals and groups involves recognizing the importance of our idea landscapes and how we make and find (and make again) the ever-changing environments we create for one another.

Study Abroad Lunch

Each semester we look forward to this event. Students who studied abroad last semester tell us about their experiences and offer tips to those thinking of studying abroad. Students who were abroad last semester and will be on the panel are: Hannah Walker - SIT Study ABroad: Servia, Bosnia, and Kosovo: Peace and Conflict Studies; P.J. Murphy - DIS: Danish Institute for Study Abroad; Heather Renetzky - Augsburg College: Social Change in Central America; and Perry Campbell - Macalester: German Studies Program. The lunch be in Olri 352. Please RSVP to Lee. A representative from the study abroad office will attend to answer questions.



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Welcome visiting faculty

Vera Shuman

German native Vera Shuman received her Ph.D. in Social Psychology from the University of Michigan. She then spent four years in Switzerland (see picture of the Lavaux vineyards at lake Geneva) to further specialize in the psychology of emotions: How are emotions expressed and perceived? How do emotions influence decision making? What are the emotional dynamics in negotiations? She also has research experience in bicultural identity integration, friendship, and attitudes towards green products. Vera's teaching interests are Social Psychology, Culture, Emotions, Negotiation, and Research Methods.



Internship Lunch - Tuesday, Oct. 21 - 11:30 in Olri 352

Are you considering an internship? Come to the internship lunch. We will have a lunch panel with students who have finished or are currently doing internships around town. A representative from the internship office will have information available about the internship process. The psychology department strongly encourages students to consider doing an internship. The "real world" experiences are an invaluable addition to the major. Please RSVP to Lee for the lunch.

Psycho-babble

Minah Kim '16 used Psycho-Babble as an outline to do a homework assignment for a biology class. It's very funny - ask her to see it! Ana Armitage '14 is now working for the Admissions Department at UW-Madison. Julia Huerta '14 is the Residence Hall Supervisor at the International School of Minnesota in Eden Prairie, MN. Aubrey Rickle '14

started graduate school at the Chicago School of Professional Psychology and also has a job at the comedy club The Laugh Factory as a hostess and box office worker.



An almost twin clothing day with Brett Campbell '15 and Harrisonford Fauni '16.

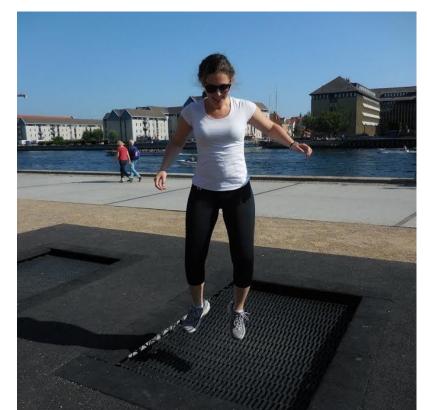
Postcard from Study Abroad

Elena Friedman '16

I am studying at the Gokhale Institute for Politics Economics in Pune, Maharashtra, India this semester through the Alliance for Global Education. There are many festivals during the semester, this picture taken from the balcony of my home stay, is of a group of



and



drummers (there are over 200 separate drumming and dancing groups) during the Ganapati festival. The festival celebrates the elephant god Ganesh, the lord of education and success. During the 10-day festival people pray to him and give offerings such as flowers and modak (sweet dumplings filled with coconut and brown sugar) asking him to remove obstacles from their life. I am having a terrific time here, the schedule allows for a lot of traveling to places like New Delhi, Agra, Kerala to see many historic sights.

Rachel Fogel '16

It's certainly been an adventure figuring out Danish culture, cuisine, and commuting this past month! I'm living with a host family in Hoje Taastrup, a small town about 45 minutes outside of Copenhagen. I have somewhat of a routine with getting up and going to classes every day, although we have travel breaks

every two weeks (which is great!) so it's a bit difficult to really get into the swing of things here. I have done plenty of exploring though -- I've been taking Friday evenings off to walk around all of the different neighborhoods in Copenhagen. Most recently, I walked around Nørrebro (a hip student area) and visited the graves of Hans Christian Andersen, Niels Bohr, and Søren Kierkegaard! Mostly, though, I've spent a lot of time walking up and down the various canals and harbors in the city (the picture is of me jumping on a trampoline built into the ground next to a canal right in the heart of the city). All in all, it's been a great month, and I can't wait for thenext three!

I hope you and the rest of the department are doing well! I hear it's getting pretty chilly in St. Paul. Stay warm!

Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited.

