

Smoking • Vaping • All Tobacco

# Quit on Your Terms



**Pivot first, quit when you're ready.**  
Pivot works even for those not ready to quit.



## Pivot makes the journey easier

Personalized and non-judgmental, Pivot offers a choice of tools and support.

- Pivot App
- SmartSensor\*
- Free supply of Nicotine Replacement Therapy (NRT)\*
- Unlimited access to personal coaching
- Online community

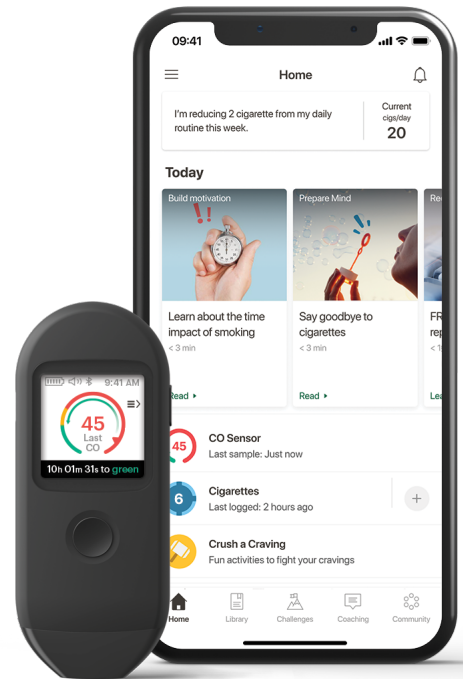
\*NRT and the Pivot Sensor are only available to those who smoke cigarettes.

## Pivot's SmartSensor\*

The only quit smoking program with an FDA-cleared device to help you quit. For the first time, you can measure daily improvements and see the impact of changes you make in real-time. Simply skip a cigarette, or delay your next one, and watch your carbon monoxide levels drop.

Clinically proven to:

- ↑ motivation to quit
- ↓ cigarettes per day



Learn More



## Get Started!

HealthPartners has made Pivot available at **no cost** as part of your health plan benefits.

Scan or click the QR code to visit [pivot.co/healthpartners](https://pivot.co/healthpartners). Use access code **healthpartners**

**Need help quitting vaping?**  
We've got a solution for that too!