



April 2017

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Chair Talk from Jaine

April is here! As always, we have a busy month ahead. A highlight of April each year is the annual Spring Dinner -- April 24 from 5:30 - 6:30 p.m. in the Smail Gallery. All are welcome!. The food will be delicious, the conversations will be lively, and the trivia contest will be challenging! On April 19th, we'll host our annual Johnson Lecture, featuring Dr. Rich Lee (please see below for more information). April is also registration time, so those of you who aren't graduating this spring can look forward to picking your classes for next semester. We will have several visitors in the department next year, a full-time visiting scholar in neuroscience, Dr. Deborah Kreiss, and a two-year post-doctoral teaching fellow, Ariel James. Please see below for more information about these wonderful additions to our department and community. April is also MUPC month. Our Directed Research students will present their work at the Minnesota Undergraduate Psychology Conference at St. Olaf College later this month. Finally, I would like to extend my congratulations to the recipients of our various departmental awards. We have so many amazing students (yes, that includes you, the person who is reading this issue of PsychoBabble right now!) and it is always a challenge to pick among you for these departmental honors. Please see below for this year's awardees, and join me in congratulating them. They will be recognized at the Spring Dinner.

Minnesota Psychological Association Distinguished Scholar Lecture/Johnson Lecture - Professor Richard M. Lee, Ph.D.

The myth, burden, and cost of being forever foreigner and a model minority

Wednesday, April 19, 2017 5:30 - 7:00 Weyerhaeuser Boardroom



In the racial landscape of the United States, Asian Americans are perceived as both the model minority and forever foreigner. These racial stereotypes result in both overt and subtle forms of discrimination. In this

presentation, Dr. Lee will present a series of studies that examine these discriminatory experiences more commonly experienced by Asian Americans, the impact of discrimination on the psychological adjustment of Asian Americans, and moderators/mediators of the discrimination-adjustment link. He will conclude with a discussion of ways in which Asian Americans can respond and resist against these racial stereotypes and acts of discrimination.

Richard M. Lee, Ph.D., is a Professor of Psychology and Asian American Studies at the University of Minnesota. He was born and raised in Connecticut. He is the youngest of three sons raised by immigrant parents from South Korea. He attended Simon's Rock College of Bard, Boston College (B.A.), and Virginia Commonwealth University (Ph.D.), followed by a predoctoral internship and postdoctoral fellowship at the University of California, Davis. He previously taught at the University of Texas, Austin before moving to Minnesota in 2000.

Professor Lee is a fellow of APA Division 17 (Society of Counseling Psychology) and Division 45 (Society for the Psychological Study of Culture, Ethnicity and Race) and the Asian American Psychological Association. He is a founding member of the Asian Caucus of the Society for Research on Child Development and the Diversity Committee of the Society for Research on Adolescence. From 2011-2013, he served as President of the Asian American Psychological Association. He is the current Editor for *Cultural Diversity and Ethnic Minority Psychology* (2015-2019). His research has been funded by the National Institutes of Health and the National Science Foundation.



2017 Thomas J. Watson Fellows

Ngan "Jasmine" Nguyen has been named a Watson Fellow for 2017. She will receive \$30,000 for twelve-months of travel and college loan assistance. Jasmine plans to study social entrepreneurship among young people in Bangalore, India; Kigali, Rwanda; Santiago, Chile; and Edinburgh, Scotland.



Visiting Faculty for 2017-18

Ariel James will be joining us for two years as a Wallin post-doctoral fellow. She received her BA from Stanford University, and she will defend her dissertation in cognitive psychology at the University of Illinois later this month. A winner of a prestigious NSF Graduate Research Fellowship, Ariel's research focuses on individual differences in syntactic processing; she has already published several key papers in this field. She is passionate about teaching, including serving as an instructor with the Education Justice Project, providing college courses to people who are incarcerated. Ariel will teach Cognitive Psychology in the Fall, and she'll teach an advanced course on Intelligence in the Spring; she'll also teach a section of Introduction to Psychology.

