

# Psycho-Babble



May 2016

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## Goodbye Seniors

Soon we will be saying goodbye to the class of 2016. It is always a poignant time for us and for our graduates. They are now concluding one of the most significant times in their lives and will look back on it often over the years. We know they are well prepared for the next step in their life journeys, and we extend our congratulations and very best wishes to them all. A special reminder for seniors: We're still here for you even after you graduate, so please stay in touch!

### Psychology:

Leah Beckmann  
Lisa Cohen  
Tessa Danguillecourt  
Kevin Dowling  
Miles Eggen  
Nandita Elijah  
Rachel Fogel  
Rowena Foo  
Elena Friedman  
Glenna Gransee  
Rebecca Hawk  
Rowan Hilty  
Mariam Ibrahim  
Svitlana Iukhymovych  
Lily Jilk  
Lydia Karlson  
Minah Kim  
Madeleine Kornfeld

David Leipold  
Bunchung Ly  
Ryan Merker  
Wilson Merrell  
Jillian Merrick  
Erin Murray  
Katherine Muschler  
Wei Peng  
Jessica Pham  
Shayna Prochovnick  
Justin Rasmussen  
Shelly Rauvola  
Liana Ray  
Alexander Ropes  
Stacy Rozansky  
Olivia Sparks  
Kate Rose Spencer  
Jessica Stone  
Katie Street

Hannah Svec  
Julia Turner  
Lauren Wakabayashi

### Neuroscience Studies:

Darcy Camp  
Brooke Collins  
Lydia Craig  
Alexis Cruz  
Akanksha Dua  
Harper Fauni  
Sinta Fergus  
David Leipold  
Bunchung Ly  
Nicole Mathews  
Jonathan Melms  
James Mochizuki-Freeman  
Ngoc Nguyen  
Madeleine Parmenter

Bailey Polonsky  
Alexander Rack  
Casey Sass  
Noah Schoenberg  
Daniel Yee



## 2016 Global Citizen Award winner: Justin Rasmussen

Justin Rasmussen is a psychology major, religious studies minor, and African studies concentrator who grew up in Tanzania and Kenya. While staying very involved with activities on campus such as the Macalester Christian Fellowship and his work as a residential assistant, Rasmussen has remained focused on the continent that was for so long his home. He spent four months in Tanzania last year as a Taylor Research Fellow, working on a public mental health project, and over this past J-term completed a Live It! Project, also in Tanzania, in which proposed and planned a health-related transport mapping project in the

Mwanza area in an effort to improve health map data and access. As he puts it, “My continued work in global mental health is, to paraphrase theologian Frederick Buechner, the place where my deep gladness and the world’s deep hunger meet.”

Hawi Tilahun of Addis Ababa, Ethiopia, and Mariah Carray of Oakland, California, also won the honor.



## Winners!

A Macalester College team including our very own Ngoc Nguyen won second place in the quiz bowl competition of the Public Health Scholar Bowl held at St. Louis University on April 9. Ngoc and her teammates LutfE-Noor Rahman, Kimber Meyer, and Thao Hoang competed against 13 different colleges and had an amazing time! Congratulations, Ngoc, LutfE, Kimber, and Thao!



Photo: Lake Waikaremoana Great Walk

## Postcard from Study Away

Hey Mac!

This semester I am studying abroad through the Direct Enroll program at the University of Otago in Dunedin, New Zealand. I have been here for a little under two months now and absolutely love it! Dunedin is your typical college city that caters to the interests of college students and is conveniently located, making weekend trips to explore the south island of New Zealand quite easy. I am taking four papers (classes) of a wide variety at Uni, which include Cognition and



Neuropsychology, Cell Biology, Maori Society, and Introduction to Hinduism and Buddhism. The classroom setting varies greatly depending on the paper; my Cell Biology paper is a 550-person class (which took a little getting used to coming from Mac), while my Cognition and Neuropsychology paper is closer to 50 people. My neuropsychology paper has been especially influential in helping confirm my interest in pursuing a career within that field. My time during the week is usually allocated to schoolwork and studying, so that I can spend the weekends traveling.

