

FIND HELP QUICKLY

**ANY TIME,
ANY DAY,
ALL YEAR**

MACALESTER'S ON-CALL SYSTEM

This resource is for immediate, urgent, or crisis situations. You'll be connected to Public Safety (our 24-hour point of contact).

Call 651-696-6555.

A public safety officer will ask for more information about your concern. An immediate response will follow, informing relevant on-call professional(s) including:

For residential students the on-call residence hall director (RHD) is notified. A RHD is on call 24 hours a day to help.

For off campus students the on-call Campus Response Team (CRT) member is notified. A CRT member is on call 24 hours a day to help.

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OTHER 24-HOUR A DAY RESOURCES

Talk to a counselor*

Call 651-696-6275, then press 2, to speak with a licensed mental health counselor.

Access Nurse*

Call 651-696-6275, then press 3, to speak with a licensed medical provider.

Ramsey County Urgent Care

Adult Mental Health crisis line:
651-266-7900

RAINN-National Sexual Assault hotline:

1-800-656-HOPE

Ramsey County-SOS

Sexual Violence Service:
651-266-7900

*Resource available for students only

BE SMART, SAVE TIME

Include all these numbers in your phone's contact list.



MACALESTER

Developed by the
Office of Student Affairs

studentaffairs@macalester.edu
651-696-6220

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