Deborah Kreiss is a neuroscientist whose specialties include behavioral neuroscience and neurophysiology. She received her BA from Cornell and her PhD from the University of Pennsylvania, and she has developed an extensive teaching portfolio through positions at Ithaca College, Colgate University, and, most recently, Washington and Lee University. Her research focuses on the neurophysiology of obsessive compulsive disorder, including the development of an innovative and generative rodent model for OCD. Deb has published numerous peer-reviewed articles, often with undergraduate co-authors, and she is eager to work with Macalester students. She'll teach Brain, Mind, and Behavior both semesters, an advanced course on the Neurobiology of Anxiety and Depression in the Fall, and Behavioral Neuroscience in the Spring.



Psych Information Lunch - Tuesday, April 4th 11:30 Olri 352

Are you a new major? Considering a major? Do you have questions you would like to ask other majors? Would you like to hear about how to work in a professor's lab? If you answered yes to any of these questions, please attend our Psych Info Lunch. Faculty members will talk about the classes they teach and about their research. The faculty then leave the room so students can hear just from other majors. Several current majors will be there to answer any questions you might have. We will serve lunch so please RSVP to Lee.

Psychology Department Award Winners

Paterson - Emily Sanford

Paterson Award nominee – The Paterson is given by the Minnesota Psychological Association to the outstanding college senior planning a career in psychology. The purpose of this award is to recognize and encourage high achievement in psychology at the undergraduate level. The psychology department nominates one person for this award. This year, Emily Sanford is our Paterson nominee. Emily has an extraordinary record of academic achievement. She was our 2015 Parchem Fellow, which she spent working with Professor Julia Manor. She has been the supervisor of Macalester's eye-tracking lab (iLab) this year. Ms. Sanford's excellent work has been widely appreciated; her grad-school applications featured four letters of recommendation from three different departments at two separate institutions. These words of support, together with impeccable academic credentials, landed her interviews at six top PhD programs: Berkeley, University of Pennsylvania, Carnegie Mellon University, Johns Hopkins University, Rochester University, and MIT. Most impressive of all, she was recently awarded a National Science Foundation Graduate Research Fellowship, an exceptional honor. Emily will begin a PhD program in Cognitive Science this fall at her first-choice school, Johns Hopkins University.





Mink - Wendy Chu

Walter D. Mink – given to a senior who has a strong academic record and has also provided outstanding service to the department, the college or the broader community.

Wendy is a Psychology major planning a career in clinical psychology. She has been an active and generous contributor to the department through her roles as a research assistant to Jaine and Julia, a preceptor for RIP I, and a leader of the Psychology Club. Wendy has also been a research assistant for the past three years at University of California-San Francisco, and she was a McNair Scholar with Nathan Kuncel at the University of Minnesota. Wendy's service record is as

distinguished as her research record; she has volunteered with Crisis Text Line, Mental Health Association of Minnesota, and Education for Minorities, along with serving for three years on Macalester's Alumni Board.

Rossmann co-recipients: Elena Torry-Schrag and Cole Ware

Jack Rossmann Award – honors a graduating senior psychology major who has an excellent academic record and has also made distinguished contributions in the application of academic psych through activities such as applied research, internships, or community service.

Elena is a senior from Forest Grove, Oregon, near Portland. As a double major in psychology and education studies, Elena has been particularly interested in applying a disability studies perspective to improving educational experiences for young people with disabilities. For the past two years Elena has been a student intern at Breakthrough Twin Cities, where she does program development and provides support to prepare under-resourced students for college success. She has also participated in the Mac Mentors program, ACES (Athletes Committed to Educating Students), and the Macalester chapter of the youth division of the Special Olympics. Elena is a member of Macalester's cross-country and track teams, the Macalester Concert Choir, and Joan Ostrove's research group.



Cole is a senior who grew up in various parts of the midwest including Illinois, Ohio, and Wisconsin. He is a psychology major and a German Studies minor who has been extremely active in student government and the Civic Engagement Center here at Macalester. As the "issue based organizer" with the CEC, he builds relationships with organizations around the Twin Cities to provide Mac students with volunteer opportunities related to economic justice. He is particularly interested in a career serving the public interest, focused on eliminating poverty.

