### MACALESTER

# Psycho-Babble



March 2017

IN THIS ISSUE

Department Events | Department Information | Alumni News

#### **Chair Talk from Jaine**

Welcome to the start of another month! We hope you are all thoroughly enjoying your coursework -- within and beyond the Psych Department -- this semester. We've been fortunate to have quite a few visiting faculty enriching our curriculum, with courses including *Psychology of Globalization, Industrial/Organizational Psychology, Social Cognitive Neuroscience,* and *Attitudes and Persuasion.* We're grateful to our visitors for the energy, wisdom, and caring they're investing in their teaching.

We just hosted a very illuminating workshop on cover letters and resumes for jobs and internships in Psychology and Neuroscience, and we look forward to more collaborative efforts with the Career Development Center. In this and all Psycho-Babble editions, we list opportunities sent to us by the Internship Office and by colleagues and alumni in the community. This list is not exhaustive. Please confer with faculty in the department to learn about other jobs, internships, and volunteer experiences that might align well with your interests and experience.

Below you'll see descriptions for the three senior recognition awards given annually by the Psychology Department. The faculty are in the difficult process of selecting those awardees now. Stay tuned for a public announcement and the opportunity to congratulate some of your fellow psychology majors! Please also keep an eye out for upcoming Psych Club events, and please save the date for our Spring Dinner: April 24th. As always, the faculty and staff in the department welcome your comments and suggestions -- and we wish you relaxing and restorative Spring Breaks!

# The Psychology of Love

Join us Wednesday, March 8th in Olin-Rice 352 from 12-1pm with Pizza Luce, and Brooke Lea and Jenny Xiao will talk about their research about love.

They're going to each talk for 10-15 minutes on the following topics before we do questions.

- -What is love?
- -How is romantic love different from platonic/companionship love etc.?
- -Brief overview from their field of expertise about love
- -Psychological benefits of love
- -Anything else that they'd like to add (new research they've read etc.)

RSVP here: https://goo.gl/forms/EmNYPwONGz3wffhn1

# **Juniors - Consider an Honor Project**

Dear junior psychology majors,

Are you interested in doing an honors project next year? The deadline for submitting proposals is April 1. Information about eligibility and the application process is available on the department website: <a href="www.macalester.edu/psychology/majorsminors/honorspolicy">www.macalester.edu/psychology/majorsminors/honorspolicy</a>. Although April 1 is more than a month away, we recommend that you begin pondering the option as soon as possible to ensure that your proposal is as strong as possible.

As always, your advisor and other faculty in the department will be glad to help you decide whether an honors project makes sense for you and to help you think through your proposal. If you do decide to submit a proposal, please submit it to Jaine Strauss via email by 4:30 pm on April 1.

# Want to design a psych department t-shirt?

We're soliciting ideas for a department t-shirt. If you're an artist, a design-savvy person, or just have an awesome idea for a t-shirt, please consider creating something for a department t-shirt. Please send your creations to Lee (<a href="lookengage-

## Psycho-Babble

Actress, playwright and Mac psych major, **Danai Gurira '01** wrote a guest column for *Variety* titled <u>"Why 'Women Must Run' for Office in Trump Era."</u>

# Mesmerizing Major - Karen Rathjens

My favorite movie is Coyote Ugly. Favorite books are the Harry Potter series.

When I'm not studying I am trying to find dogs to play with!
I grew up in Sudbury, MA. An

interesting fact is that Shaquille O'neal used to live next to our high school and our teams would take runs into his backyard.

Something about my family is that people still ask my older sister and I if we are twins, and now we just say yes. I am proud of myself for going to a new country by myself last year.



