MACALESTER

Psycho-Babble



November 2016

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Chair Talk from Joan

Wow, can you believe it's already November? I think this is the busiest programming month we've had in the department in a while, so please check out the rest of PsychoBabble for information about a variety of wonderful opportunities. Some of these are organized by the Psych Club, and I want to remind you that everyone is welcome at Psych Club events. It's not a "club" in the sense that you have to be a member, or pay dues, or anything like that! You just have to show up to the event and take advantage of the opportunity to learn something, meet

someone, get connected. There are also some wonderful "postcards" from psychology majors who are studying abroad, as well as reflections from majors who had summer opportunities (one internship, one research assistantship) supported by the psychology department, so be sure to check those out.

Finally, spring registration starts in November! We have a lot of exciting topics courses this spring. There are descriptions below in PsychoBabble (and by clicking on the course name on the registrar's site), so be sure to check them out. Also, don't forget that you get to meet with your advisor before you register. If you have any questions about spring registration, don't hesitate to be in touch.



Careers in Mental Health and Clinical Health Psychology Lunch Thursday, Nov. 3 11:30 - 12:30 in Olri 352

Jaine Strauss will host a conversation about mental health careers, including social work, counseling psychology clinical psychology, psychiatry, health psychology and school psychology. She will answer questions about the ins and outs of graduate training in each discipline.

Please RSVP to Lee to have lunch.

Coffee with Anjali - Thursday, Nov. 3 4:45 in Olri 352

Come and meet with Anjali and learn her interests and research topics. We'll have coffee and treats.

Alumni Panel with psych club leaders, Tuesday, Nov. 15 in Olri 300

Join Psych Club for a dessert panel event and discussion with recent alumni who were Psych majors here at Mac. They will talk about their career path and help you think about yours after Mac. There will be time for mingling, and there will be cake.

Psycho-babble

Lydia Craig '16 wrote to Brooke Lea, "I just won a T-shirt for getting the top score on our stats midterm. Thank you for the firm stats foundation; if you're teaching RIP, you can tell all your students that they are lucky, and that stats matters!!" Justin Rasmussen '16 is moving in November to Uganda for a job.

Elizabeth Lieske '15 is a medical student at the University of Minnesota, Twin Cities. Seth Kreielsheimer '11 is a Language and Culture Assistant at Comunidad de Madrid in Madrid, Spain. It is an English immersion program in a Spanish public school for 4th, 5th & 6th graders with minimal English-language backgrounds. He is creating lesson plans and activities, collaborating with Spanish teachers and working individually with students to improve English language skills.



Thank you to Study Away panel

Heather Bourne, Elena Torry-Schrag, Wendy Chu, Meghna Patiath and Gina Marie Storch shared their experiences and insights about their study away programs. Thank you!

Meet the 2015 - '16 Psych Club Leaders

Our 2016-17 psych leaders are Emily Roebuck, Amanda Feigin, Meggie Royer, Bram Wang and Esther Ying. They have been hosting Friday Socials and had events (Coffee with Jenny Xiao) already this fall. There are more events planned for the upcoming months so please watch for flyers posted around the department. Also, let them know about any ideas you may have. We appreciate them!



Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited.

Thank you interns!

The Intern Panel Lunch was full of helpful tips and thoughtful insights. Thank you Alisa Khananashvili, Emma Burt, Esther Ying, Autumn Kirkendall, Anika Sigel and Abbie Fleeter. Thanks to Jaine Strauss for moderating and to Michael Porter for sharing information about the process.

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Autumn Kirkendall, Anika Sigel and Abbie Fleeter. Thanks to Jaine Strauss for moderating and to Michael Porter for sharing information about the process.



Mesmerizing Major - Maritza Steele '17

Favorite Movie: This is a hard question. My top three are Gattaca, Titanic, and Whisper of the Heart (in no particular order).

Favorite Book: The Great Gatsby

Favorite place to eat in the Twin Cities: Osaka Japanese Steakhouse & Sushi

What do you do when you are not studying?: Sleeping!

Favorite place to eat in the Twin Cities: Osaka Japanese Steakhouse & Sushi

What do you do when you are not studying?: Sleeping!
Where did you grow up?: I grew up in Maplewood, New Jersey. It's a

small suburban town in Northern New Jersey.