Harp Pollack Summer NYC Internship Fellowship: Veronica Zapata

Harp-Pollack Summer Internship in NYC - The fellowship supports one student who would not otherwise have the opportunity to participate in an unpaid public interest summer internship in New York City.

Veronica is a sophomore from Los Angeles, CA, who is double majoring in psychology and music. She is planning to combine these interests during her internship this coming summer and is in the process of finalizing a position with the Opportunity Music Project, a non-profit that provides underprivileged students with free music lessons and instruments (a program that's very similar to one that she was part of when she was growing up). Veronica is a runner (she has participated in both track and cross country) and plays violin in the Macalester orchestra.



Parchem Summer Research Fellowship: Bailey Haas

The Parchem Fellowship, established in 2010 by Drs. Allen and Georga Parchem, provides an opportunity for psychology majors to work closely and collaboratively with faculty members on faculty members' research, typically during the summer. The Parchems hope this research opportunity will further students' interest in and commitment to conducting research.

Bailey is a sophomore from Ocean Springs, Mississippi. A double major in psychology and sociology, Bailey is particularly interested in the ways that social class and race, as well as other social structural positions, shape individuals' educational experiences.

This summer, she will be working with Joan Ostrove on research about friendships and alliances between Deaf and hearing people

during their K-12 school years. They will also attend the Society for the Psychological Study of Social Issues conference in Albuquerque, NM, at the end of June. Bailey has been involved in theater at Mac as a stage manager, and is performing in this semester's Mainstage production of "Acute Care: Performing Emotional Labors." She is also a co-facilitator of the Working Class Identity Collective.



New Fall 2017 Courses

PSYC 380 Community Psychology and Public Health taught by Jaine Strauss

Psyc 380 will examine the inter-related fields of community psychology and public health psychology. These disciplines share a commitment to the promotion of well-being within a social and cultural context. We will explore theory, research, and praxis related to ecological analysis, empowerment models, prevention and health promotion, risk and resilience, and community organizing and activism. These conceptual tools will help us understand the complex processes underlying clinical psychopathology (e.g., serious and persistent mental illness), behavioral health (e.g., smoking; obesity; substance abuse), and symptoms of structural violence (e.g., domestic violence; homelessness). Throughout the course, we will focus on the unique

contributions of psychological scholarship to understanding and improving population health. All students will participate in a civic engagement experience of at least two hours a week to foster fuller understanding of the course concepts.

PSYC 394 Applied Social Psychology: Nudging Behavior and Social Change taught by Jhon Wlaschin

This course is designed for students who are interested in behavior change and wish to develop insights and skills toward influencing positive social policy. Given the increasing technological, environmental and personal complexity of modern life, people and societies are relying on social psychological principals for sophisticated methods to understand and improve social and professional functioning. This course will provide an overview of practical ways in which social psychological theory and research have been applied to understand and deal effectively with problems in everyday life.

We will explore research and policy initiatives that address social concerns in areas such as law enforcement, consumer behavior, education, environmental policy, political behavior and health. In particular, we will review the ongoing work of government agencies such as the Behavioral Insights Team (Nudge Unit) in Great Britain who have used evidence and innovation to promote government performance and efficiency. Students will collaborate on identifying a particular social concern in an area they are interested in and will create an intervention strategy as a final project.

PSYC 394: Neurobiology of Anxiety and Depression taught by Deb Kreiss

This seminar addresses neurobiological approaches for the treatment of anxiety and depressive disorders. We discuss how therapeutic strategies have evolved along with our understanding of the etiology of these disorders and the advantages/disadvantages of past and current therapeutic methodologies. We explore the development of novel techniques that may shape the future treatment of these debilitating disorders.