Dan Gilbert photos from his visit to Clinical and Counseling Psych







Welcome New Majors





Minah Kim '17

Olivia Sparks '16







Katherine Muschler



Wendy Chu '17



David Munkvold '17 -

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Opportunities Internships -

Children's Services Intern - Fall 2014 (24692852)

Greater Minneapolis Crisis Nursery - Twin Cities Metro, Minnesota

POSITION TYPE: Internship, Part Time

POSTING DATE: Sep 08, 2014

END DATE: Oct 08, 2014

<u>Health and Safety Youth Education Intern - Fall 2014 (</u>24692856)

American Red Cross - Northern Minnesota Region - Minneapolis, Minnesota

POSITION TYPE: Internship, Unpaid, Part Time

POSTING DATE: Sep 08, 2014

END DATE: Oct 08, 2014

Program Assistant - Fall 2014 (24692850)

Boys and Girls Club of the Twin Cities - Twin Cities Metro, Minnesota

POSITION TYPE: Internship, Paid, Part Time

POSTING DATE: Sep 08, 2014

END DATE: Oct 08, 2014

Community Outreach Intern - Fall 2014 (24692910)

Playworks - Saint Paul, Minnesota

POSITION TYPE: Internship

POSTING DATE: Sep 12, 2014

END DATE: Oct 10, 2014

HR Intern- Fall 2014 (24692904)

Second Harvest Heartland - Twin Cities Metro, Minnesota

POSITION TYPE: Internship

POSTING DATE: Sep 11, 2014

END DATE: Oct 15, 2014

<u>Legal Intern- Fall 2014 (Open Until Filled)</u> (24693038)

Access Justice, PSC - Twin Cities Metro, Minnesota

POSITION TYPE: Internship

POSTING DATE: Sep 23, 2014

END DATE: Oct 23, 2014

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Position: PCA for child with ASD

Contact: Angi Faiks, faiks@macalester.edu

Our family is looking for help in caring for our 10 year old son who has autism starting in fall 2014. We need an extra set of hands and eyes on the weekends weekday afternoons so my husband and I can get some breaks and so we can also focus a bit more our 8 year old son. We live in St. Paul, just east of Como Lake. Easy transportation to and from our house is a must. Having a reliable car is required.

Duties include talking to and playing with our son, helping him with daily living tasks and needs, going for walks and outings,

keeping him safe and happy, etc. We do have 2 dogs, just fyi.

We look for people who love kids and who have an interest in education, childcare, health care, special education, special needs individuals, or social work but this is not a requirement. We will train on the job.

Weekly hours are covered by 3-4 PCAs that divide the schedule and times can be flexible. The shared weekly schedule in the fall is Monday -Friday 3-6:30, Sat 1-5.

Hourly pay is between \$10-\$14.70 per hour depending on experience.

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Angi Faiks, Associate Library Director Access, Instruction & Research Services DeWitt Wallace Library Macalester College 1600 Grand Ave. St. Paul, MN 55105 651-696-6208 work 651-696-6617 fax faiks@macalester.edu

On campus Oct. 6th for interviews

Apply to be a Campaign Organizer 2 years of action for our environment, our democracy, our future

The Public Interest Network, which includes Environment America, PIRG and other groups, is hiring graduating seniors to join our team of campaign organizers. It's a two-year program designed to give you a chance to make a difference on some of the most important issues of our time:

- Global warming. It's a ticking time bomb for life on the planet. But if we're going to solve it, we have to get past the climate deniers in Congress.
- * Overuse of antibiotics on factory farms. Most of us would agree it's irrational to do anything that would risk the effectiveness of life-saving drugs. Yet that's what will happen if we let factory farms keep using antibiotics just to fatten up healthy animals.
- Clean water. What could be more obvious than the fact that we all need clean water? But if we don't take action, we'll keep seeing more problems like the big chemical spill in West Virginia, the huge coal ash spill in North Carolina, and the massive toxic algae bloom on Lake Erie, all of which happened just last year.

Solving big problems like these isn't easy – especially after the Supreme Court's Citizens United decision has made it easier for wealthy special interests to get their way in politics. If you want to make a difference on big issues like these, you need a groundswell of public support – you need to organize, mobilize and energize people. That's what this position is all about. To learn more and apply, visit http://publicinterestnetwork.org/page/pin/campaign-organizer.