Interesting fact about your hometown: My town was originally a part of a township (back in the 1800's). Even though the township has since separated, Maplewood and the neighboring town, South Orange, still share the same public school district and traditions while maintaining distinct identities.

Tell us something about your family: I am a second generation Jamaican-American. My siblings and I are about 2.5 years apart and we have the same first, middle, and last name initials!

Tell us something that you are pleased with or proud of about yourself: I am proud that I wear my hair in its natural state. To me, it represents a pride and celebration of my cultural roots as well as a defiance of negative perceptions attributed to them. It serves as a reminder that I am Black and not ashamed of my Blackness.

Friday Socials

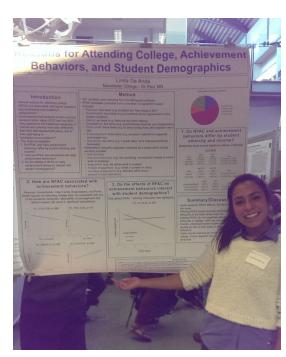
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KidsJudge! - We need volunteers!

Want to get out of the Mac "bubble" but not have to commit too much time or even leave campus? KidsJudge! is Saturday, Nov. 19th and we need volunteers to help with the expected 180 4th, 5th, & 6th graders coming to campus to learn about neuroscience. You could play different roles depending on your interest. Buses start coming at 12:45 and leave at 4:15-4:30. Please talk to Lee about volunteering.

Parchem Experience - Linda de Anda

This past summer I spent time in Prof. Cari Gillen-O'Neel's lab doing research. With a sample of about 300 students and the data collected, I was able to answer research questions regarding students' reasons for attending college, achievement behaviors, and how these interact with race and socioeconomic status. Results showed that students' reasons for attending college and achievement behaviors were more similar than different. Results showed only one negative effect of reasons for attending college on achievement behaviors among underrepresented students. After doing summer research, I have a greater appreciation for the research process and for those who dedicate their time finding the answers to many of our questions.



Spring topics courses

PSYC 294-01 Industrial/Organizational Psychology M, 07:00 pm-10:00 pm OLRI 352 STAFF

Industrial-organizational (I/O) psychology is the scientific study of people in organizations — and the application of that science to workplace issues facing individuals, teams, organizations and society. This course will introduce you to the science and practice of I/O Psychology, and what I/O Psychology has to offer anyone who plans to lead others or to help develop effective organizations. Topics will include how to determine what to look for in candidates for hire, how to evaluate candidates for hire or promotion, how best to manage performance in organizations, what's been shown to motivate people, employee retention, team effectiveness, and organizational culture.

PSYC 294-02 Enactments:Theaters/Therapies MWF, 01:10 pm-02:10 pm NEILL 304 Cleary, Strauss

Permission of instructor required; first day attendance required; cross-listed with THDA 294-01* Theaters/Therapies is a semester-long inquiry into the dynamic, complex, and generative intersections between psychology and performance. Beginning with Freud's epiphanies about personality while viewing a staged production of Oedipus Rex, the course uses psychoanalytic theory to reveal and interrogate audiences' and actors' psychological experience alongside therapists' and clients' dramatic experience. We explore plays about therapy; improvisation as a therapeutic and performance practice; empathy, emotion and spectatorship; and the transformative capacity of "what if?" role-playing. The course also invites reflections on the intertwined worlds of theater and therapy in promoting social justice.

PSYC 394-01 Attitudes and Persuasion MWF, 09:40 am-10:40 am OLRI 300 Yi Xiao

What determines our likes and dislikes—our attitudes—about people, consumer products, and ideas? How can we measure these preferences? How do our attitudes influence behavior? Is it possible to hold attitudes that we are not aware of? Can our attitudes ever be changed, and what makes a strong persuasive message? It is clear that understanding attitudes is fundamental for understanding many topics of interest to social scientists—impression formation, group stereotypes, marketing and consumer behavior, jury decision-making, political preferences, and many others. This course will provide an intellectual forum for discussing attitudes and persuasion from a social psychological perspective. Students will use materials from books, scholarly research articles, and video/film clips to explore topics such as attitude formation and structure, self-perception, attitude measurement, ambivalent attitude, the attitude-behavior relationship, attitude change, social influence and persuasion, dissonance, implicit attitude, attitude about groups, and so on. We will rely on scientific experiments and theories to approach each of these topics. Students will be expected to participate actively in class discussions, provide written reaction papers, and develop a final research proposal.