I have spent the past couple of weekends traveling around the south island. Queenstown and the Fiordlands are the two most recent trips I have had prior to the mid-semester break. So far, I have done many tramps (hikes), gone bungy jumping, seen more sheep than I realized existed, learned to drive on the left side of the road, and so much more. This past week we had a mid-semester break, during which I travelled to the north island with four friends, where we toured Hobbiton, went to the Waitomo Glowworm Caves, walked the Tongariro Alpine Crossing and the Lake Waikaremoana Great Walk, visited Lake Taupo, spent time in Wellington, and experienced Rotorua's geothermal attractions. I realize that I have probably bored you with the all the things that I have listed, but this is merely to portray how many incredible things there are to do here! Hope all is well back at Macalester! See you next semester!

Michaela McGonigle

### Postcard from Study Away

For the past four months I have been studying studio art in Florence, Italy, through SACI (Studio Art Centers International). My experience has been a whirlwind of learning how to navigate a magnificently bustling, crowded, touristic, and intensely artistic city. It definitely has not been easy, but the depth of what I have learned about the world around me and about myself is immense. I am forced far out of my comfort zone, and I've faced constant challenges in my art and daily life. At Macalester, I am a psychology and studio art double-major, and although I came to Florence to study art, I have also had opportunities to study psychology and therapy as well. While I've been here, I've created a lot of art in unfamiliar mediums, seen some of the most famous historical art in the world, visited

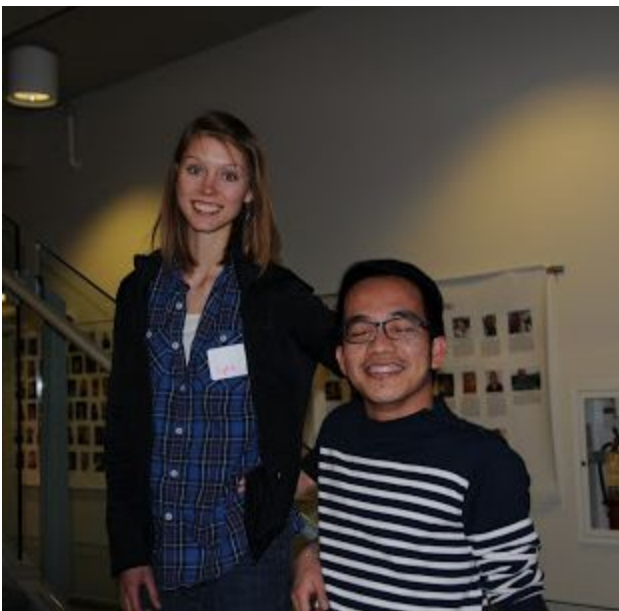
European countrysides and cities, taught yoga to peers in my program, and met some unique people. For one of my classes, my professor takes me and two other students to an art therapy center called Filo e Colori once a week, where we develop relationships with the patients as we explore different mediums of art and expression. For the past few months, I have been practicing dance and meditation with the patients as a way to learn about movement therapy and performance art. Although I have a background of dance, yoga, and meditation, at first I had no idea what I was doing! Most of the patients are older adults and only speak Italian, so it was a challenge. After working with the patients and learning how they individually move and dance, however, together we choreographed a collaborative performance. I have been deeply inspired by each of the patients I work with; they are all fearless and earnest in their movements and individual expression, and they are all extremely loving and kind. I am so grateful for this rich, artistic, and therapeutic learning experience, and I am definitely motivated to continue exploring paths for creative therapies and working with beautiful people like these in the future!

Juliette Myers



### Psych Dept. Annual Spring Dinner photos









## Alum Contact related to Social Enterprise

Mai Youa Moua '09 wrote this message to Joan; if you'd like to get in touch with her to learn more about her work, please write to Joan to get her contact information:

If you have any students who are interested in learning more about social enterprises, nonprofits that operate like businesses, feel free to share my contact information with them. I currently manage the program team of six in our Genesys Works St. Paul location as well as our summer training program. In our summer training program, we train incoming high school seniors in IT skills and then place successful students in paid, year-long IT internships in some of the biggest companies in town (i.e. Medtronic, 3M, Cargill etc...). During the year, my team is in charge of the success of our more than 100 students as they finish their senior year and work 20 hours a week in their internships. I'd be happy to connect with individuals to share my experience since college and talk about Genesys Works!

