MACALESTER

Psycho-Babble



December 2019

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Chair Talk from Eric



Introducing You!

There is a new gadget and computer program that will help faculty/staff learn proper pronunciation of your first and last name. **Please stop by Lee's office** for a quick telling of your name into a microphone and a treat. Faculty will have computer access to the recording to hear your proper

pronunciation. It will be asked of all new majors when they get their pictures too.



Grad School Panel on Academic Careers in Psychology

Join us to hear from 3 alums (by Skype), Professor Morgan Jerald and graduate student Marc Pisansky speak about how they choose their graduate school, the application process, what it was like, what they might have done differently, and what advice they have for you.

Shish is catering the event so please RSVP to Lee.

Thursday, Nov. 7 11:30 in Olri 352.

Inclusion shouldn't be a lottery.

DEEJ - Nov. 12 7:00 in Kagin

Deej is a groundbreaking documentary on autism and inclusion. DJ makes his way through high school and the transition into college, as he confronts the terrors of his past, obstacles to inclusion, and the sometimes paralyzing beauty of his own senses. He embraces filmmaking and poetry, and discovers what having a voice can truly mean. DJ challenges misconceptions of what a non- speaking student with autism can accomplish. As one of only a few nonspeaking autistics who have been included in regular education settings, he shares his ideas not only about what full inclusion requires, but also the potential it offers to everyone. Come see this touching film on autism and hear David Savarese share experiences as he travels with the film.



Game Night with Faculty - Tuesday, Nov. 19 4:45 - 5:45 Olri 301

Get to know other students and psych faculty with fun games. We'll have pizza and salad too.



October's Golden Ticket Holders

Dozens of students vied for the elusive 5 golden tickets available during October-- here are the students who found them, with their prizes!







Leah Hailu



Shine Chin



Annastazia Harriott



Maeghan Sullivan



2019 - '20 Psych Club Leaders

(L to R) Juliette Parmenter, Abby Dillon, Jennifer Huang, Courtney Brennan and Brooke Offenhauser hosted a Halloween Friday Social. As Psych Club Leaders, they are interested in your ideas about what you'd like to see the Psych Club do this year. Please contact any of them with suggestions. Nita Senesathith and Maria Guzman will be back from study away in the spring and will join the team.

Postcards from Study Away - Stephanie Konadu-Acheampong

Hello! My name is Stephanie and I'm a junior Psych and Linguistics double major. I'm studying abroad in

Copenhagen with DIS.

I'm taking four courses: my core course Children in a Multi Cultural context, and electives Positive Organizational Psych, Neuroscience of Religion and Atheism, and Beginning Danish. My core course is definitely my favorite class this semester. I specifically chose to come to Scandinavia so I could explore their unique approach to education and why it garners more successful results than the US system. This class also provides a unique lens that I can view the system through by providing a framework that allows me to also challenge it and how Denmark is attempting to include and support children of "non Western" backgrounds. I love the class because discussions, readings, and field studies are always really engaging and also because every week I get to go to my assigned practicum site! My practicum is Danish elementary school an hour outside Copenhagen. I get to work with 6, 7, and 8th graders, see how they



perceive the world and how their school experience differs from what I'm familiar with. Stephanie

I really like DIS because it provides a lot of support for students in lots of different aspects and also provides you with a lot of opportunities to socialize and get to know other people. But, one thing that I think this program lacks is consistency. Because there are a lot of travel breaks and class field trips built into the schedule it makes it a bit difficult to get into a routine (sometimes you won't have an elective for 2 or 3 weeks due to school related travel and breaks) and deadlines/test dates can really sneak up on you, but at the same time, it's really nice because I feel less restricted by a set schedule and can be a bit more spontaneous than I think I could be at Mac.

Postcards from Study Away - Molly Hurley



Marhaba from Jordan! This semester I am studying abroad with the CIEE Middle East Studies Program in Amman, Jordan. In addition to Arabic language courses, I'm taking an environmental studies course and have an internship for credit at a local NGO. It's been interesting learning

about the environmental challenges in Jordan such as water scarcity. The program is pretty small so my classes are about the same size as at Mac, which is really nice to develop close relationships with students and professors. I've found a really good group of people who have made living abroad feel like home. One thing I love about this program is that they do a great job organizing cultural activities and trips around Jordan. I've been able to get out of the city and see the entire country. One of my favorite trips was picking olives in northern Jordan. And the food is amazing! You can find several falafel and shawarma stands on every street. I'm so grateful to be studying in Jordan, experiencing the culture and learning the language. I've improved so much already, it's incredible. The weather has been so nice here, I'm not looking forward to coming back to winter! Best, Molly

Mesmerizing Major - Nishta Amin

Favorite Movie(s): Good Will Hunting and Aladdin.