Psych Dept. Annual Spring Dinner - Monday, April 24 5:30 - 6:30 **Smail Gallery**



Majors, minors and anyone interested in psychology: you are all invited to the 11th annual Spring Dinner in Olin Rice Smail Gallery. We will have great Italian food, a trivia quiz with prizes, class pictures, other exciting announcements, and fun gathering together. Please RSVP by Friday, April 21st! Lee

lolson4@macalester.edu

Student Worker Appreciation Cake, Wednesday, April 19 12:45

Join us in Smail Gallery for a piece of cake to celebrate all the work that students workers have done for the psych department this year. Come early, it goes fast!

Psi Chi Spring 2017 Induction



Congratulations Spring 2017 Psi Chi Inductees: Anandi Gupta, Charlie Mangas, Clara King, Natalie Spanos, Rebekah Griffin, Madeline Taylor, Maya Stoller, Olivia Shaffer & Hannah Whittle. Front row, Maegan O'Herin, guest, Rohit Kamath, Natalie Spanos, Juliette Parmenter, Alison Gammons, Cole Ware and E.J. Cho. Thank you Meggie Royer and Emily Roebuck for officiating.



Mesmerizing Major - Sarah Matzdorf

Favorite Movie: Clueless

Favorite Book: It's Kind of a Funny Story by Ned Vizzini

Favorite place to eat in the Twin Cities: iPho

What do you do when you are not studying? Sort lost and found at the Info Desk, cook, take unnecessary trips to Target.

Where did you grow up? East Greenbush, NY

Interesting fact about your hometown: My town tried to change our high school mascot (the Blue Devil) to a bumblebee because parents thought the Blue Devil was too satanic.

Tell us something about your family: My Grandpa was a Holocaust survivor!

Tell us something that you are pleased with or proud of about yourself: I once ate an entire jar of beets in a day.



Postcard from Study Away

Greetings from Nanyang Technological University (NTU), Singapore!

I've been here for two months and it's been quite an experience. It was very hard to get used to the constant humidity and 30+ degrees (Celsius) every day especially after the Minnesotan winter but it's been getting better. I really love the food here. There are many hawker centers around where you can get fresh and delicious food for about \$4!

The program at NTU is in a way similar to Mac. I take 4 classes here and each is a 3 hr weekly lecture. The campus is huge though, NTU is one of the biggest universities in Singapore and there are public and internal shuttle buses taking you around. It felt very different and intimidating at the beginning but I got used to it and I'm glad I could have such an experience.

Overall, my time here has been very exciting and I hope that students will take the chance to get to know another culture

different from Mac!

Warmly, Esther

PS: The picture is in front of one of the most famous buildings of NTU, The Hive.

Postcard from Study Away

Hello from Quito, Ecuador!

I am currently studying away with the HECUA Community Internships in Latin America program. We take two classes about development and social change in Ecuador with the other credits coming from an internship and an independent research project. We only meet for classes twice a week so it leaves plenty of time to explore the city and surrounding area. Throughout the semester we will take three trips to other parts of the country to gain a better understanding of the social, economic, and political situation of different communities. We spent last week in the Amazon! My internship is with an organization called Investigación Psicosocial. They combine psychosocial investigation with environmental and human rights issues. I am working on a project about the relationships between gender, health, and mining. The semester is flying by!

Hope everything is peachy at Mac! Marge



New Majors



Maija Assef '19 Green Bay, WI



Ashante Alford '18 Milwaukee, WI



Kristina Nazarova '20 Hudson, OH



Madison Voigt '19 Iowa City, IA



Dureti Doto '19 St. Paul, MN



Phoebe Mol '20 Portland, OR

Psycho-Babble

Jessica Stone '16 is working for The Department for International Trade in the United Kingdom which is responsible for promoting trade across the world. They specialize in Trade, Foreign Direct Investment, Export Control, and Export Finance.

Psych Leader Nominations

We are eager for nominations for next year's psych club leaders. Leaders play an incredibly important role in the department. They build community in the department by helping out with a variety of events, including lunches, panels, volunteer experiences, guest lecturers, game nights, and Friday Socials. Ideally, leaders generate ideas for new activities that other students would find engaging and informative, and they inspire other students to get involved in the life of the department. We expect that serving as a Psych Club leader will typically take about 1 - 2 hours a week, although your time commitment will vary from week to week.