# Postcard from Study Away - Anika Sigel



Greetings from Dakar, Senegal! It's been about a month since I arrived here, and it's been quite the adventure so far! During the week I study with other American students at the West African Research Center, where I have the opportunity to take classes in international development, education and literacy, public health, arts and culture, and Wolof, one of the native languages spoken here. I spend about 24 hours in class each week, which seems like a lot, but we only have about six weeks of classes before we start the internship phase for the second half of the semester. I really appreciate having the opportunity to take some classes that I wouldn't normally take at Macalester, and I'm lucky enough to have found an internship with

an art therapy program at a psychiatric hospital here in Dakar.

I live with a huge host family of about 10 people, so there are always people around for me to practice my French with! On the weekends I usually spend my time at the beach, shopping at fabric markets, or taking day trips to nearby islands. As much as I love being here, I'd be lying if I said I wasn't looking forward to taking a hot shower when I get back! As with most new experiences, there are always ups and downs, but I feel so lucky to be here and to be learning about a culture so different from my own.

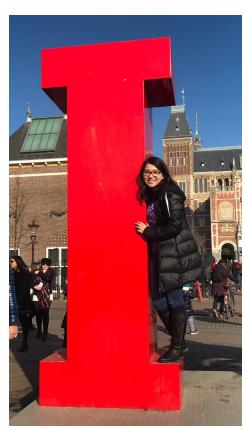
Au revoir!

# Postcard from Study Away - Sheena Diong

Hi Macalester! Greetings from Amsterdam!

How's it going? (: The weather here in Amsterdam is amazing, thanks for asking (; The program that I am a part of lets me take many classes, across multiple disciplines at a local university. I am taking a cross-cultural psychology class with my program and two other history classes at the university. I love that everyone in the Netherlands bikes everywhere! One of the first things I did was get a bicycle and bike it back from the city center located 30 minutes away from where I live. Biking saves you so much transportation money and is a great way to get some exercise. I think there are definitely some things I wish I had brought with me from back home (like more adaptors). I also wish that I had sent some time learning the language even though everyone here speak great English! I've already managed to explore so much of the country, eat so many local delicacies and also gotten lost a couple times too. I think studying abroad is definitely something that everyone should get the chance to experience!

Even if in the end, you find that maybe it wasn't for you, at least you experienced all of it.



#### Did you know?

The Psychology gives three awards each year to graduating seniors. Winners will be announced in the April Psycho-Babble. The awards are:

<u>Jack Rossmann Award</u> – honors a graduating senior psychology major who has an excellent academic record and has also made distinguished contributions in the application of academic psych through activities such as applied research, internships, or community service.

<u>Walter D. Mink</u> – given to a senior who has a strong academic record and has also provided outstanding service to the department, the college or the broader community.

<u>Paterson Award nominee</u> – The Paterson is given by the Minnesota Psychological Association to the outstanding college senior planning a career in psychology. The purpose of this award is to recognize and encourage high achievement in psychology at the undergraduate level. The psychology department nominates one person for this award.

### **Opportunities**

Do you have believe in the power of girls? Do you have a sincere interest in leading a healthy life and inspiring the next generation to reach their full potential? Consider volunteering as a coach with **Girls on the Run Twin Cities!** Enjoy the chance to get outside, laugh, jump, cheer, and most importantly, help girls realize their full potential this spring!

Three things to know:

- (1) YOU would be a great coach! Coaches do NOT need to be "runners." GOTR is seeking responsible, enthusiastic adults (male or female!) with a commitment to preparing girls for a lifetime of self-respect and healthy living. Volunteer coaches come from all walks of life and currently include: financial analysts, kindergarten teachers, PhD students, stay-at-home parents, physicians, yoga teachers, lawyers, speech pathologists, IT gurus, grandmas, principals, pharmacists, college students, psychologists, medical students, army sergeants, and more! The most important criteria is that they are positive role models and dedicated to Girls on the Run core values of inclusivity, optimism and gratitude.
- (2) All training and materials are provided. The fun, interactive, age-appropriate lesson plans are ready to go! Even the markers and handouts are provided. Coaches are assigned in groups of 3-5 adults who lead a team of girls together through 10 weeks and 20 lessons. GOTR provides the training, materials, and support, and you provide the enthusiasm and life experience.
- (3) Select a team with days and times that work for you! Girls on the Run teams meet at schools and community centers all over the Twin Cities, from Lakeville to Elk River and from Orono to Oakdale. Some meet right after school (say, 3:00 4:30), some meet in the evenings (5:30 7:00), some even have weekend practices. You can coach both days each week or just one...this is a "choose your own adventure" opportunity that works for any schedule!