PSYC 394-02 Brain and Emotion MWF, 02:20 pm-03:20 pm OLRI 300 Julia Manor

In this course, students will be introduced to the growing field of affective neuroscience. This is a field that has long been controversial because it relies on private experiences. Animal models are often necessary for the controlled study of emotions, but many scientists have denied the existence of animal emotions. We will explore the evidence for emotional systems and experiences in animals and the underlying neurobiological mechanisms.

The format of the seminar will include student led discussion of recent topics in the study of affective neuroscience. Topics will include: love and sexuality, anger and aggression, and play and laughter. We will also look at the connections of these emotional systems to development and psychiatric disorders.

PSYC 394-03 Psychology of Globalization W, 07:00 pm-10:00 pm OLRI 300 Anjali Dutt

Globalization is the growing interconnection of cultures and societies worldwide. In this course we will examine how methods and theories from psychology can contribute to understanding this phenomena. We will also discuss how globalization relates to inequalities, and in turn, how and why it has important implications for psychological research. Questions to be discussed include: In what ways does globalization impact ideology? How are individuals and communities impacted by changing international structures? And, in what ways does our increasing interconnection help or impede our abilities to address social issues at a global level, such as social inequalities and environmental concerns? Students will complete semester long research projects on relevant topics of their choosing.

Places to get a Summer Fellowship - thinking Summer 2017 already!

It's hard to believe, but NOW is the time to start considering the possibilities for doing research or an experiential learning opportunity during the Summer, 2017. To help you get started, the Science and Research Office (SRO) is offering a workshop called "Applying and Planning for Your Summer Experience." This is a one-hour workshop for students from the science division, facilitated by Professor Liz Jansen, that aims to answer all of your questions about the process.

There will be some junior and senior science majors who have had a variety of summer experiences at the workshop. They will share information about their summer experiences and the application process.

This workshop is being offered twice: • Wednesday, Nov 9 12:00 - 1:00 in Olri 205 • Thursday, Nov 10 12:00 - 1:00 in Olri 205 • Pizza will be provided for lunch. **Please RSVP** to SRO@macalester.edu by 12:00PM, Monday, Nov 7 if you plan to attend the workshop. Make sure you **indicate which date you plan to attend the workshop.** If you have questions about the workshop, please contact Matt Katsaros mkatsaro@macalester.edu.

The psychology department website also has some information about summer research opportunities, and we are in the process of compiling more information that will be particularly relevant to psychology majors.



Postcard from Study Away - Maegan O'Herin

I am studying abroad in Seville, Spain this semester and am enjoying every minute of it so far! I have already seen improvement in my Spanish speaking abilities thanks to my wonderful host señor and señora and being challenged taking classes I would normally take at Macalester, but taught in Spanish. I have travelled around southern Spain including trips to Granada, Cádiz, Huelva and even Lagos, Portugal!

I can't wait to continue my travels throughout Europe and learn more about the wonderful city of Seville! I have learned how to play Padel (a popular sport here), eaten plenty of paella, and met so many wonderful people! I can't wait to share this experience once I'm back at Macalester.

Postcard from Study Away - Hannah Mangas

Hey Macalester! Greetings from Positano on Italy's Amalfi Coast. I'm here on break from my classes in Copenhagen, where I've been a part of DIS's Prostitution and the Sex Trade in Europe program for the past

two months. I've had an incredible time exploring CPH, traveling Europe, and eating my weight in smørrebrød (traditional Danish open-faced sandwiches). In addition to my Prostitution and the Sex Trade course, I've been taking several psych classes, all of which emphasize experiential learning. On Wednesdays, we have no regular classes; instead, we have anywhere from zero to three field studies that give us a chance to get out into the city and surrounding area for more hands on learning. So far, I've been to a Snoezelhus (a house filled with multi-sensory tools and toys for people with sensory



sensitivities and developmental disorders), a Freudian center for modern psychoanalysis, and even a virtual island community of people with disabilities on the virtual world Second Life. DIS is really great about integrating theories and principles that we learn in the classroom with their real world applications. Outside of classes, I've had fun on class trips to several cities in Sweden and a DIS sponsored bike trip to the island of Bornholm (which you can see in the picture). I've loved my time here so far, and would love to talk to anyone who's considering doing DIS in the future!