Please consider nominating yourself or someone else to this important role. Please send names to Jaine Strauss by Monday, April 20th. We will contact all students who are nominated to make sure they're interested in the commitment. The decision about next year's psych leaders is made by faculty and staff. 2016-17 leaders will be announced in the May Psycho-Babble.

Internships

Addressing the Opioid and Heroin Crisis Internship - Summer 2017 (24704159) Insightformation - Minneapolis
POSITION TYPE: Full Time, Paid, Internship POSTING DATE: Feb 27 END DATE: May 20

CCJI Internship - Summer 2017 (24704079) Cornerstone - Bloomington POSITION TYPE: Internship POSTING
DATE: Feb 22 END DATE: Jun 1

Child, Youth and Families Program Intern - Summer 2017 (24704078) Cornerstone - Bloomington POSITION TYPE:
Part Time, Unpaid, Internship POSTING DATE: Feb 22 END DATE: Jun 1

Marketing Intern - Summer 2017 (24704230) Alzheimer's Association - Edina POSITION TYPE: Internship POSTING
DATE: Mar 2 END DATE: May 19

Planning Division Internship - Summer 2017 (24704222) Minneapolis Park & Recreation Board - Minneapolis
POSITION TYPE: Paid, Internship POSTING DATE: Mar 2, END DATE: Apr 3

Special Event Intern - Summer 2017 (24704231) Alzheimer's Association - Edina POSITION TYPE: Unpaid, Internship
POSTING DATE: Mar 2 END DATE: May 19

Organizational Effectiveness Intern - Fall 2017 (24703814) Planned Parenthood Of Minnesota / North Dakota / South
Dakota (PPMNS) - Twin Cities Metro POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb 1 END
DATE: Sep 1

Child Care Assistant - Apply for our April training (24702054) Tubman - Minneapolis or Maplewood POSITION TYPE:
Unpaid, Internship POSTING DATE: Jan 19 END DATE: May 28

Assessing Intern - Summer 2017 (24704301) City of Edina - Edina, Minnesota POSITION TYPE: Full Time, Paid,
Internship POSTING DATE: Mar 9 END DATE: Apr 9

Entrepreneurial Sustainability Intern - Summer 2017 (24704281) Spark-Y Youth Action Labs - Minneapolis POSITION
TYPE: Part Time, Paid, Internship POSTING DATE: Mar 7 END DATE: Apr 9

Human Resources Internship - Summer 2017 (24704249) Thomson Reuters - Eagan, Minnesota POSITION TYPE:
Full Time, Internship POSTING DATE: Mar 3 END DATE: Apr 3

Strategic Fundraising Intern- Summer 2017 (24702839) Friends for a Nonviolent World - Saint Paul POSITION TYPE:
Unpaid, Internship POSTING DATE: Mar 28 END DATE: Apr 27

Arts Mentor Intern - Summer 2017 (24704422) Urban Arts Academy - Minneapolis POSITION TYPE: Unpaid,
Internship POSTING DATE: Mar 21 END DATE: May 15
Corrections Intern - Summer 2017 (24704406) Anoka County - Anoka, Minnesota POSITION TYPE: Internship
POSTING DATE: Mar 20 END DATE: Apr 20
Path to Power Organizer Intern - Summer 2017 (24704366) Planned Parenthood Of Minnesota / North Dakota / South
Dakota (PPMNS) - St. Paul, Minnesota POSITION TYPE: Internship POSTING DATE: Mar 15 END DATE: Jun 1
Summer Camp Counsellor (Dominican Republic) - Summer 2017 (24704332) The Esperanza Project - Cabrera,
Non-U.S. POSITION TYPE: Unpaid, Internship POSTING DATE: Mar 13 END DATE: Apr 13
Intake Intern (24703703) Neighbors, Inc. - South Saint Paul POSITION TYPE: Part Time, Unpaid, Internship
POSTING DATE: Feb 1 END DATE: May 29

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