Interested? Inspire girls to be joyful, healthy and confident using the power of running this spring! Submit a Coaching Application right here (by February 1) and get ready for a fantastic volunteer experience unlike any other! Feel free to share this with anyone you know who might be interested! Questions? Visit www.gotrtwincities.org/coach for more info and thank you for considering!

Sent in by Gabrielle Rivera who is also a volunteer. You can contact her too.

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### Psi Chi members - Have a Great Research Project in Mind?

- Undergrad Research Grants (\$112,500 total; due February 1).More...
- Graduate Research Grants (\$29,500 total; due March 1). More...

Seattle Children's Innovative Technologies Lab at Seattle Children's Research Institute/Autism Center is interested in recruiting highly qualified students from Macalester College for a 2-year pre-doctoral fellowship for current graduates or graduating seniors. The position will commence the summer of 2017.

Successful applicants will be involved in a training program with opportunities to use eye-tracking and near infrared spectroscopy (NIRS) to examine gaze and brain activity patterns. They will also be involved in developing innovative technologies, such as mobile apps, video games, robots, smart toys and virtual reality. Fellows will be responsible for assisting in a variety of research activities in the lab that include, but not limited to, completing experimental protocols with young children and their families, organizing projects from the point of designing through data analysis and publication of results. More information about our lab can be found on our website: www.seattlechildrens.org/scitl.

Interested students should submit their materials no later than March 17th, 2017 in order to be considered for the position. Additional information and application requirements can be found in our official job posting here:

https://www3.applv2iobs.com/seattlechildrens/ProfExt/index.cfm?fuseaction=mExternal.showJob&RID=14168&CurrentPage=1#

Questions regarding the Seattle Children's Autism Research Fellowship may be sent to scitl@seattlechildrens.org.

#### A SNEAK PEEK AT NORTHWESTERN'S PSYCHOLOGY PHD PROGRAMS

Northwestern University's Psychology Department is hosting a program on Friday, June 2nd and Saturday, June 3rd for undergraduates who are members of groups that are traditionally underrepresented in academia (including first-generation college students), and who are potentially interested in pursuing graduate study in psychology. Activities will include a workshop designed to help with the graduate school application process and opportunities to meet psychology department faculty members and graduate students to learn what graduate school is like and how they might fit into the various psychology graduate programs (e.g., clinical, social, cognitive neuroscience, etc.). Travel and accommodation costs associated with participation will be covered, and the application process will be fast and free (applications are due by April 5th @ 5 PM CST). For more information, please see the program website: http://www.psychology.northwestern.edu/diversity/sneak-peek.html

One Heart Source is currently accepting applications for our 2017 Experiential Learning Programs in **Cape Town, South Africa**. We are offering a variety of 1, 2, and 4-week **volunteer programs and internships** next summer.

As an OHS Volunteer/Intern you will:

Learn more about our Programs here.

- Gain international experience for graduate school and employment.
- Develop skills in international communication, mentorship and community outreach.
- Mentor students to achieve academic growth and cultivate lasting relationships.
- Immerse yourself in local communities and broaden your global perspective.
- Collaborate with groups of university students from around the world.