Postcard from Study Away - Ngan "Jasmine" Nguyen

My experience, so far, has been phenomenal! Ashesi, Ghana feels like a second home to me. My roommates are loving - they took the time to take me to the local market to pick cloth for my first African-print dress. They've also been with me to share my many first experiences, such as, taking a *trotro*. I believe I am making life-long connections here at Ashesi.

My favorite class is Entrepreneurship. I love the hands-on experience of starting a business venture with my team of five. We are currently working on a project to transform the conventional ways of transporting heavy goods in urban markets. We work closely with Engineering students from Brown University and staff at Burro towards the goal of launching a viable product in the commercial market by Fall 2017. I am so blessed to

receive tremendous support from my lecturers, Nepeti [Nicannor] and Sena [Agyepong], even beyond classroom and office hours. This experience gave me confidence and new perspective in my journey as an aspiring social entrepreneur.

Outside the classroom, I am one of the student organizers of Speak! Club, whose mission is to hone Ashesi students' public speaking skills and empower them as leaders. I coordinate the meetings and mentor other members on public speaking skill. Outside Ashesi, I am an active member of Busy Speaker Toastmaster, Accra, also a public speaking club.





Postcard from Study Away - Miriam Stoner

Hi Everyone!

This semester I'm studying studio art in Florence, Italy. I'm working on the themes of social conflict and bodies through the mediums of installation and performance art, ceramics, and creative writing. When I'm not in class I've been enjoying spending time with my housemates (a few from Mac), drinking great wine, eating great food. This weekend I got out of the city (always buzzing with motorcycles and people everywhere) and took a trip up North to the Dolomites to go hiking!





Summer Research Experiences - Harp-Pollack NYC Summer Fellowship -

Welcome New Psychology Majors



Jocelyn Martin '17 Pittsburgh, PA



Esther Ying '18



Bailey Haas '19 Ocean Springs, MS



Maya Stoller '19 Brattleboro, VT



Alejandra Acevedo '19 Miami, FL



Haley Mimbs '19 Nesbit, MS



Rebekah Griffin '19 Rancho Cucamonga, CA **Neuroscience Studies**



Juliette Parmenter '19 Boston, MA



Trey Johnson '17 Mahtomedi, MN



Nicolas Koch-Gallup '19 Silver Spring, MD

Missing a water bottle? Please see Lee.

Opportunities

Recruiting volunteers for a Mental Health Placement in Bali and Sri Lanka. https://slv.global/placements-abroad

SLV.Global is a volunteer organisation working in both Bali and Sri Lanka, founded by a group of Psychology graduates in 2010. SLV.Global recruit volunteers to work at various mental health, teaching and social work projects. The Mental Health Placement includes volunteering at a psychiatric hospital whilst being trained by mental health professionals. Additional projects include; volunteering at centres for people with special needs, youth English teaching and running activities at children's development centres.

All volunteers are required to undergo a series of in-country training sessions run by local NGO's and charity workers, such as basic teaching English, working with children and vulnerable adults.

I'm always available by email at alice@slv.global and I'd be happy to have a chat with you about our placements.

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Are you interested in applying an in-depth knowledge of psychology and education to help kids, families and schools? The **MSUM School Psychology program** is a great place to start your career in School Psychology.

Our program enjoys a reputation for equipping graduates with knowledge and skills in academic, mental health, and systems consultation, assessment, and intervention. You will apply what you are learning to field-based experiences in the schools starting your very first semester. We emphasize sensitivity to diversity and work with schools serving students from a wide range of cultures and backgrounds.

In our NASP-approved program you will earn both a master's (M.S.) degree and a Specialist (PsyS) degree in School Psychology in just two years on campus and a final year of internship (typically paid) in the schools. The Specialist degree is the standard for certification in most states.

We would love to answer your questions about a career in school psychology or about our program, and invite you to schedule an informational interview and/or campus visit—we know it is a big decision. We can also arrange for you to talk to one of our current graduate students about their MSUM experience. Our application deadline is February 15.

