



October 2019

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## Chair Talk from Eric

Happy October to everyone! October is one of my favorite months of the year for many reasons-- classes are in session, the fall colors, and-- Halloween! (Not to mention Fall Break!) We have a lot of events going on in October, and some of them even involve Halloween. First up is a lunch-time discussion with Jaine Strauss about careers in mental health-- read on here in Psychobabble to get the details!

Later in the month we have our Information Lunch, where you can get all the details about the Psychology Major and Minor-- plus learn about what each of the faculty members do research on in their laboratories. Did you know that Macalester Psychology hosts the Minnesota Psychological Association Distinguished Scholar Lecture Series? Read on to hear about both of these events and how to attend. On Halloween, join other psychology students in touring the labs of the Psychology Department at lunch time-- the labs will be opening their doors for Trick or Treating, so be ready for some surprises!

Speaking of Halloween-related stuff-- have you ever wondered why many people get "creeped out" visiting (reputedly) haunted houses, or even highly-commercialized attractions like the Haunted Mansion at Disney parks or walk through installations at State Fairs? It's a very adaptive feature of our nervous system. I sometimes talk about this in my classes on Halloween, alongside the neuroscience of zombification and other topics. Recently, there was an article about this phenomenon at [neuroscience news.com](https://neurosciencenews.com/haunted-house-creepy-psychology-10119/)-- check it out at:

(<https://neurosciencenews.com/haunted-house-creepy-psychology-10119/>), or come and see me-- not just on Halloween but during my office hours throughout October. We'll have a delightful Halloween chat and you'll get a treat from Willie Wonka's personal supply to take away. Only 5 random treats across all of October contain golden tickets. What will be their special surprise?

Have a great October and a safe and happy Fall Break!

Eric

## Careers in Mental Health Lunch with Jaine Strauss

**Oct. 10 11:30 - 12:30 Olri 352**

Interested in a career in mental health? Please join Jaine Strauss for an informal discussion over lunch, Thursday, Oct. 10. She'll talk about a wide range of mental health professions (e.g. social work, counseling psychology, clinical psychology, psychiatry, psychiatric nursing, school psychology), and will explore the ins and outs of graduate training in each discipline. Please RSVP to Lee for lunch.



## Psychology Info. Lunch - Tuesday, October 29 11:30 Olri 352

Thinking about majoring in Psych? Maybe minoring? Have you recently become a major but want to learn more? Come hear about the department. You will first hear from professors and then from upperclass psych majors. Please RSVP to Lee at [lolson4@macalester.edu](mailto:lolson4@macalester.edu) for lunch.

## Minnesota Psychological Association Distinguished Scholar Lecture Wednesday, Oct. 30 5:30 - 7:00 JBD

William J. Doherty is professor and director of the Marriage and Family Therapy Center at the University of Minnesota. His speech is entitled, The Citizen Therapist in a Polarized World. Free and open to the public.







## Halloween Lab Tours & Lunch, Oct. 31 time TBD

Come see what goes on in our psychology labs. You can get a tour of the labs and an explanation of the work being done by research assistants and faculty. We'll have pizza and salad.

## Psych Department Picnic photos



























## Friday Socials

Friday Socials are every Friday that classes are in session at 3:20 in the hallway by the blue house. It's a time to socialize with other students, faculty and staff. We have a treat each week and all are invited.

## Introducing You!

There is a new gadget and computer program that will help faculty/staff learn proper pronunciation of your first and last name. **Please stop by Lee's office** for a quick telling of your name into a microphone and a treat. Faculty will have computer access to the recording to hear your proper pronunciation. It will be asked of all new majors when they get their pictures too.



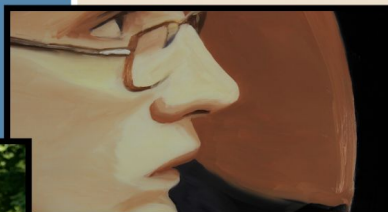
## Postcards from Study Away Lydia Diebel

Greetings from Amsterdam! I am doing the IES Abroad Program for Humanities and Social Sciences. I am taking classes with other American students through the IES program as well as classes at the University of Amsterdam, with Dutch and international students. Most of my classes are very interesting, and the workload is lighter than Mac. The highlight of my abroad experience has been exploring Amsterdam. It's definitely a great city to spend four months in, because it's small enough that can get to know the city really well, but big enough that there is always something fun and new to do. It's been an adjustment having to make my own food and

not living on a campus, and some of the classes taught by IES can be frustrating (not taught by actual professors) but I'm learning a lot and gaining independence. Overall I'm so happy I am abroad in Amsterdam this semester, I'm learning so much about Dutch culture, having great experiences with new friends, and even having the opportunity to travel on the weekends! The only thing I should have thought of before going abroad is to bring a raincoat, as Amsterdam is very rainy in the fall!