Apply here for our Volunteer Programs: 2017 Application Next Application Deadline: March 3, 2017

Children's Mercy (located in the Kansas City metro area) announces summer scholar <u>Counselor (typically undergraduate students)</u> <u>and Lead (typically graduate students) Counselor</u> positions for our <u>Summer Treatment Program (STP)</u>. The STP is an award winning, evidence-based program for children with Attention-Deficit/Hyperactivity Disorder (ADHD) developed by William Pelham, Ph.D. and associates. The STP has been listed in SAMHSA's National Registry of Evidence-based Programs and Practices. The Children's Mercy STP is directed by Children's Mercy ADHD Specialty Clinic Director of Psychological Services, Carla Counts Allan, Ph.D., and co-directed by Children's Mercy Psychologists, Trista Perez Crawford, Ph.D. and Simone Sherman Moody, Ph.D.

Counselors and Lead Counselors will receive approximately 360 hours of face-to-face clinical experience working with children with ADHD and related behavior problems. Counselors are assigned to groups of 10-15 children, with 4-5 counselors per group. Counselors implement behavior modification procedures for sports, social skills training, art, and academic activities. Counselors will provide feedback to children and parents and record behavioral data for children in their groups. They also receive daily performance feedback from experienced staff members who provide live supervision. There will be one Lead Counselor for each group. Lead Counselors will participate in counselor responsibilities in addition to overseeing the duties of the counselors in their group.

Activities take place outdoors and counselors will be involved in recreational activities throughout the day; this requires knowledge of rules/fundamentals of represented sports. Counselors will serve as Sport Leaders and will plan and implement skill drills to improve children's performance. Previous experience in sports participation, refereeing, or coaching children is preferred.

Counselors must be available to work from May 30, 2017 through July 28, 2017. The beginning of employment will include a multi-day training session. Hired counselors will be responsible for reading the STP manual and being familiar with its contents prior to beginning employment.

Counselor hours of employment are from 7:00 AM until 7:00 PM, Monday through Friday. Counselors also work until 8:30 PM one evening/week while parents participate in weekly parent training groups. Counselors and lead counselors are paid an hourly wage with overtime benefits commensurate with their experience and position requirements.

Undergraduate and graduate level students interested in Clinical Psychology or Pediatrics are encouraged to apply. Experience gained at the STP may also be beneficial in preparation for careers in education, mental health, physical education, psychiatry, recreational therapy, behavior analysis, social work, and counseling and can serve as an opportunity to obtain a recommendation for work or graduate school. Positions are competitive and offers will be made until positions are filled. Interested applicants are encouraged to apply now and email Melynda Samson (msamson@cmh.edu) with any questions.

\*Out of town applicants are encouraged to apply, **summer housing** is available!

#### Follow the link below to apply for the Counselor Position:

https://www.healthcaresource.com/childrensmercy/index.cfm?fuseaction=search.jobDetails&template=dsp\_job\_details.cfm&cJobId=1046

Follow the link below to apply for the Lead Counselor Position:

https://www.healthcaresource.com/childrensmercy/index.cfm?fuseaction=search.jobDetails&template=dsp\_job\_details.cfm&cJobId=1046 50<u>16</u>

#### Internships

#### Fairview Hospital Volunteer Services- Delirium Prevention Volunteer Position Description

Purpose: Help prevent delirium for at risk patients during their hospital stay through the use of purposeful patient visits. Monday – Sunday: 8 a.m. to Noon, Noon to 4 p.m., 4-8p.m.

Schedule: One four-hour shift per week

Qualifications:

\*

- Make a 50 hour commitment.
- Communicate effectively.
- Interact pleasantly and professionally with patients, guests and staff.
- Understand and follow directions.
- Work independently and as part of a team.
- Be dependable, responsible and have a flexible attitude.