What campaign organizers do: As a campaign organizer, your number one focus is getting people involved. When people get involved, that's when you see the energy and power it takes to win real change. If climate denial and fossil fuel money are standing in the way of action on global warming, it means you organize citizen "climate defenders" to push back for clean power. If it's hard to force big agribusiness to change its ways, it means you mobilize doctors and nurses to call out the insanity of threatening millions of people with antibiotic-resistant superbugs and other health effects – just because of their overuse on healthy animals.

This is what our campaign organizers do. And you won't just sit behind a desk. You'll be out in the real world –

- recruiting new groups to join a coalition,
- speaking at a church basement or town hall meeting on solar power,
- organizing a news event to release a hard-hitting report on money in politics,
- meeting with an editorial board about the overuse of antibiotics on factory farms,
- or doing whatever it takes to build the groundswell of support that gets attention and pushes public officials to do the right thing.

You'll get a chance to work on up to six exciting campaigns over two years. We'll work together to organize and mobilize citizens to take on global warming, antibiotic overuse, fracking, GMO foods, money in politics, clean water and more. You'll work with a great team of people. And you'll make a difference on some of the most important challenges of our time.

Qualifications: We look for smarts, leadership experience, top-notch written and verbal skills, and an eagerness to learn. We value experience organizing, including building campus groups.

Locations and start dates: We're in cities across the country. You'll find a list of our current openings on our website. If you're flexible, you can apply for multiple locations. We accept applications on a rolling basis. The program has two start dates in August and December.

Salary and benefits: Campaign organizers starting in August will earn \$24,500 in your first year and \$26,000 in your second year. You'll be eligible to join our group health plan at no cost to you. You'll receive two weeks of paid vacation at the completion of your first year, and accrue three weeks over the course your second year. You'll be eligible to apply for college loan assistance after

your third month, and to participate in our 401(k) plan at the end of your first year. Salary and benefits vary in California, Connecticut and New York.

To learn more and apply: Visit http://publicinterestnetwork.org/page/pin/campaign-organizeror contact our Recruitment Department at jobs@publicinterestnetwork.org.

Internships: Looking for an internship instead? Apply to be an Environment America or U.S. PIRG intern. You'll learn how to make an impact on critical issues, and there's no better way to get the experience to launch your career.

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Job Description

Our Learning Center is looking for energetic, positive individuals to work as Clinicians (Tutors). These positions are seasonal. Paid 7–10 day training in our

research validated

programs is provided. Ideal candidates will have a background in the education field and a passion for helping others. Responsibilities:

- Provide one-to-one instruction based upon each individual client's learning needs
- Work with Center Director and Consultant to implement client plans
- Interact positively and professionally with clients and staff to provide a safe and fun learning environment

Application:

Please complete the application for Clinician (Tutor) -Edina, MN at the following website: https://lindamoodbellcareers.silkroad.com/

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Student PIRG Campus Organizer 2015-2016 Job Description

Early Application Deadline: October 19th

Students founded PIRG (Public Interest Research Group) over 40 years ago, based upon the simple idea that America has more problems than we should tolerate, and more solutions than we use. Today, on any college campus, you can find students who feel driven to take on problems outside the classroom, whether it's global warming, big money in politics, or hunger and homelessness.

As a PIRG Campus Organizer, your job is to recruit these students to get involved -- and to train them to be effective leaders who can run campaigns that make an impact in the community, in the state capitol, in Congress, at the White House, or wherever it will make a difference.

We're hiring Campus Organizers to work on 40 campuses across America.

Early Application Deadline: October 19th

Responsibilities may include:

- Recruiting hundreds of students to volunteer
- Teaching students to plan and run effective campaigns through internship classes and on-the-ground training
- Building relationships with faculty and administrators
- Organizing news events and rallies, and generating the grassroots support it takes to win campaigns
- During the summer, each Campus Organizer runs a citizen outreach office. This entails fundraising and building

the organization, by canvassing and training others to canvass

Qualifications:

- Strong work ethic
- Outstanding verbal and written communication
- Proven leadership skills
- Strong commitment to getting results
- Passion for making positive social chang

Training

As a PIRG Campus Organizer, you will participate in regional and national trainings run by experienced Student PIRGs staff, consisting of both classroom-style learning and hands-on experience. This training will supplement the valuable skills and hands-on experience you gain on your campus.

Find out more

Find out more information at <u>jobs.studentPIRGs.org</u>. If you have any questions you can contact Micaela Preskill, Student PIRGs Recruitment Director at (312)544-4436 ext. 304 or mpreskill@studentpirgs.org.

How To Apply

Apply online at jobs.studentPIRGs.org by October 19th.

www.macalester.edu 651-696-6223

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