Let me know how else I can be helpful! Best, Mai Youa

## Mesmerizing Major- Rowena Foo

Favorite Movie: The Simpsons Movie

Favorite Book: Thinking Fast and Slow by Daniel Kahneman

Favorite place to eat in the Twin Cities: The Peninsula!

What do you do when you are not studying?

Weight lifting and eating chocolates. I know, it's counterproductive.

Where did you grow up? Kuala Lumpur, Malaysia

Interesting fact about your hometown: The Sears tower in Chicago was the tallest in the world until it was replaced by the Petronas Twin Towers in KL, Malaysia in 1998. Take that, Chicago!

Tell us something about your family: They are incredibly supportive in whatever I choose to do!

Tell us something that you are pleased with or proud of about yourself: I successfully pushed myself through Micro and Macroeconomics!



## FYI - Library Information

### Liaisons to Psychology



Beth Hillemann  
[hillemann@macalester.edu](mailto:hillemann@macalester.edu)  
x6704



Aaron Albertson  
[albertson@macalester.edu](mailto:albertson@macalester.edu)  
x6530

## Career Night photos





## Welcome New Majors

### Psychology



Rebecca Hirsch '18 Los Angeles, CA



Dennis Sotelo Martinez '18 Chicago, IL



Amanda Feigin '17 Croton on Hudson, NY

### Neuroscience Studies



Annastazia Harriott '19 Sheboygan, WI



Abigail Poole '19 Columbia, SC

### Summer Jobs and Internships

[Learning & Development Intern - Summer 2016](#) (24700633) Wells Fargo - Minneapolis  
POSITION TYPE: Internship POSTING DATE: April 06 END DATE: May 06

[Summer Intern - Educational/Instructional Leadership and Data Management - Summer](#) (24700581)  
Parnassus Preparatory School - Minneapolis  
POSITION TYPE: Paid, Internship POSTING DATE: April 04 END DATE: May 31

[Digital Media Specialist Intern - Summer](#) (24700497) Regalo International - Burnsville,  
POSITION TYPE: Internship POSTING DATE: April 01 END DATE: May 07

[Social Media Coordinator Intern - Summer](#) (24700496) Regalo International - Burnsville,  
POSITION TYPE: Full Time, Internship POSTING DATE: April 01 END DATE: May 06

[Summer Internship - Summer](#) (24700523) MDRC - New York, New York  
POSITION TYPE: Internship POSTING DATE: April 01 END DATE: May 08

[Community Outreach Intern - Summer](#) (24700490) Prepare + Prosper - St Paul  
POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: March 30 END DATE: May 14

[Youth Advocate/Program Leader, afternoons/evenings Summer](#) (24692110) Northern Star Council,  
Boy Scouts of America - Saint Paul  
POSITION TYPE: Part Time, Paid, Internship POSTING DATE: March 29 END DATE: May 31

[Human Resources Associate - Summer](#) (24698640) The Brewer Group - Minneapolis  
POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: March 28 END DATE: May 30

[Wardrobe Assistant \(Maplewood\) - Summer](#) (24691908) Tubman - Maplewood  
POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb. 17 END DATE: May 10

[Autism Mental Health Practitioner 3](#) (24699297) Integrated Development Services - St. Paul  
POSITION TYPE: Entry Level Job (< 3 yrs), Part Time, Paid, Internship POSTING DATE: April 10  
END DATE: May 10

[Social Media and Communications Intern](#) (24700497) Regalo International - Burnsville  
POSITION TYPE: Part Time, Internship POSTING DATE: March 31 END DATE: May 07

[MN State Fair Intern - Summer](#) (24699808) Renewing the Countryside - Minneapolis  
POSITION TYPE: Entry Level Job (< 3 yrs), Part Time, Paid, Internship POSTING DATE: February  
16 END DATE: May 15