Favorite Book(s): Love is a mixtape and The Strange Case of Dr. Jekyll and Mr. Hyde.

Favorite place to eat in the Twin Cities: At home:)

What do you do when you are not studying? : I like cooking, calligraphy, making playlists, watch movies and hanging out with my family and friends.

Where did you grow up: Mumbai, India

An interesting fact about your hometown: Flamingoes migrate to Mumbai every year in October from the Afro-Eurasia region

Tell us something about your family: We play very intense games of monopoly and have been keeping score for over a decade now.

Tell us something that you are pleased with or proud of about yourself: I have an 18 game winning streak in monopoly!



Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited.

Dates for your calendar

Thursday, Nov. 7 Grad School Panel about Academic Careers in Psych Lunch 11:30 - 12:30 Olri 352

Tuesday, Nov. 12 DEEJ 7:00 Kagin

Tuesday, Nov. 19 Psych Club Faculty Game Night 4:45 - 5:45 Olin Rice 301 Pizza & salad

Wednesday, Dec. 11 DR Poster Session 4:30 - 6:30 Smail

Student Lounge

We have a student fridge in the student lounge that can be used to keep your lunch or drinks cold. We ask you to label the food with your name (look for post-it notes and pen on top of fridge) and to make sure it's removed every Friday. The fridge will be emptied and cleaned on a weekly basis.

Welcome New Psychology Majors & Minors



Haha Shepperd '22 Wanamingo, MN



Cynthia Aquilar '21 Chicago, IL



Nhat Ngo '22 Ho Chi Minh City, Vietnam



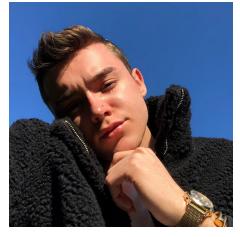
Julia Zhong '22 Shanghai, China



Aidan Eno '22 Beloit, WI



Marianne Moreno '20 Chicago, IL



Dogukan Pasha '20 Nicosia, Cyprus



Honor Kalala '22 Silver Spring, MD



Molly O'Brien 22 Walnut Creek, CA



Johanna Caskey '22 Duluth, MN

Opportunities

Seeking PCA

Submitted by: Ann Graham, Macalester Neighbor

Wanted: PCA to hang out with my 20 year old, severely autistic son.

Looking to fill 10-12 hours a week @ \$14.00 per hour.

Please call Ann @ 651-210-0509 or castlegraham@q.com

Mental Health First Aid course. Registration is now live for the next course in November!

Instructors from the <u>National Alliance for Mental Illness MN (NAMI MN)</u> are coming to Macalester on **Sunday**, **November 17**, from **8AM – 5PM** in the **Weyerhaeuser Boardroom** to certify 30 people as Mental Health First Aid providers.

This course is free for all Mac students/employees/community members. A \$40 deposit is required upon registration to ensure attendance. If you attend the course, this deposit will be refunded entirely. If you do not attend the class (without canceling 48 hours in advance), you will lose your deposit. If this deposit poses a barrier for you, email mfa@macalester.edu and we can work something out. Our priority is keeping Mental Health First Aid accessible.

You will receive a course manual, and a certification upon completion of the course. You will learn about common mental illnesses and co-occurring disorders. Understanding and recognizing the signs that someone needs help is the first step in getting that person appropriate care and treatment. This course counts for 9 continuing education hours for EMTs.



GAP YEAR OPPORTUNITY FOR GRADUATING SENIORS

HANDS OF HOPE

What is this? This program typically lasts for one year and gives young adults the opportunity to care for children under the age of six years old at the time of placement who are currently in residential care with our agency.

What will I be doing? Everything necessary to properly and safely care for, advocate for and meet the daily needs of four to five children placed in your home.

Will I be doing this alone? The community is made up of ten homes in a gated neighborhood that have approximately four Hands of Hope House Parents in each home.

How will this help my future? This gives you the opportunity to earn hands on experience leaning how abuse, neglect, and the effects of HIV play a role in some of society's most vulnerable children. You will be working directly with therapists, specialists, and social workers to meet the specific needs for each individual child.

SOCIAL WORK

PRE-MEDICINE

PSYCHOLOGY

EDUCATION

SOCIOLOGY

HEALTH SCIENCES

SOCIAL JUSTICE

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