PleasePlease contact Ashley McArdle | Volunteer Coordinator amcardl1@fairview.org | www.fairview.org Office: 952-924-5051

Programming and Operations Intern - January/Spring 2017 (24696882) Wilderness Inquiry - Minneapolis POSITION TYPE: Entry Level Job (< 3 yrs), Full & Part Time, Unpaid, Internship POSTING DATE: Oct 26 END DATE: May 15 Clinical Research Intern - Summer 2017 (24702939) Minnesota Memory Project- HealthPartners Neuroscience Research Center -St. Paul POSITION TYPE: Full Time, Unpaid, Internship POSTING DATE: Jan 10 END DATE: Apr 2

Pre-Clinical Neuroscience Research Internship - Summer 2017 (24703538) Minnesota Memory Project- HealthPartners Neuroscience Research Center - St. Paul POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 10 END DATE: Apr 2 Tenant Advocate - Spring 2017 (24703063) HOME Line - Minneapolis POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 9 END DATE: Mar 8

<u>Venture For America Internship - Summer 2017</u> (24703508) Venture for America - NYC and Providence, Rhode Island POSITION TYPE: Paid, Internship POSTING DATE: Jan 5 END DATE: Mar 31

<u>Corporate Development Intern - Summer 2017</u> (24702456) D. E. Shaw & Co., L.P. - New York City POSITION TYPE: Internship POSTING DATE: Sep 15 END DATE: Apr 30

Generalist Intern - Summer 2017 (24702457) D. E. Shaw & Co., L.P. - New York City POSITION TYPE: Internship POSTING DATE: Sep 15 END DATE: Apr 30

<u>Event Planning/Project Management Intern - Spring 2017</u> (24703643) Lifetrack - St. Paul POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 23 END DATE: Mar 31

<u>Child Care Assistant - Spring 2017</u> (24702054) Tubman - Minneapolis or Maplewood POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 19 END DATE: Mar 17

<u>Personal Shopper - Spring 2017</u> (24691908) Tubman - Minneapolis/Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Jan 19 END DATE: Mar 17

International Justice/Death Penalty Intern - Spring 2017 (24703552) The Advocates for Human Rights - Minneapolis POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 17 END DATE: Apr 3

National Asylum Helpline Volunteer - Spring 2017 (24703554) The Advocates for Human Rights - Minneapolis POSITION TYPE: Internship POSTING DATE: Jan 17 END DATE: Apr 3

<u>Basic Needs Internship - Spring 2017</u> (24703343) The Advocates for Human Rights - Minneapolis POSITION TYPE: Internship POSTING DATE: Dec 8 END DATE: Apr 3

<u>Createch Mentor - Summer 2017</u> (24703877) Saint Paul Public Library - St. Paul POSITION TYPE: Internship POSTING DATE: Feb 6 END DATE: Apr 2

Residential Summer Camp Staff - Summer 2017 (24703873) Boys and Girls Clubs of the Twin Cities- Voyageur Environmental Center - Mound, MN POSITION TYPE: Entry Level Job (< 3 yrs), Part Time, Internship POSTING DATE: Feb 6 END DATE:Jun 12

<u>Homework Center Tutor - Summer 2017</u> (24703853) Saint Paul Public Library - Saint Paul POSITION TYPE: Internship POSTING DATE: Feb 3 END DATE: Apr 2

<u>Job Search/Technology Lab Intern - Summer 2017</u> (24703854) Saint Paul Public Library - Saint Paul POSITION TYPE: Internship POSTING DATE: Feb 3 END DATE: Apr 2

<u>Health Promotions Intern - Summer 2017</u> (24703813) Planned Parenthood Of Minnesota / North Dakota / South Dakota (PPMNS) - Twin Cities Metro POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb 1 END DATE: Jun 1

<u>Intake Intern - Spring/Summer 2017</u> (24703703) Neighbors, Inc. - South Saint Paul POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb 1 END DATE: May 4

Organizational Effectiveness Intern - Summer 2017 (24703814) Planned Parenthood Of Minnesota / North Dakota / South Dakota (PPMNS) - Twin Cities Metro POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb 1 END DATE: Jun 1 Programming and Operations Intern - Spring 2017 (24696882) Wilderness Inquiry - Minneapolis POSITION TYPE: Entry Level Job (< 3 yrs), Full Time, Part Time, Unpaid, Internship POSTING DATE: Feb 1 END DATE: May 15