Lisa Stewart, Ph.D., MSUM School Psychology Program Coordinator stewart@mnstate.edu or schpsych@mnstate.edu

The Counseling and Student Personnel Psychology (CSPP) program at the University of Minnesota would like to invite you to attend an information session, held on Tuesday, November 1st from 4:00-6:00pm in Education Sciences Building, Room 325. Faculty, staff and students will be on hand to answer questions about the program, and talk about the application process. If you are interested in attending, please RSVP at http://z.umn.edu/rsvpinfosession2016.

To learn more about the Counseling and Student Personnel Psychology program, please visit our website at :http://www.cehd.umn.edu/EdPsych/Programs/CSPP/default.html

Jobs

Job Opportunity: Personal Care Assistant/Tutor

We have a loving 13 year old boy with Autism and are looking for someone to provide tutoring and guidance for him. This is a year-round, part-time position. Typical tasks might including behavioral redirection and helping him focus on his exercise, reading, or math. You may also assist him in learning/remember procedural tasks (ie. brushing teeth) that he was taught at school. We are very flexible with a work schedule but are looking for someone 10-20 hours a week, Tuesday and Thursday evenings and Sundays would be great, but we are open to any other day as well. Care is provided at our home in Woodbury (20 minutes from campus). If interested, please contact Suresh at suresh.techies@gmail.com or 703-598-0790.

<u>Family Focused Undergraduate Classroom Intern - Jan/Spring 2017</u> (24702664) Washburn Center for Children - Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 10 END DATE: Jan 06

<u>Youth Development Intern - Spring 2017</u> (24702670) Minnesota Children's Museum - St. Paul POSITION TYPE: Unpaid, Internship POSTING DATE: Oct 10 END DATE: Dec 17

<u>2017 Summer Internship - Human Resources: Recruiting</u> (24702468) U.S. Bank - Minneapolis POSITION TYPE: Paid, Internship POSTING DATE: Sep 16 END DATE: Nov 16

<u>2017 Summer Internship – Corporate Social Responsibility/Community Development(</u>24702419) U.S. Bank - Minneapolis POSITION TYPE: Paid, Internship POSTING DATE: Sep 15 END DATE: Nov 16

<u>2017 Summer Internship – Innovation/Strategy and Business Development</u> (24702429) U.S. Bank - Minneapolis POSITION TYPE: Paid, Internship POSTING DATE: Sep 15 END DATE: Nov 16

<u>2017 Summer Internship – Marketing, Communications, Brand, and Customer Experience</u> (24702420) U.S. Bank - Minneapolis POSITION TYPE: Paid, Internship POSTING DATE: Sep 15 END DATE: Nov 16

<u>Child Care Assistant - January/Spring 2017</u> (24694005) Tubman - Minneapolis or Maplewood POSITION TYPE: Unpaid, Internship POSTING DATE: Oct 25 END DATE: Dec 22

<u>Community Partners Coordinator Intern - January/Spring 2017</u> (24699124) Tubman - Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 25 END DATE: Dec 22

<u>Wardrobe Assistant - January/Spring 2017</u> (24691908) Tubman - Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 25 END DATE: Dec 22

<u>Youth and Family Advocate - January/Spring 2017</u> (24698788) Tubman - Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 25 END DATE: Dec 22

<u>Digital Marketing Intern - January 2017</u> (24702784) High Monkey - Minneapolis POSITION TYPE: Paid, Internship POSTING DATE: Oct 24 END DATE: Dec 31

<u>Marketing Intern - January/Spring 2017</u> (24702815) Thebe&Co - Minneapolis POSITION TYPE: Part Time, Internship POSTING DATE: Oct 24 END DATE: Dec 9

<u>Teaching Internship - Summer 2017 (</u>24702781) Northfield Mount Hermon Summer Session - Mount Hermon, Massachusetts POSITION TYPE: Full Time, Paid, Internship POSTING DATE: Oct 24 END DATE: Feb 01

<u>Human Resource Assistant - Spring 2017</u> (24702754) Project Footsteps - Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 18 END DATE: Dec 22

<u>Marketing & Development Coordinator - Spring 2017</u> (24702752) Project Footsteps - Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 18 END DATE: Dec 22

<u>Program Operations Assistant - Spring 2017</u> (24702753) Project Footsteps - Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 18 END DATE: Dec 22

<u>Family Focused Undergraduate Classroom Intern - January/Spring 2017</u> (24702664) Washburn Center for Children - Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Oct 10 END DATE: Jan 6

www.macalester.edu 651-696-6223

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