[Customer Experience Intern - Summer](#) (24700808) Ditech Financial LLC - St. Paul  
POSITION TYPE: Internship POSTING DATE: April 20 END DATE: May 20

[Computer Camp Assistant Director - Summer 2016](#) (24700762) Emagination Computer Camps -  
Atlanta, Georgia; Fairfield, Connecticut; Lake Forest, Illinois; Rosemont, Pennsylvania  
POSITION TYPE: Part Time, Internship POSTING DATE: April 15 END DATE: May 22

[Family Support Intern - Summer](#) (24700225) Project for Pride in Living - Minneapolis  
POSITION TYPE: Internship POSTING DATE: March 15 END DATE: May 20

[Youth Development Intern - Summer](#) (24700063) Project for Pride in Living - St. Paul  
POSITION TYPE: Internship POSTING DATE: March 03 END DATE: May 20

[Youth Development Intern - Summer](#) (24700066) Project for Pride in Living - Minneapolis  
POSITION TYPE: Internship POSTING DATE: March 03 END DATE: May 20

[Youth Development Intern - Summer](#) (24700065) Project for Pride in Living - New Hope  
POSITION TYPE: Internship POSTING DATE: March 03 END DATE: May 20

[Youth Development Intern S. Mpls. Summer](#) (24700062) Project for Pride in Living - Mpls  
POSITION TYPE: Internship POSTING DATE: March 03 END DATE: May 20

[Youth Development Intern Summer](#) (24700064) Project for Pride in Living - St. Paul  
POSITION TYPE: Internship POSTING DATE: March 03 END DATE: May 20

[Marketing and Communications Intern - Summer 2016](#) (24700798) United Family Medicine  
POSITION TYPE: Internship POSTING DATE: April 22 END DATE: May 13

[Membership Engagement Intern - Summer 2016](#) (24700855) Minnesota Women's Consortium  
POSITION TYPE: Internship POSTING DATE: April 22 END DATE: May 20

[Client Services Internship](#) (24700312) Open Arms of Minnesota - Twin Cities Metro



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## Our Future. Our Voice. Our Vote.

The New Voters Project is looking for smart, motivated, full-time organizers to get out the youth vote next fall. [Apply today.](#)

What's in store for our future? Will we be able to get jobs, and pay off our bills and our student loans? Will the big issues of our day, like protecting our environment, student debt, or big money in politics get dealt with, or will they keep getting kicked down the road, only to get bigger and harder to solve?

One thing is for sure, we know a better future isn't going to happen if we just sit around waiting for it. We can't expect our elected leaders to pay attention to the issues we care about, or for things to start moving in the right direction if we don't make ourselves heard.

[That's why we are hiring organizers to run non-partisan voter registration and turnout campaigns on college campuses across the country this Fall.](#)

**What is the New Voters Project?** For forty years, we've built a legacy of recruiting, training, and inspiring young people to engage in democracy. We believe that for our democracy to work, young people need to be engaged. And the first step to engaging young people is exercising their voice at the polls. The New Voters Project is the largest non-partisan, on-the-ground young voter mobilization effort in the nation. Since 1984, we have helped to register more than 1.7 million young voters and made over one million personalized get-out-the-vote contacts. The New Voters Project is a project of PIRG Campus Action.

### The New Voters Project Campus Organizers will:

- Run a non-partisan voter registration and turnout campaign in a campus community. Campus Organizers recruit and train a cadre of volunteers to register 18- to 29-year-olds, collect pledges to vote from 18- to 29-year-olds who are already registered to vote, and contact all of these young people to turn out to vote on Election Day.
- Educate students and train new leaders. Campus Organizers teach citizenship and organizing skills. Campus Organizers also oversee an internship program, through which students can earn academic course credit for their work to boost youth voter engagement.
- Build a coalition. Campus Organizers work with student volunteers and interns to build a diverse, invested coalition of organizations and people, such as the student government, college president, College Republicans, College Democrats and others, to boost youth voter turnout.

**APPLY ONLINE** at [PIRGCampusAction.org/apply.html](http://PIRGCampusAction.org/apply.html)

[www.macalester.edu](http://www.macalester.edu)  
651-696-6223