<u>Summer Camp Counselor - Summer 2017</u> (24703805) Point O'Pines Camp - Brant Lake, New York POSITION TYPE: Entry Level Job (< 3 yrs), Full Time, Paid, Internship POSTING DATE: Feb 1 END DATE: May 15

<u>Volunteer Program and Training Assistant Intern - Summer 2017</u> (24703810) Planned Parenthood Of Minnesota/ North Dakota/South Dakota - St. Paul POSITION TYPE: Internship POSTING DATE: Feb 1 END DATE: May 5

<u>Camp Director Internship - Summer 2017</u> (24703772) Como Park Zoo and Conservatory - Saint Paul POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 30 END DATE: Mar 31

<u>Child Care Assistant - Apply for our March 28th training</u> (24702054) Tubman - Minneapolis or Maplewood POSITION TYPE: Unpaid, Internship POSTING DATE: Jan 19 END DATE: Mar 28

<u>Personal Shopper - Spring 2017</u> (24691908) Tubman - Minneapolis/Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Jan 19 END DATE: Mar 28

<u>Adult and Family Advocate - Summer 2017</u> (24695220) Tubman - Minneapolis/Maplewood POSITION TYPE: Unpaid, Internship POSTING DATE: Dec 29, END DATE: May 17

Community Outreach / Development Intern - Spring/Summer 2017 (24703937) Find Your Power - Minneapolis POSITION TYPE: Entry Level Job (< 3 yrs), Experienced Job (3+ yrs), Part Time, Unpaid, Internship POSTING DATE: Feb 10 END DATE: Mar 3

Summer Camp Counsellor (Dominican Republic) - Summer 2017 (24703940) The Esperanza Project - Cabrera, Non-U.S.

POSITION TYPE: Unpaid, Internship POSTING DATE: Feb 10 END DATE: Mar 10

Met Council Various Internships - Summer 2017 (24703908) The Metropolitan Council - St. Paul POSITION TYPE: Paid, Internship POSTING DATE: Feb 8 END DATE: Mar 1

<u>Summer Camp Counselor - Summer 2017</u> (24703805) Point O'Pines Camp - Brant Lake, New York POSITION TYPE: Full Time, Paid, Internship POSTING DATE: Feb 1 END DATE: May 15

<u>4-H Youth Development Intern - Summer 2017</u> (24703628) University of Minnesota Extension Center for Youth Development - Various counties throughout the state POSITION TYPE: Paid, Internship POSTING DATE: Jan 19 END DATE: Mar 17 <u>Housing Advocate Assistant Intern - Summer 2017</u> (24704035) Tubman - Minneapolis/Maplewood POSITION TYPE: Part Time, Internship POSTING DATE: Feb 20 END DATE: May 28

Resource Counseling Advocate - Summer 2017 (24704034) Tubman - Maplewood & Minneapolis POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Feb 20 END DATE: May 28

Marketing Intern - Summer 2017 (24704024) VillageMD - Chicago, Illinois POSITION TYPE: Internship POSTING DATE: Feb 17 END DATE: Jun 1

<u>Talent Acquisition Intern - Summer 2017</u> (24704025) VillageMD - Chicago, Illinois POSITION TYPE: Internship POSTING DATE: Feb 17 END DATE: Jun 1

<u>Personal Shopper (</u>24691908) Tubman - Minneapolis/Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Jan 19 END DATE: May 28

<u>Adult and Family Advocate - Summer 2017</u> (24695220) Tubman - Minneapolis/Maplewood POSITION TYPE: Unpaid, Internship POSTING DATE: Dec 29 END DATE: May 28

Computer Resource Assistant - Summer 2017 (24697365) Tubman - Maplewood POSITION TYPE: Part Time, Unpaid, Internship POSTING DATE: Dec 29 END DATE: May 28



Editor: Lee Olson, lolson4@macalester.edu

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