Tuesday,  
November 5



# DEEJ

Inclusion shouldn't be a lottery.



## FREE FILM SCREENING

Brought to you as part of the nationwide DEEJ Inclusion Tour

**A documentary about autism and inclusion**

Directed by Robert Rooy | Produced by Robert Rooy and DJ "Deej" Savarese

A nonspeaking young man dreams of autistic civil rights. With its insider view of autism, Deej challenges us all to

Macalester College  
John B. Dayton Lecture Hall  
Ruth Stricker Campus Center

7 pm; doors open at 6:45

## DEEJ - Nov. 5 7:00 in JBD

Deej is a groundbreaking documentary on autism and inclusion. DJ makes his way through high school and the transition into college, as he confronts the terrors of his past, obstacles to inclusion, and the sometimes paralyzing beauty of his own senses. He embraces filmmaking and poetry, and discovers what having a voice can truly mean. DJ challenges misconceptions of what a nonspeaking student with autism can accomplish. As one of only a few nonspeaking autistics who have been included in regular education settings, he shares his ideas not only about what full inclusion requires, but also the potential it offers to everyone. Come see this touching film on autism and hear David Savarese share experiences as he travels with the film.





## Dates for your calendar

**Thursday, Oct. 10** Careers in Mental Health and Clinical Health Psychology Lunch with Jaine Strauss 11:30 - 12:30 in Olri 352 Please RSVP to Lee for the lunch.

**Wednesday, Oct. 16** Lunch with Sarah 11:30 - 12:30 Olri 372

**Tuesday, Oct. 29** Psych Info. Lunch 11:30 - 12:30 Olri 352

**Wednesday, Oct. 30** Minnesota Psychological Association Distinguished Scholar Lecture - William Doherty, U of MN. The Citizen Therapist in a Polarized World. 5:30 in JBD.

**Thursday, Oct. 31** Halloween Lab Tours & Lunch TBD

**Tuesday, Nov. 5** DE EJ 7:00 JBD

**Thursday, Nov. 7** Grad School Panel about Academic Careers in Psych Lunch 11:30 - 12:30 Olri 352

Watch for flyers and emails about these great events!

## Student Lounge

We have a new student fridge in the student lounge that can be used to keep your lunch or drinks cold. We ask you to label the food with your name (look for post-it notes and pen on top of fridge) and to make sure it's removed every Friday. The fridge will be emptied and cleaned on a weekly basis.

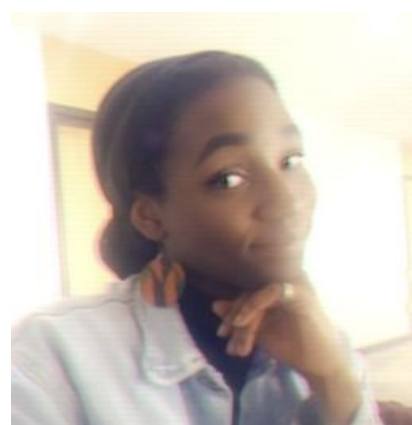
## Welcome New Psychology Majors & Minors



Molly Hurley '21 Stillwater, MN

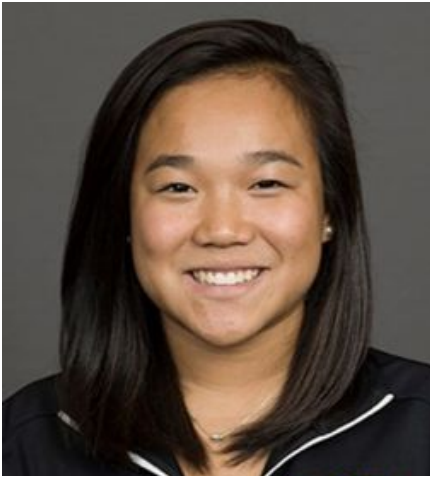


Avik Bosshardt '21 Boca Raton, FL



Traci Badu '21 Houston, TX





Ana Thompson '20 Minnetonka  
MN



Smith Mayse '22 Beloit, WI



Alexa Montesinos '20 Denver, CO



Isabella Moleno '21 Curitiba,  
Brazil & Tampa, FL



Chris Stockwell '21 Benicia,  
CA



Marianne Moreno '20 Chicago, IL

## Opportunity

Vera Shuman, Human Factors Product Development Specialist for 3M will be talking about internships available at 3M this summer (2020). Come hear about opportunities with the Human Factors team for data science students, psychology and cognitive science students. **Friday, Oct. 4 from 4:00 - 5:00** in THDA 205. Vera has taught classes in the psych dept.

[www.macalester.edu](http://www.macalester.edu)

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